

Lakeside Christian Fellowship Ripples



AUGUST 2016

VOLUME IV, NUMBER 8

“The Family of God”

As you may know, Bill and Gloria Gaither wrote a church hymn entitled ‘The Family of God,’ which illustrates something of what the church is all about.

Verse one reads “You will notice we say 'brother and sister' round here. It's because we're a family and these folks are so near; When one has a heartache we all share the tears, And rejoice in each victory In this family so dear.”

The chorus begins, “I'm so glad I'm a part of the family of God. I would like to think that we are all glad that we are a part of God's family due to our faith in Jesus Christ. It is also my hope and prayer that we are happy to be a part of Lakeside Christian Fellowship. In my opinion we are a church family. We are members of a body of believers and thus brothers and sisters in Christ. When a member of ours is in need we try to do what we can to come to their aid. We not only pray for them, but we call them on the phone, visit them at home and in the hospital and take them food when needed. By God's grace we try to be a family for each other.

By now most of you have received your new Church Pictorial Directories. We should consider it to be our Church Family Album. Take the time to find out the names of some of the people you have seen in church but do not know. This is a valuable instrument which should help to establish more ties and relationships in the family.

I would like to personally thank all those who made this Directory possible. Burt Burchette took the photos and Linda and Michelle, in our church office along with several volunteers, created and assembled the Directory. Also, thanks to everyone who appeared to have your photo taken or sent in pictures. I realize that some were not able to submit a picture. May this Directory serve to draw us closer to each other as a Church family.

God Bless You All!

Hope To See You in Worship,

Pastor Rick



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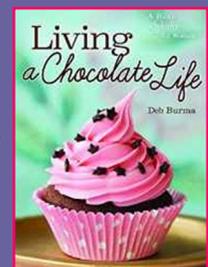
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LAKESIDE CHRISTIAN FELLOWSHIP Leadership Council Report for June 13, 2016

The minutes from the May 9, 2016, Leadership Council meeting were unanimously approved as submitted. The minutes from the Congregational meeting held May 22, 2016, were unanimously approved as submitted. A motion was made by June Freeman to approve the e-mail vote for Jean Sholes for Secretary to the Council; Jean Andrews seconded and the motion carried.

Financial Update - The Budget is in good shape and ahead on contributions. A reminder is being sent to the congregation members to continue with their pledges over the summer months. It was reported that the Hotel Lichtenstein has returned the funds which were falsely charged on our Security State Bank Debit Card.

Stewardship Commission - 2017 Budget Planning Worksheets were handed out. Linda must have the completed worksheets from each Council head no later than July 15, 2016.

Faith in Action - June said that she is currently asking for donations of "kid friendly" food items for children who are out of school for the summer and have no free lunches. There should be two policies for Benevolence Funds; one for the Pastor's Benevolence Funds and the Power of One funds together, and a second policy for the Medical Fund. June will work with Linda to make the necessary additions and revisions and present them at the August meeting. It was emphasized that they must be in compliance with the IRS rules and regulations.

Worship commission - Jean Andrews announced that Jean Hemer has accepted the position of Usher Coordinator. We should thank Wayne for handling that position long term. Jean is looking for some wind protectors for the

new candles and she will be ordering a new green alter cloth.

Outreach Ministry - Chuck said that the date for the Red Cross CPR/AED training has not been confirmed as of now, but it will take place in August or September.

Chuck also said that Michelle Richardson has 2 potential kidney donors, but the donors must be medically approved. The Alzheimer's and Cancer support groups have had new members join and there is an Elders' Day Care Sitters group being formed. There is also a need for volunteer drivers to take people into town for doctor appointments, etc.

Other Business - Dan announced that the church renovation team is working on phase 2 of the approved upgrades. The new blinds and cabinets are being installed and Clyde Hance is installing the window casings. Warwick Andrews is installing wiring covers.

