

# Lakeside Christian Fellowship Ripples



OCTOBER 2016

VOLUME IV, NUMBER 10

## *Dear Church Family,*

By the time you receive this edition of the 'Ripples,' our Stewardship Program will be in full-swing. You may not know this, but at the beginning of our Church, a group of our leaders agreed that one of our goals should be to become a tithing church. Among our other goals and ministries we would purpose to dedicate at least 10% of the offerings and contributions to benevolent and charitable causes. According to Pastor Chuck's message in the Stewardship Booklet our benevolent giving for this year has reached about 15% of our budget. I am grateful to God and to our faithful members and constituents who have made this possible.

Jesus' words are recorded in Luke 6:38, "give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back." As we have noted before our principal motivation for giving should not be simply to receive but to bless God. I believe that God blesses us in many different ways when we are faithful in our Christian stewardship. In fact, we have already been blessed as individuals and as a congregation.



A man in a certain church sent a letter to his pastor. In the letter he said, "Please remove my name from the membership. All I ever hear in church is "give, give, give". The pastor sent back a response. He wrote, "Brother, you will be sorely missed. However, I want to thank you for stating one of the best definitions of the Christian faith, "Give, Give, Give".

God Bless You and Keep You,  
In Jesus' Name,

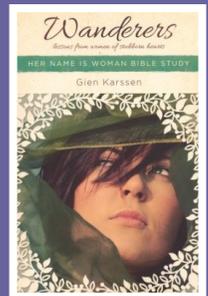
*Pastor Rick*

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A family of faith connecting people to Christ and to each other!

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### Annual Congregational Meeting Notice

The annual Lakeside Christian Fellowship Congregational Meeting will be held on Sunday, October 23, 2016, following morning worship.

The purpose of the meeting is to:

- 1) Approve the 2017 Operating Budget.
- 2) Election of Officers and Chair persons.
- 3) Election of Nominating Committee.



The Leadership Council did not meet during September; therefore, there are no minutes to report.



**October 30th**  
**Grande Pavilion**  
**@ Noon**

*~ Meat will be furnished ~*

## Welcome New Members

### **February**

Mike Sholes  
Theresa Moreno

### **March**

James Orr

### **July**

Lauraine Lee  
Nathan Seah  
George Seah  
Elliot Seah  
Wilma Sanders

### **August**

Eleanor Smith  
David Jones  
Joe Wolverton  
Glynda Wolverton

### **September**

Charlie Knapp  
Lance Bass  
Carolyn Bass  
Jean Mangum



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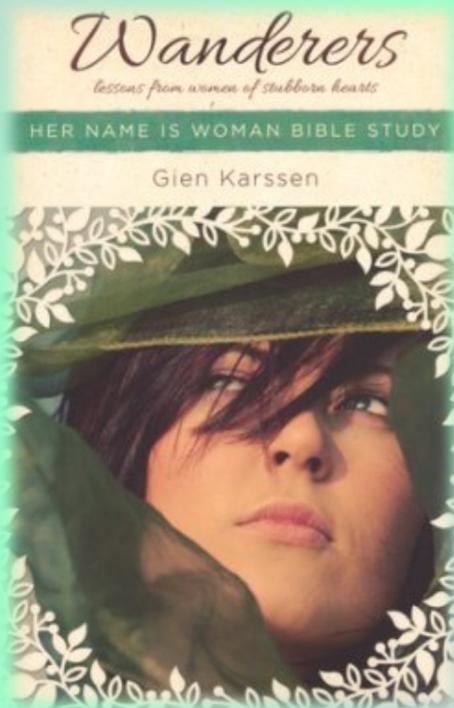


## Lakeside Christian Women's Fellowship

Our September 19th meeting was well attended and welcomed special guest speaker, Reverend Dr. Tony Cleaver, who shared his U.S. military service as a chaplain. Government issued equipment was displayed and his duties to the military and God confirmed he truly carried "The Armor of God."

The October 17th meeting will feature Fire Chief Donnie Norman, continuing with the theme, "Putting on the Armor of God."

### WOMEN'S BIBLE STUDY



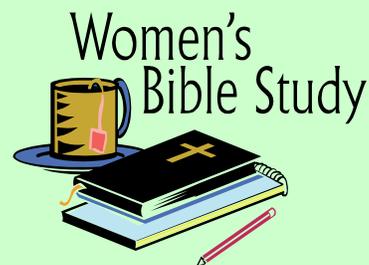
"Wanderers: Lessons from Women of Stubborn Hearts," a 12 chapter study bringing to life twelve complicated women of the Old Testament who struggled and wrestled with God's role for them, began on Sept. 28th. By retracing their steps, you are introduced to Hagar, Delilah, Jezebel, and others and learn from these stories of complex women.

