

Lakeside Christian Fellowship Ripples



SEPTEMBER 2016

VOLUME IV, NUMBER 9

Dear Church Family,

Who Owns What?

Farmers often bemoan the fact that children don't know where their food comes from. Ask a young child where eggs or milk or bread comes from and you'll likely hear, "From the store, from a bottle, from the bakery!" In our urbanized world, where many children have never strolled across a farmyard, it's possible for children to be unaware that eggs come from hens, milk from cows, and flour for bread from wheat fields.

Farmers aren't the only ones who bemoan that those who benefit from their work don't remember where things come from. Sometimes God does too!

In 1 Chronicles 29, David reminds the people of Israel about the source of their gifts. He offers a prayer of praise to God for the wholehearted response of God's people to the challenge to supply gold, silver, and precious stones for building the temple—more than 190 tons of gold along with 375 tons of silver! Such giving is just cause for celebration and praise (1 Chron. 29:9). But David looks beyond the giving of God's people to remember that the ultimate source of these riches is God. All that the Israelites have brought to the storehouses already belongs to God. "Everything comes from you, and we have given you only what comes from your hand" (v. 14).

God's generosity amazes us. Paul tells us that God "richly provides us with everything for our enjoyment" (1 Tim. 6:17). God delights in watching us enjoy a lavish bounty. That's why God so packed our world with delightful things. God created grand mountain vistas, juicy peaches, and marvelous music. Could we live without these things? To be sure, God could have created a much more utilitarian world of monochrome hues and monotonous sights, sounds, and tastes. But God didn't. God crammed the world full of good things.

It's no sin to enjoy God's world. We can enjoy a salad—and a steak too. We can drive or ride to work or school—and take family trips to national parks. We can read a newspaper—and good books. God has given us these things and more "for our enjoyment." Yet there is one thing we must never forget: "Everything in heaven and earth is [God's]" (1 Chron. 29:11). These things are not ours, but God's.

Pastor Chuck

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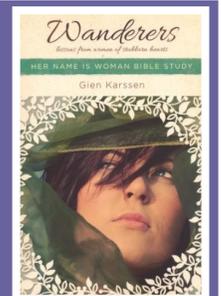
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A family of faith connecting people to Christ and to each other!

LAKESIDE CHRISTIAN FELLOWSHIP Leadership Council Report for August 8, 2016

The minutes from the June 8th, 2016 council meeting were unanimously approved as submitted.

Financial Update - Scott presented his monthly summarized report and included his summary for July. He noted that while payroll was over a little bit, because of having 2 people in the office at the present time, our total income has exceeded our expenses and things are in line with our expectations. Jean Andrews advised that the slight increase in Worship Commission expenses is due to the purchase of the new paraments. It was proposed the financial report be accepted as presented. It was approved unanimously.

Building and Grounds - Roger reported that our rent will be raised for 2017 year; the landlord is saying that the expenses have risen primarily due to the increased cost of air conditioning. Roger is not expecting a large increase, but we should be prepared for some increase. Roger is continuing to work with the air distribution so the candles on the alter won't blow out.

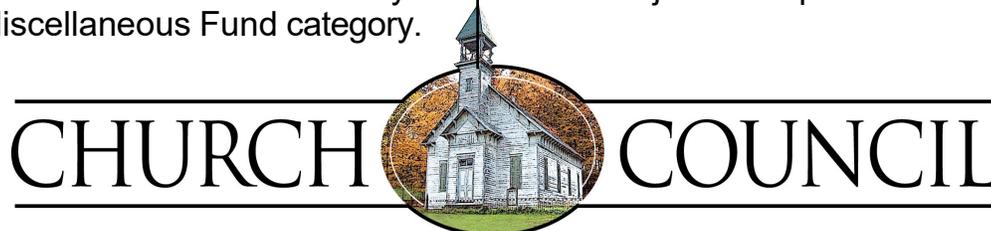
Faith in Action - June Freeman presented the LCF Benevolence Funds Policy which has been amended to address the Pastor's Benevolence Funds. Chuck said that it came to his attention recently that there is a 4th fund called Miscellaneous and this fund needs to be addressed in the Policy. June said she will have Linda revise the Policy to include the Miscellaneous Fund category.

June proposed that we vote to accept the LCF Benevolence Funds policy with the addition of the miscellaneous designation as discussed. Jean Andrews seconded the motion and it was unanimously approved. June said we have budgeted \$1,000 to assist teachers who will be buying school supplies for the new school year. Teachers will be back in school on August 15th and will provide a list of what is needed. June also reported that her request for food for lunches for children who were not in school due to summer recess has only generated 1 bag of cornflakes.

Worship Commission - Jean Andrews reported that they were unable to purchase wind protectors for the candles and Roger said he will adjust the air conditioner vents which are responsible for blowing out the candles. All of the new Paraments are here and Jean has cleaned out the storage closet in order to keep things stored properly. Everything that was previously discussed has been completed.