The Council voted to approve the following people to sign checks:

| | |
|--------------------------|---------------|
| Treasurer | Scott Cameron |
| Moderator | Dan Olson |
| Worship Chair | Jean Andrews |
| Pastoral Relations Chair | Dave Freeman |
| Secretary | Jean Sholes |

Since the bank requires a copy of the approved meeting minutes before accepting the names, the Treasurer will take a copy of the approved minutes to the bank after the Aug. 8 meeting. Tom Gardener moved that the list be approved and Jean Andrews seconded; motion carried. It was previously approved that there will be no Leadership Council meeting in July, 2016. The next meeting will be Aug. 8, 2016.



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5TH SUNDAY

IT'S a POTLUCK

bring something to share

Sunday, July 31st

12:00 pm

Bluebonnet Room
Lago Vista POA
American & Boggy Ford

Lakeside
Christian Fellowship

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4th of July Parade, Lago Vista, Texas

In keeping with tradition, Pastor Chuck Smith was selected as the “**Unsung Hero of the Year**” by the Lago Vista Chamber of Commerce. Chuck is active in many charitable programs of the community (besides his effective work as Pastor of Outreach for Lakeside Christian Fellowship).



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Lakeside Christian Women's Fellowship

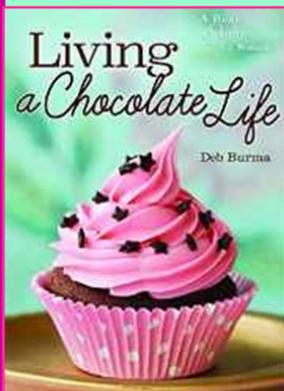
The summer months afford our group to socialize more and turn our personal attention and affection to special individuals. It was our delight that Helen Veal and Linda Summers came to town on Wednesday, July 13th from Salado, and 17 of our ladies met them for lunch. They promised to return to our church as often as possible. We certainly miss them.

The LCWF yearbook for 2016 – 2017 is being prepared for distribution at our September meeting. If you have had a directory change of name, address, telephone number or cell number, or if you wish to be included or deleted, please contact Lil Burch IMMEDIATELY at 512-267-2278 or email at raylilpv@aol.com.

“Putting on the Armor of God”, the theme for the nine monthly programs listed in the new yearbook, will guide you in serving others, instruct and inspire you. Be sure to mark your calendars to attend each one on the 3rd Monday from September to May.

New officers are President: Page Massey, Vice-President/Programs: Jean Sholes, Secretary: Regina Holmes, Treasurer: Genie Carroll, Historian: Letha Guy.

WOMEN'S BIBLE STUDY



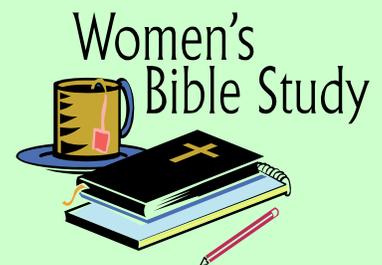
The 8 chapter fun, friendly and engaging new study, “Living a Chocolate Life”, Savoring God’s Sweet Grace, began July 20th with an enrollment of 27. We welcome Lauraine Lee and Wilma Baggett. Each session focuses on one aspect of life as a Christian woman. It is a reminder that the Holy Spirit fills us with sweet faith in our Savior and it is only HE who can truly satisfy.

For information on Women's Bible Study contact:

Lil Burch
@ 512-267-2278
or email:
raylilpv@aol.com

or

Donna Nash
@ 512-267-5947
or email:
waynnsn@aol.com



The women's study group meets at the LVPOA Bluebonnet Room at the corner of Boggy Ford and American Drive at 9:15 AM each Wednesday. Come and join us! To order a participant's study book please call or email Lil Burch or Donna Nash.





Health Watch

5 Ways to Recognize a Heat-Related Illness
Medical Author: Melissa Conrad Stöppler, MD
Medical Editor: Jay W. Marks, MD



What are heat-related illnesses?

During a heat wave, it's important to know and be able to recognize the signs and symptoms of a heat-related illness. There are different types of heat-related illnesses, ranging from those that cause temporary discomfort to the generally fatal condition known as heat stroke. In all heat-related illnesses, the symptoms appear when a person is exposed to extreme temperatures.

