

Lakeside Christian Fellowship Ripples



AUGUST 2018

VOLUME VI, NUMBER 8

Dear Members and Friends,

In his book 'The Journey', Billy Graham shared 6 Rules of Living. In 2007 at the age of 88 he expounded on these principles for the Reader's Digest. I would like to share these with you in abbreviated form.

1. MAKE YOUR GOAL TO LIVE AT PEACE WITH OTHERS - In His Sermon on the Mount Jesus said in the seventh Beatitude, "Blessed are the peacemakers, for they shall be called the children of God" (Matt. 5:9). Dr. Graham said that no matter how hard we try we cannot change the attitude of some. But we must do our best by taking responsibility for any wrongs we have committed toward another, confess it and seek forgiveness.

2. AVOID REVENGE - If someone has wronged us by breaking the law then it is right to seek justice. But hurting another because they have hurt us is wrong. I Peter 3:9, "Do not repay evil for evil or abuse for abuse; but on the contrary, repay with a blessing." "Vengeance is mine, I will repay says the Lord" (Deuteronomy 32:35, Romans 12:19)

3. GUARD YOUR TONGUE - so much irreparable damage has been caused by hurtful things said to others. Proverbs 18:21, "Death and life are in the power of the tongue". Dr. Graham advised, "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs.

4. NEVER REPAY EVIL WITH EVIL - this is similar to # 2 which I will not commit on further.

5. TREAT OTHERS AS YOU'D WANT THEM TO TREAT YOU - This is the GOLDEN RULE which Jesus spoke of in the Sermon on the Mount in Matthew 7:12. Can you imagine what the world would be like if we all did our best to practice this rule? "What a bright world this would be" (the Christophers)

6. PRACTICE THE POWER OF FORGIVENESS - Dr. Graham says we should take the Divine path -hate the sin but love the sinner". Because God loves expressed in Jesus on the cross God is predisposed to forgive us and therefore we should practice what we have received. In the Lord's Prayer Jesus taught us to pray "...forgive us our debts, sins, trespass as we forgive those who trespass against us."

*Marvelous principles from a godly man.
Blessings to All,*

Pastor Rick Waters

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LAKESIDE CHRISTIAN FELLOWSHIP Leadership Council Report for June 11, 2018

CALL TO ORDER: The Leadership Council meeting was called to order by Moderator Scott Cameron at 2:05 pm. Members present were Scott Cameron, Dave Freeman, Don Killough, Genie Carroll, Rick Waters, Chuck Smith and Jean Sholes.

INVOCATION: Rick Waters opened the meeting with prayer.

Under Opening Remarks, Scott Cameron informed the Council that Dan Olson is working on the float for the 4th of July Parade in Lago Vista.

The May 7, 2018 minutes were approved.

FINANCIAL UPDATE: Genie Carroll distributed the Income and Expenses/Budget financial report and noted that all expenditures are in line and we are in good shape financially. Don Killough moved to accept the report; Dave Freeman seconded and the motion carried.

STEWARDSHIP COMMISSION: Don Killough expressed praise for the church and the handling of the Woolsey funeral. He passed out the Budget Planning Timeline and the 2019 Stewardship Drive Timeline. The Stewardship Drive will begin on 26, 2018 and end on September 21, 2018. October 21, 2018 is the Annual Congregational Meeting to present the new budget to the congregation for approval.

BUILDING & GROUNDS: Scott noted that he had spoken with Rodger Elliott and Rodger had nothing to report.

PASTORAL RELATIONS: Dave Freeman noted that he is going to start the process of looking for a replacement for the secretary so Linda can return to the bookkeeping only.

WORSHIP COMMISSION: Ginger Halsted was not present

OUTREACH MINISTRIES: Chuck noted that the Hospice event was not very successful, because it was offered on Memorial Day Weekend. They will reschedule the event.

NEW BUSINESS: Dave Freeman showed us the design for the float/trailer for the 4th of July parade. Banners advertising the church will be used on the sides of the float and those banners can be reused to promote our church in the community.

Scott Cameron advised us that Nancy Wood, president of the Nominating Committee has advised that there will be 2 positions to be filled this year as both she and Dick Sanders are resigning. They are asking us to think about possible replacements.

Rick Waters noted that we need to reach out to the community and promote our church. There are lots of new homes being built and we need to get out and welcome these folks and invite them to attend our church. Scott Cameron will check on how we can get a listing of the homeowners thru the City channels.