Outreach Ministry - Chuck reported that the CPR class will be held in Sept. or Oct. and will cost \$60 per person. Rick Waters told us that he had used some of his benevolence funds to buy school clothing for the Richardson girls; along with some of his personal funds and a few individual contributions.

Pastoral Relations - Dave Freeman presented the job descriptions for the LCF



LAKESIDE CHRISTIAN FELLOWSHIP Leadership Council Report for August 8, 2016

office personnel: Church Bookkeeper, Church Administrator and Keyboard Accompanist. Dave confirmed that the people currently holding these jobs have received and reviewed their job descriptions. Dave confirmed that Michelle will be working 2 days per week and Linda will be working 1 day per week starting in January. At the present time the overlap in schedules for the office personnel is responsible for the payroll increase.

Budget - Tom announced that he has the speakers lined up for the stewardship testimonials for the next 3 Sundays:

August 14 - Ginger Halstead

August 21 - Page Massey

August 28 - Wayne Nash

September 4 - Tom Gardner

Tom is working on the book for the Stewardship Drive and will be setting up the delivery of the book.

Tom presented the tentative budget. Dave Freeman said a 1% inflation rate is reflected in the tentative budget. The tentative budget for 2017 is not much different from 2016. We tentatively approved the budget as presented so it can be included in our Stewardship Book. When we receive the firm figures for the building rental for 2017 we can make a change as necessary.

New Business - Dan asked Scott to go to the bank and get everything in place for the designated check signers since we had the

approval by E- Votes.

The September meeting of the Council was canceled.

Dan brought up a discussion about our church advertisements which carry the phrase that LCF is a church "serving an adult community". After much discussion, it was decided that the strength of our church is that we fill a need in the community, ministering to the large elder population in Lago Vista and we are not trying to compete with other churches who pastor for young families; while we welcome young families, we are not really set up to minister to young families with children. Our advertisements will continue to include the phrase "serving an adult community".

There was a discussion about who should be responsible to make sure the church is properly secured after our Sunday worship. Scott Cameron said he would check everything before he leaves, because he is here late counting the money.

Further to the discussion about our old copy machine, Roger made a motion that we donate it to the Anglican Church; Jean Andrews seconded the motion and it carried. In regards to the previously discussed task force to update the data base, Jack Currier has offered to help and he will speak with Laurie Glass and ask her to head up a task force.

CHURCH  COUNCIL

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Men's Breakfast Point Venture Community Center



Men's Breakfast will start with a great program on Tuesday, September 6. Breakfast is served at 8:30 AM.

Fire Chief Donnie Norman, of TVESD1, will be the guest speaker for the September 6th meeting. He has a 10-minute slide show and is bringing 4 men and vehicles for our inspection and to answer questions.

Please join us for an informative meeting about TCESD 1 and of course, a great breakfast.

All are welcome (ladies also). If you are not a regular member of Men's Breakfast, please let us know if you are attending so we can plan for the number for breakfast.

*Dan Olson 512-237-2374 Clyde Hance 512-267-9336
or Bob Woolsey 512-541-8806*

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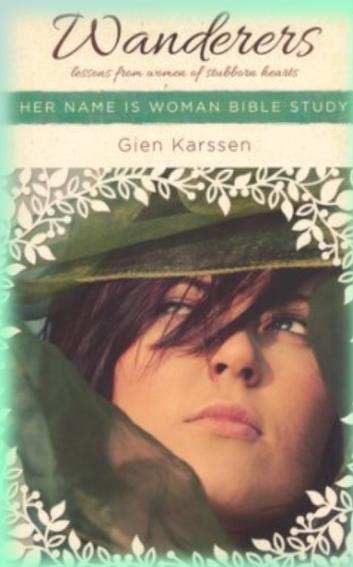
Lakeside Christian Women's Fellowship

Our summer vacation has ended and the excitement is building as our group assembles for nine monthly meetings, beginning September 19th.

We will be welcoming the new officers and members and anxious to be inspired by the program selection entitled, "Putting on the Armor of God." The theme for "Putting on the Armor of God" is focused on Ephesians 6:7, and will feature special guest speakers sharing their story of readiness, righteousness, and service.

Bring your favorite lunch (brown bag) and enjoy dessert and drinks furnished by the hostesses. New yearbooks will be available for distribution. Hope everyone will attend.

WOMEN'S BIBLE STUDY



The 8 chapter fun, friendly and engaging study, "Living a Chocolate Life", *Savoring God's Sweet Grace*, will be completed on September 14. Attendees have been reminded that the Holy Spirit fills us with sweet faith in our Savior, while being introduced to chocolate treats.