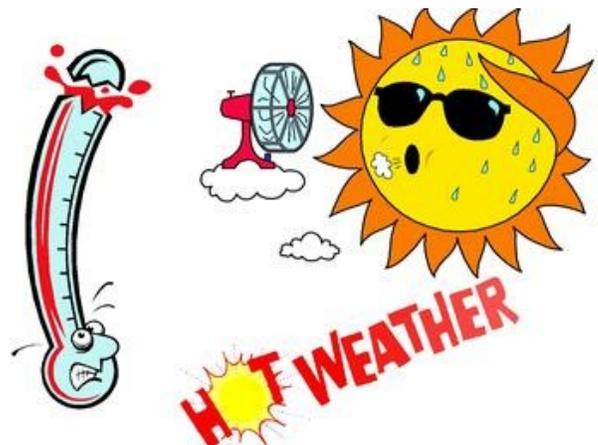


What are the symptoms and signs of heat-related illness?

The following checklist can help you recognize the symptoms of heat-related illnesses:

1. **Heat Rash:** Heat rash is a skin irritation caused by excessive sweating during hot, humid weather. It can occur at any age but is most common in young children. Heat rash looks like a red cluster of pimples or small blisters.
2. **Heat cramps:** A person who has been exercising or participating in other types of strenuous activity in the heat may develop painful muscle spasms in the

- arms, legs, or abdomen referred to as heat cramps. The body temperature is usually normal, and the skin will feel moist and cool, but sweaty.
3. **Heat syncope:** Someone who experiences heat syncope (fainting) will experience the sudden onset of dizziness or fainting after exposure to high temperatures, particularly after exercising in the heat. The skin is pale and sweaty but remains cool. The pulse may be weakened, and the heart rate is usually rapid. Body temperature is normal.
4. **Heat exhaustion:** Heat exhaustion is a warning that the body is getting too hot. Those most prone to heat exhaustion include elderly people, people with high blood pressure, and people working or exercising in a hot environment. A person with heat exhaustion may be thirsty, giddy, weak, uncoordinated, nauseous, and sweating profusely. As with heat syncope and heat cramps, the body temperature is usually normal in heat exhaustion. The heart rate (pulse rate) is normal or elevated. The skin is usually cold and clammy.





Health Watch

5 Ways to Recognize a Heat-Related Illness
Medical Author: Melissa Conrad Stöppler, MD
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5. **Heat stroke:** Heat stroke is a serious, life-threatening condition that occurs when the body loses its ability to control its temperature. Victims of heat stroke almost always die, so immediate medical attention is essential when problems first begin. In heat stroke, a person develops a fever that rapidly rises to dangerous levels within minutes. A person with heat stroke usually has a body temperature above 104 F (40 C), but the temperature may rise even higher.

Other symptoms and signs of heat stroke may include confusion, combativeness, bizarre behavior, feeling faint, staggering, strong rapid pulse, dry flushed skin, and lack of sweating. Delirium or coma can also result from heat stroke.



While **heat cramps, heat syncope, and heat exhaustion** may all be present in mild degrees, you should always contact a doctor or seek emergency medical attention if the symptoms of these conditions are severe or worsen with time.

Heat stroke is a true medical emergency. If a person has the symptoms of heat stroke, you should notify emergency services (911) immediately.

Medically reviewed by Avrom Simon, MD;
Board Certified Preventative Medicine with
Subspecialty in Occupational Medicine

REFERENCE:

Fauci, Anthony S., et al. *Harrison's Principles of Internal Medicine*. 17th ed. United States: McGraw-Hill Professional, 2008.

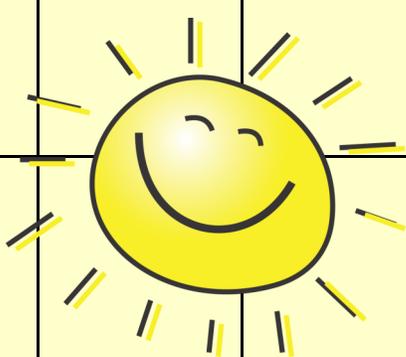


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Church Office Hours:
Wednesday and Thursday
from 9:30 am to 3:30 pm.