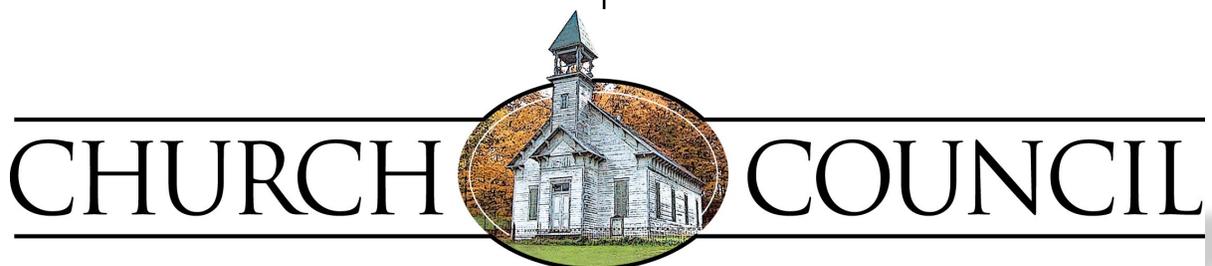
Rick Waters also made a suggestion that we might plan an evening trip to Fredericksburg to the Rock Box music theatre. He said they have done this previously and it was a successful way to draw people to our church community.

These items will be considered and will come up for further action.

Scott Cameron noted that there will be no July 2018 meeting.

The meeting adjourned at 3:50 pm.

*Respectfully Submitted,
Jean Sholes, Leadership Council Secretary*



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Let Freedom Ring!!!



Granddaughter Of Clyde Hance, Caitlin



Lakeside Christian Fellowship was in the Lago Vista 4th of July parade. We had a truck with the "liberty bell" rung by Armor Lee Gardner and Donna Nash. We had other riders in the Nash truck and two riders in the Olson truck and about 10 people in the "float" for a total of 16 participants. Pastor Chuck played patriotic music from the float using an iPhone and the church portable speaker. Everyone was invited to the Nash home for brocks and side dishes and to watch the fireworks later in the evening.



Inside "The Float"

Tom and Armor Lee Gardner



Genie Carroll and Grandson Zack



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~ PV Men's Fellowship ~

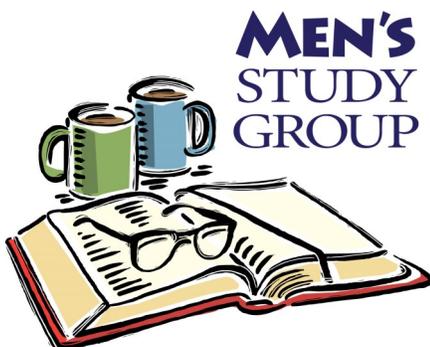
The PV Men's Group is on Summer break for July and August. The group will resume in September meeting every 1st and 3rd Tuesday. We enjoy fellowship and the usual great breakfast! We look forward to the men of the church joining us for a great way to start the morning with food and relaxing conversation. Please join us for good food and fellowship!!

Contact Dan Olson 512-267-2374 for more information



~ Lakeside Men's Bible Study ~

Throughout the New Testament, and some Old Testament, prophets tell us who Jesus is and what his mission means to the church and Christians throughout the world; but what does Jesus say about himself? What does he say about his mission in the world? Using the New and Old Testaments, the men's bible study group will be exploring what Jesus says about himself and his mission through his words, his sermons and the stories he tells using himself as the center -- pointing to himself as the Messiah, the Christ.



Join us on the 2nd and 4th Tuesdays of each month at 8am for a light breakfast and discussion (8:30am) of this intriguing look through Middle Eastern eyes and lectures from Dr. Kenneth Bailey.

*Contact Chuck Smith 512-922-6233
for more information.*

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Lakeside Christian Women's Fellowship

Lakeside Christian Women's Fellowship meets on the 3rd Monday at 10:30 am in the POA-Bluebonnet Room, Corner of Boggy Ford and American Drive, Lago Vista. The ladies will be vacationing for the summer, returning September 17th with exciting monthly programs.

LCWF supports the needs of our church women and women of the community with inspiration, spiritual nourishment, support, outreach and warm Christian woman fellowship.

Serving as Officers for September 2018 through May 2019 are President, Jean Sholes, Vice-President and Program Chairperson, Jan Robbins, Treasurer, Donna Nash, Secretary, Paula Tyler, and Historian, Margy Burchette, all participating in planning for the start of a new year.

Jan Robbins has selected and scheduled a series on the 500th anniversary of the Protestant Reformation which changed the world, presented by clergy and members of nine church denominations. From each of these churches their women's groups will be invited to join us as we learn and worship together. What a joy it will be to celebrate all the faiths of our community.