On September 28th, the group of avid Bible students will explore "Wanderers: Lessons from Women of Stubborn Hearts", a 12 chapter study bringing to life 12 complicated women of the Old Testament who struggled and wrestled with God's role for them, including Hagar, Delilah, Jezebel and others. By retracing their steps, readers have the opportunity to learn from these complex women.

Participants need to order study books IMMEDIATELY by calling or emailing Lil Burch. 512-267-2278 or raylilpv@aol.com

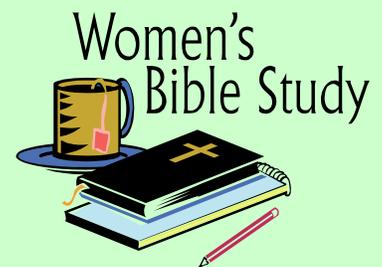
Books cost \$ 8.00

For information on
Women's Bible Study
contact:

Lil Burch
@ 512-267-2278
or email:
raylilpv@aol.com

or

Donna Nash
@ 512-267-5947
or email:
waynnsh@aol.com



The women's study group meets at the LVPOA Bluebonnet Room at the corner of Boggy Ford and American Drive at 9:15 AM each Wednesday. Come and join us! To order a participant's study book please call or email Lil Burch or Donna Nash.

FAITH IN ACTION !!

This month Faith In Action spent \$1000 on school supplies. We concentrated on what the teachers said that they needed instead of the teachers buying school supplies out of their own pockets. We bought electric pencil sharpeners, staplers, scissors, baby wipes and Clorox wipes. This served 35 teachers at the Lago Vista Elementary School.



We also took a large quantity of men's clothing to HCCM (Hill Country Community Ministries). They need more men's clothing than women's.

We were very short on food donations over the summer. Try to buy an extra can or cereal to help out.



We serve many needs through your generosity. Many thanks.

***June Freeman
Leadership Council
Faith in Action Chair***



Health Watch

The 12 Essentials
WebMD.com



Here's the scoop on 12 essentials, from vitamin A to zinc, plus why you need them and which foods are good sources.

Vitamin A

There are two main types of it. One comes from animal sources of food. You need it to help you see at night, make red blood cells, and fight off infections. The other is in plant foods and can help prevent an eye problem called age-related macular degeneration and to cells all over your body. Eat orange veggies and fruits (like sweet potato and cantaloupe), spinach and other greens, dairy products, and seafood such as shrimp and salmon. Too much vitamin A can hurt your liver, though.

Vitamin B12

Rev up before going out for a walk or hitting the gym with a snack like a hard-boiled egg or cereal with vitamins added. B12 helps your body break down food for energy. Some athletes and trainers take supplements before workouts, but these don't really boost your success if you're getting enough in your meals.

Vitamin C

Despite claims made by some over-the-counter remedies, it doesn't prevent colds. But once you have symptoms, drink orange or grapefruit juice to help yourself stay hydrated and feel better sooner. Your body must have vitamin C to help your bones, skin, and muscles grow. You'll get enough from bell peppers, papaya, strawberries, broccoli, cantaloupe, leafy greens, and other fruits and veggies.

Calcium

This mineral, when mixed with sand, helps harden concrete harden. Its strength makes it the building block for your bones and teeth. It's also key to make muscles, including your heart, move. Get calcium from milk, cheese, yogurt, and other dairy foods, and from green vegetables like kale and broccoli. How much you need depends on your age and sex. Check with your doctor about whether you should take a supplement.

Vitamin D

Like calcium, it keeps your bones strong and helps your nerves carry messages. It also plays a role in fighting germs. Careful time in the sun – 10 to 15 minutes on a clear day, without sunscreen – is the best source. Or you could eat fish such as salmon, tuna, and mackerel. There's a little in egg yolks, too. You can also get milk and sometimes orange juice with added vitamin D.

Vitamin E

It's also called an antioxidant. They protect your cells from damage caused by cigarette smoke, pollution, sunlight, and more. Vitamin E also helps your cells talk to each other and keeps blood moving. Sunflower seeds and nuts including almonds, hazelnuts, and peanuts are good sources. If you're allergic to those, vegetable oils (like safflower and sunflower), spinach, and broccoli have vitamin E, too.

Folic Acid

For moms-to-be, it's a must. It helps make DNA and prevent spina bifida and other brain birth defects. Asparagus, Brussels sprouts, dark leafy greens, oranges and orange juice, and legumes (beans, peas, and lentils) are rich in folic acid.

Vitamin K

You need it for blood clotting and healthy bones. People who take warfarin, a blood-thinner, have to be careful about what they eat, because vitamin K reacts badly with the drug. A serving of leafy greens -- like spinach, kale, or broccoli -- will give you more than enough K for the day. A Japanese dish called natto, made from fermented soybeans, has even more.