Please remember that all church activities should be scheduled on the master calendar in the church office. Thank you!

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|---|---|----------|
| | 1 | 2 | 3 9:30 AM CWF Bible Study @ Bluebonnet Room | 4 10:30 AM Alzheimer's Support Group @ LV Library | 5 | 6 |
| 7 10:30 AM Worship Service @ Worship Center | 8 3:00 PM Leadership Council @ Worship Center | 9 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center | 10 9:30 AM CWF Bible Study @ Bluebonnet Room | 11 6:30 PM Cancer Support Group @ LV Library | 12 | 13 |
| 14 10:30 AM Worship Service @ Worship Center | 15 | 16 | 17 9:30 AM CWF Bible Study @ Bluebonnet Room | 18 10:30 AM Alzheimer's Support Group @ LV Library | 19 | 20 |
| 21 10:30 AM Worship Service @ Worship Center | 22 | 23 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center | 24 9:30 AM CWF Bible Study @ Bluebonnet Room | 25 | 26  | 27 |
| 28 10:30 AM Worship Service @ Worship Center | 29 | 30 | 31 9:30 AM CWF Bible Study @ Bluebonnet Room | | | |
| <div data-bbox="251 1690 958 1948" data-label="Text"> <p>For more information visit the LCF website at www.lakesidechristians.org</p> </div> | | | |  | | |



| | |
|-----------------------|----|
| Tom Gardner | 2 |
| Burt Burchette | 4 |
| Linda Harting | 5 |
| Darrell McClaid | 5 |
| Don Killough | 9 |
| Jim Wheeler | 14 |
| Janette Howle | 24 |
| Clyde Hance | 25 |
| Maja Linderman | 29 |
| Carl Gassoway | 30 |

Birthdays &



Anniversaries

Ed & Shirley Sherwood
August 2

Ryan & Michelle Richardson
August 5

Tim & Tess Benefield
August 11

Burt & Margy Burchette
August 28

Rick & Sharon Waters
August 29

To be included please send your information to the church office!!

Prayer Corner
By Dayle Aulds

All prayers are edited and adapted from *Everyday Prayers*, by Scotty Smith

"To those who have been called, who are loved in God the Father and kept for Jesus Christ. Mercy, peace and love be yours in abundance." Jude 1-2

Glorious, Triune God, on this Lord's Day, I'm overwhelmed as I ponder the immeasurable and irrepressible goodness of the life we have in Jesus. Gospel astonishment pretty well describes when I'm feeling I want to shout and shut up at the same time. You didn't just invite me to become a Christian; You called me and adopted me as your own child. Now I call You Abba, Father, as the Holy Spirit continues to free my heart from acting like a homeless, fatherless orphan. Thank You, Father, that because of the work of Jesus, You will never love me more than You do today and You will never love me less!

Indeed, Holy Spirit, bring from the throne of grace into my heart and story an abundance of mercy, for I am a foolish person; peace, for I am a broken person; and love, for I am a selfish person. Be praised on this Lord's Day and every day, O glorious and grace-full God" I pray in Jesus' exalted name. Amen.

July 24, 2016

| | |
|--|---------------------|
| Average Sunday Attendance | 88 |
| YTD Offerings | \$114,604.00 |
| YTD Expenses | \$103,842.00 |

Lakeside Christian Fellowship

Worship Location
1922 American Drive, Lago Vista

Office
1918 American Drive, Suite 3, Lago Vista
512-267-1700, office@lakesidechristians.org

Mailing Address
P. O. Box 4874, Lago Vista, TX 78645

Rev. Rick Waters, Pastor
Rev. Chuck Smith, Minister of Outreach & Ministries

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LAKESIDE CHRISTIAN FELLOWSHIP

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 August