We've experienced a wonderful year, working hand in hand with a powerful group of devoted Christians. Come join us on September 17th as we bond together in love and service to our Lord. New Yearbooks will be printed in August and distributed in September.

LAKESIDE CHRISTIAN WOMEN'S BIBLE STUDY

Women's Bible Study meets each Wednesday at 9:30 am in the Bluebonnet Room. The selected study, "Life Lessons from Romans", authored by Max Lucado will begin on Wednesday, July 18th and continue for 12 weekly sessions. Have you ever headed in the wrong direction? Made a wrong choice? This study on Paul's letter to the Romans explores the wrong turns the early Church was making and showing them the one correct solution to help them stop making wrong choices. *Noted key themes are: All people are in need of a relationship with God; God has prepared for that relationship through his own sacrifice; Faith is the requirement of that relationship; Forgiveness is available from God for anyone.*

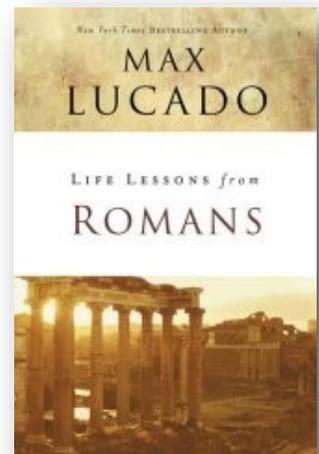
If you have thought about joining the ladies study, ask one of them if that is a good decision, better yet, ASK GOD. All women of the area are invited to participate.! Books are \$ 7.00 and are available from Lil Burch.

For information on
Women's Bible
Study
contact:

Lil Burch
@ 512-267-2278
email:
raylilpv@aol.com

or

Donna Nash
@ 512-267-5947
email:
waynsh@aol.com





Health Watch

Health Benefits of Napping

<https://www.webmd.com>



A Nap a Day?

Napping isn't just for babies. Studies show that an afternoon nap is great for adults, too. There's no need to feel lazy for indulging in daytime sleep. A short nap in the mid-afternoon can boost memory, improve job performance, lift your mood, make you more alert, and ease stress. Cozy up to these nap benefits.



It Can Improve Your Memory

Studies have shown that sleep plays an important role in storing memories. A nap can help you remember things learned earlier in the day as much as a full night's sleep. Napping works to keep you from forgetting things like motor skills, sense perception, and verbal recall, too.

You May Be Able to Connect the Dots Easier

Not only can napping help you remember things you've just learned, but it could help your brain draw connections between things you find out. In one study, nappers found it easier to put together information they got earlier in the day.

It May Lift Your Mood

If you're feeling down, try taking a nap to lift your spirits. Napping, or even just resting for an hour without falling asleep, can brighten your outlook. Experts say relaxation that comes from lying down and resting is a mood booster, whether you fall asleep or not.

Need to Be More Alert? Nap

If you start to feel a bit sleepy right after lunch, you're not alone. The post-lunch struggle is real. A 20-minute nap can help you battle heavy eyelids.

Small Naps Bring Big Benefits

A nap as short as 10 minutes can be beneficial, but keep your nap to 30 minutes or less so you don't wake up feeling more tired. That grogginess you can feel after a nap is called sleep inertia. The longer you nap, the more likely you are to have that feeling. The worse it is, the more time you'll need to wake up and transition back to work.

Naps are Better Than Caffeine

If you're feeling tired but have work or studying to get done, you may be better off taking a nap than sipping a coffee. Compared to caffeine, napping can bring better memory and learning.

Long Night Ahead? A Nap Can Help

If you know you won't get much sleep for a night or two (due to travel, for example) you're better off preparing with a nap ahead of time than powering through with caffeine. The longer the nap, the better. If you have to resort to caffeine, drinking small amounts often is better than one large cup of joe.





Health Watch

Health Benefits of Napping

<https://www.webmd.com>



They Can Ease Stress

If you're under a lot of pressure, a nap can release stress and improve your immune health. Experts believe that a 30-minute nap can do the trick.

They're Good for Your Heart

A nap can even help your ticker. A study found that people who napped for 45 to 60 minutes had lower blood pressure after going through mental stress. So a nap can help your body recover from pressure-filled situations.

They Can Make You More Creative

Ever wake up with a great idea? REM sleep, which typically starts 70 to 90 minutes after you fall asleep, activates parts of your brain associated with imagery and dreaming. A nap with REM sleep can help you combine ideas in new ways to come up with answers.