For information on Women's Bible Study contact:

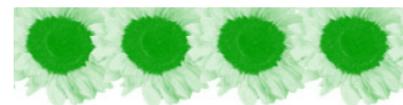
Lil Burch  
@ 512-267-2278  
or email:  
[raylilpv@aol.com](mailto:raylilpv@aol.com)

or

Donna Nash  
@ 512-267-5947  
or email:  
[waynsh@aol.com](mailto:waynsh@aol.com)



The women's study group meets at the LVPOA Bluebonnet Room at the corner of Boggy Ford and American Drive at 9:15 AM each Wednesday. Come and join us! To order a participant's study book please call or email Lil Burch or Donna Nash.



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# Men's Breakfast

## Point Venture Community Center



**Pictured (L to R):** Donnie Norman, Fire Chief/ Paramedic; Brittney Garner, Lieutenant/ EMT; Josh Ivey, Firefighter/ EMT; Brannon Stengel, EMS Lieutenant/ Paramedic; Ty Thomason, Driver/ EMT; Jared Truair, Lieutenant/ EMT; Tim Campbell, Battalion Chief/ EMT.

On Tuesday, September 6, Fire Chief Donny Norman and 6 fireman/EMT's came to Men's Breakfast. The Chief talked about the status of Fire and Medical services in TCESD1. TCESD1 has the largest area of all ESD's in the Austin area (178 sq. miles) and the smallest staff ( 9 people). TCESD1 is in the approval process to get their first ambulance. Currently, ambulance service is provided by Austin EMD's. TCESD1 has one person qualified as a Paramedic; others are qualified as EMT's. Long range plans are for the addition of two more fire stations and several additional firefighters.

If you are not a regular member of Men's Breakfast, please let us know if you are attending so we can plan for the number for breakfast.

*Dan Olson 512-237-2374   Clyde Hance 512-267-9336  
or Bob Woolsey 512-541-8806*



## Health Watch

### 8 Habits That Are Bad for Your Heart

<http://www.webmd.com/heart/>



#### 1. You Bank on Your Workout

Do you exercise? That's great. But if you sit down for most of the rest of your day, that's a problem. You need to be active all day long. Little bursts count. If you have a desk job, take a short walk every hour to boost your circulation, even if it's just to your break room and back. Binge-watching your favorite show? Get up and dance, or do push-ups during the commercials.

#### 2. You Say "I'm Too Young"

Don't wait to work on keeping your heart healthy. Exercise, eat a healthy diet, and know your numbers – blood pressure, cholesterol, and blood sugar. The ideal time to do your heart a favor is now.

#### 3. One Drink Too Many

For most people, moderate drinking (one a day for women, up to two daily for men) is fine. A daily drink may even have some benefits for the heart. But more than that can raise levels of certain fats in the blood and blood pressure, too. That's especially true if you have several drinks at a time. So stick to your daily limit.

#### 4. You Diss a Good-for-You Diet

You may think it's going to be all oat bran, all the time. Surprise! There's no reason for your food to be bland and boring. A Mediterranean-style diet has delicious foods like olive oil, nuts, fruit, whole grains, fish, lean protein, and red wine. It helps keep your heart healthy, thanks to the "good" fats, fiber, and nutrients. Plus, you'll actually want to stick to this diet because it tastes so good!



#### 5. You Don't Know Your Numbers

Pop quiz: What's your cholesterol level? How about your blood pressure? No clue? That's risky. They could be too high without you knowing. (You could feel just fine and have high cholesterol or high blood pressure.) So protect yourself. Starting at age 20, get your cholesterol checked every 4 to 6 years.

#### 6. Waist Not

Belly fat is particularly bad for your heart, so get your tape measure and size up the inches around your waist. It's a red flag if it's more than 35 inches around for women or 40 inches for men. Need to slim down? Take it step by step. Even losing a small amount of weight is good for your heart.



#### 7. You Ignore Your Blues

When you feel low, it's hard to do things that are good for you, like exercise. If you have felt down for more than a few weeks, talk to your doctor or a mental health professional. Talk therapy, exercise, and medication (if needed) can improve your mood so you have more energy to take care of yourself.

#### 8. You Blow Off Secondhand Smoke

Someone else's smoke could hurt your heart and blood vessels. You need to avoid it. If you spend a lot of time with someone who isn't ready to quit smoking, insist that they at least not smoke around you, whether it's at home, work, or in your car. Your tough love may be the nudge they need to kick the habit, which will be good for both of you.