Iron

When your levels are low, your body doesn't make enough healthy red blood cells. And without them, you can't get oxygen to your tissues. Keep up your levels with beans and lentils, liver, oysters, and spinach. Many breakfast cereals have a day's worth added in. Even dark chocolate with at least 45% cacao has some!

Magnesium

This mineral plays a role in making your muscles squeeze and keeping your heart beating. It helps control blood sugar and blood pressure, make proteins and DNA, and turn food into energy. You'll get magnesium from almonds, cashews, spinach, soybeans, avocado, and whole grains.

Potassium

You may think of bananas, but green leafy veggies are a better source of this mineral. It helps keep your blood pressure in a normal range, and it helps your kidneys work. Levels that are too low or too high could make your heart and nervous system shut down. You should also watch your salt, because your body needs the right balance of sodium and potassium. Snack on raw cantaloupe, carrots, and tomatoes, too.

Zinc

Without it, you couldn't taste and smell. Your immune system needs it, and it helps cuts, scrapes, and sores heal. It may help you keep your sight as you get older. While you can get zinc from plant sources like sesame and pumpkin seeds, chickpeas, lentils, and cashews, it's easier for your body to absorb it from animal foods, such as oysters, beef, crab, lobster, and pork.



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Church
Office Hours:
Wednesday
and
Thursday
9:30 am
to 3:30 pm



Please remember
that all church
activities should be
scheduled on the
master calendar in
the church office.
Thank you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10:30 AM Alzheimer's Support Group @ LV Library	2	3
4 10:30 AM Worship Service @Worship Center	5  LABOR DAY	6 8:30 AM Men's Fellowship Breakfast @ Point Venture Club Room	7 9:30 AM CWF Bible Study @ Bluebonnet Room	8 6:30 PM Cancer Support Group @ LV Library	9	10
11 10:30 AM Worship Service @Worship Center	12	13 8:00 AM Men's Fellowship Breakfast/Bible Study @ Re/Max Bldg.	14 9:30 AM CWF Bible Study @ Bluebonnet Room	15 10:30 AM Alzheimer's Support Group @ LV Library	16	17
18 10:30 AM Worship Service @Worship Center	19 10:30 AM CWF Meeting @ Bluebonnet Room	20 8:30 AM Men's Fellowship Breakfast @ Point Venture Club Room	21 9:30 AM CWF Bible Study @ Bluebonnet Room	22	23 	24
25 10:30 AM Worship Service @Worship Center	26	27 8:00 AM Men's Fellowship Breakfast/Bible Study @ Re/Max Bldg.	28 9:30 AM CWF Bible Study @ Bluebonnet Room	29	30	

For more information visit the LCF website
at
www.lakesidechristians.org

SEPTEMBER



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Margy Burchette	18
Jess Neely.....	20
Wilma Sanders	24
Helen Veal.....	26
Warwick Andrews.....	27
Tess Benefield.....	29
Jeanene Wheeler.....	29

Birthdays &



Anniversaries

Tom & Armor Lee Gardner
September 12

Wayne & Donna Nash
September 29

If you would like your dates to be included please send your information to the church office!!

office@lakesidechristians.org

Prayer Corner By Dayle Aulds

All prayers are edited and adapted from *Everyday Prayers*, by Scotty Smith

September, 2016

"When I am afraid, I put my trust in You. In God, whose word I praise--In God I trust and am not afraid. What can mere mortals do to me?
Psalms 56:43-4

Heavenly Father, as the reach of the internet keeps getting bigger, my world keeps getting smaller. More so than ever, I'm aware of my brothers and sisters all around the world who are clinging to you and to this Scripture today. Be praised, O trustworthy Father, even as we bring our family before You. What can mortals do to us? Plenty, Father, but in view of Who You are, and what matters, very little. Grant us all the same grace and courage You gave Justin Martyr. When facing those who would take his life, he responded, "You may kill us, but you cannot harm us." What but the gospel can create such a people?

Lastly, gracious Father, for friends on our streets and in our churches facing hard medical reports, dwindling financial resources, and other hard providences, bring the gospel to bear in tangible and faith-producing ways. And use us, Father, as answers to the very prayers we pray. We pray in Jesus' most glorious name. Amen.

August 21, 2016

Average Sunday Attendance.....	93
YTD Offerings.....	\$127,701.00
YTD Expenses	\$116,027.00

Lakeside Christian Fellowship

Worship Location
1922 American Drive, Lago Vista

Office
1918 American Drive, Suite 3, Lago Vista
512-267-1700, office@lakesidechristians.org

Mailing Address
P. O. Box 4874, Lago Vista, TX 78645

Rev. Rick Waters, Pastor
Rev. Chuck Smith, Minister of Outreach & Ministries

A family of faith connecting people to Christ and to each other!

LAKESIDE CHRISTIAN FELLOWSHIP

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