Naps Can Help You Sleep Better at Night

Although it may seem illogical, taking a nap during the day can help older adults improve sleep at night. Studies show a 30-minute nap between 1 p.m. and 3 p.m. combined with moderate exercise, like a walk and stretching in the evening, helps improve nighttime sleep. Mental and physical health can get better, as well.



Naps Can Help Your Children or Grandchildren, Too

Many preschool-age children stop napping long before they enter kindergarten.

Fact is, naps are critical for learning and development at that age. Children who nap regularly are better able to recall things they learned. Since short-term memory stores are limited at that age, younger kids need more frequent sleep. It's an important part of how the brain hangs on to memories.

Make Them a Habit

While certain benefits of napping can be had by anyone, there's some evidence that naps only improve certain types of learning when the person takes them regularly. This includes the ability to tell the difference between similar things like images or textures.

When Should You Nap?

To get the most benefits out of a nap, you need to time it right. Most people will find an afternoon snooze to be the most natural and helpful. Some say sleep is better between 2 and 3 p.m., when humans naturally have a dip in alertness. The time that works best for you will depend on how rested you are to begin with. If you're well-rested, a slightly later nap is better. If you're behind on sleep, you'll want to nap earlier.



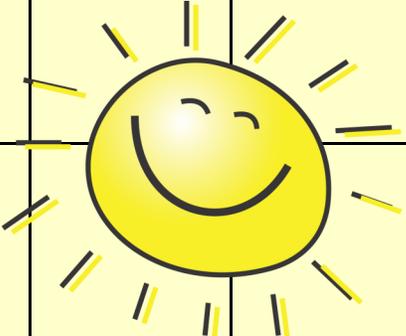
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Church Office Hours:
Wednesday and Thursday
from 9:30 am to 3:30 pm.

AUGUST



Please remember that all church activities should be scheduled on the master calendar in the church office. Thank you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	1 9:30 AM CWF Bible Study @ Bluebonnet Room	2 10:30 AM Alzheimer's Support Group @ LV Library	3	4
5 10:30 AM Worship Service @ Worship Center	6	7 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center	8 9:30 AM CWF Bible Study @ Bluebonnet Room	9	10	11
12 10:30 AM Worship Service @ Worship Center	13 2:00 PM Leadership Council @ Worship Center	14	15 9:30 AM CWF Bible Study @ Bluebonnet Room	16 10:30 AM Alzheimer's Support Group @ LV Library	17	18
19 10:30 AM Worship Service @ Worship Center	20 10:00 AM Cancer Support Group @ LV Library	21 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center	22 9:30 AM CWF Bible Study @ Bluebonnet Room	23	24 	25
26 10:30 AM Worship Service @ Worship Center	27	28	29 9:30 AM CWF Bible Study @ Bluebonnet Room	30	31 	
<p>For more information visit the LCF website at www.lakesidechristians.org</p>						



Tom Gardner	2
Tommie Thompson	2
Burt Burchette	4
Linda Harting	5
Darrell McClaid	5
Dawn Thompson	6
Don Killough	9
Jim Wheeler	14
Jean Mangum	20
Janette Howle	24
Clyde Hance	25
Maja Linderman	29
Carl Gassoway	30



Ed & Shirley Sherwood
August 2

Jim & Ietha Guy
August 6

Tim & Tess Benefield
August 11

Burt & Margy Burchette
August 28

Charlie & Nan Knapp
August 29

Rick & Sharon Waters
August 29

Please send your information to:
office@lakesidechristians.org

Prayer Corner

Prayers are edited and adapted from
Pocket Prayers by Max and Andrea Lucado.



And because you are sons, God has sent forth the
Spirit of His Son into your hearts, crying out,
“Abba, Father!”

Galatians 4:6

Abba, thank you for sending a helper to direct my steps. You know everything and will guide me in your will. Help me to know your will. Keep me on the path you have set for me. Give me the desire to stay true to that path, and forgive me for the times I have already strayed from you. Be with my friends and family who are at a crossroads and don't know what to do next. May your spirit guide them and make the best decision clear. Thank you for caring about the details of my life, for not believing any request is too small. I pray this in Jesus' name, amen.

July 25, 2018

Average Sunday Attendance	77
YTD Offerings	\$140,457.00
YTD Expenses	\$102,329.00

Lakeside Christian Fellowship

Worship Location
1922 American Drive, Lago Vista

Office
1918 American Drive, Suite 3, Lago Vista
512-267-1700, office@lakesidechristians.org

Mailing Address
P. O. Box 4874, Lago Vista, TX 78645

Rev. Rick Waters, Pastor
Rev. Chuck Smith, Minister of Outreach & Ministries

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