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Church  
Office Hours:  
Wednesday  
and  
Thursday  
9:30 am  
to 3:30 pm



Please remember  
that all church  
activities should be  
scheduled on the  
master calendar in  
the church office.  
Thank you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 10:30 AM Worship Service @Worship Center	3	4 8:30 AM Men's Fellowship Breakfast @ Point Venture Club Room	5 9:30 AM CWF Bible Study @ Bluebonnet Room	6 10:30 AM Alzheimer's Support Group @ LV Library	7	8
9 10:30 AM Worship Service @Worship Center	10 3:00 PM Leadership Council	11 8:00 AM Men's Fellowship Breakfast/Bible Study @ Re/Max Bldg.	12 9:30 AM CWF Bible Study @ Bluebonnet Room	13 6:30 PM Cancer Support Group @ LV Library	14	15
16 10:30 AM Worship Service @Worship Center	17 10:30 AM CWF Meeting @ Bluebonnet Room	18 8:30 AM Men's Fellowship Breakfast @ Point Venture Club Room	19 9:30 AM CWF Bible Study @ Bluebonnet Room	20 10:30 AM Alzheimer's Support Group @ LV Library	21 	22
23 10:30 AM Worship Service @Worship Center  Congregational Meeting	24	25 8:00 AM Men's Fellowship Breakfast/Bible Study @ Re/Max Bldg.	26 9:30 AM CWF Bible Study @ Bluebonnet Room	27	28	29
30 10:30 AM Worship Service @Worship Center  Noon Church Picnic 	31			For more information visit the LCF website at <a href="http://www.lakesidechristians.org" style="color: white;">www.lakesidechristians.org</a>		



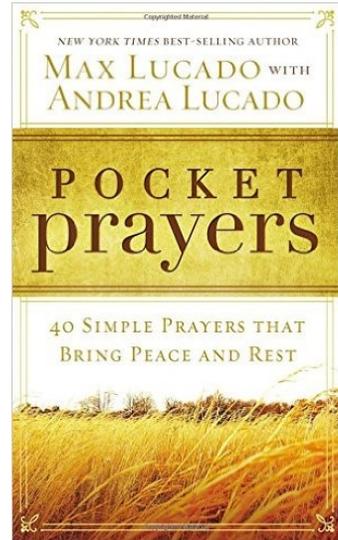
Nalda Daigle..... 1  
 Martha Waggoner ..... 1  
 Tim Benefield ..... 3  
 Edwina Woolsey ..... 4  
 Michelle Lopez..... 19  
 Paula Tyler..... 20  
 Jean Andrews..... 24  
 Mary Beth Doan..... 24  
 Ecla Caraway ..... 30  
 Chuck Smith..... 30  
 Ron Linderman..... 31



- Birthdays &*  
*Anniversaries*
- Dick & Jean Hemer**  
 October 1
- Dick & Dorothy Dickinson**  
 October 5
- Jack & Paula Tyler**  
 October 9
- Bob & Jan Lehigh**  
 October 11
- Ernie & Clea Brewster**  
 October 26

If you would like your dates to be included please send your information to the church office!  
[office@lakesidechristians.org](mailto:office@lakesidechristians.org)

# Prayer Corner



All prayers are edited and adapted from *Pocket Prayers* by Max and Andrea Lucado

October, 2016

*For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father."*  
 Romans 8:15

Father, you have made me your child through your Spirit. In your kindness you adopted me and delivered me from sin and death. Remind me today what it means to be your child and to be free from that law. It is so easy for me to live my day on my own terms. Help me to live it in light of your grace. I pray for my friends and family. Help them experience your love as their father and feel their inheritance in your spirit. Thank you for accepting me as I am, but not leaving me the same.  
 In Jesus' name, amen.

## September 25, 2016

Average Sunday Attendance.....	97
YTD Offerings.....	\$143,492.00
YTD Expenses.....	\$135,952.00

# Lakeside Christian Fellowship

Worship Location  
1922 American Drive, Lago Vista

Office  
1918 American Drive, Suite 3, Lago Vista  
512-267-1700, [office@lakesidechristians.org](mailto:office@lakesidechristians.org)

Mailing Address  
P.O. Box 4874, Lago Vista, TX 78645

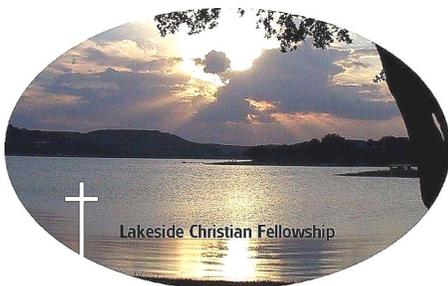
Rev. Rick Waters, Pastor  
Rev. Chuck Smith, Minister of Outreach & Ministries

*A family of faith connecting people to Christ and to each other!*

## LAKESIDE CHRISTIAN FELLOWSHIP

P.O. Box 4874  
Lago Vista, TX 78645

Phone: 512-267-1700  
[office@lakesidechristians.org](mailto:office@lakesidechristians.org)



[www.lakesidechristians.org](http://www.lakesidechristians.org)