

Lakeside Christian Fellowship Ripples



APRIL 2019

VOLUME VII, NUMBER 4

Dear Church Family,

Please be reminded of the special worship experiences available in April this year.

On April 14, Palm Sunday, I will present my sermon monologue. 'The Centurion at the Cross'. I have offered this monologue on a number of occasions in the past but it has been several years and there are some newer members and constituents who have not heard it before.

Also on Palm Sunday afternoon the Choir will present their Cantata, "The Seven Last Words". The choir has been working on this inspirational piece for some time and I hear that it is outstanding. Please come and bring a friend at 4:00 pm, April 14.

On Easter Sunday, April 21, we will have our Sunrise Service at 7:00 am at Hancock Park. Then our regularly scheduled Easter Service at 10:30 will take place at the Worship Center.

This Easter Season is the crowning glory of our faith. Please join us.

The Lord Bless You All, He Is Risen!

Pastor Rick

A family of faith connecting people to Christ and to each other!

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**Lakeside
Christian Fellowship Choir**
presents
**The Seven Last Words of
Christ**

Sunday, April 14, 2019 ~ 4:00 p.m.

1922 American Dr.
Lago Vista, TX

Please invite
friends and family
to join you.

Stay and visit
afterwards and
Let Us Get To
Know You!



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LENTEN *Schedule*



March 6, Ash Wednesday
12:00 p.m. at Lakeside Worship Center

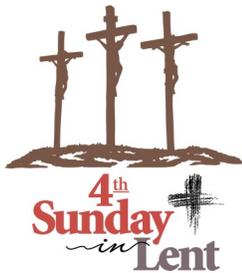


March 10, 1st Sunday in Lent
Worship 10:30 a.m. at Lakeside Worship Center

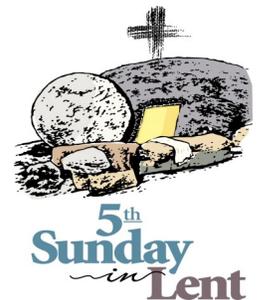
March 17, 2nd Sunday in Lent
Worship 10:30 a.m. at Lakeside Worship Center



March 24, 3rd Sunday in Lent
Worship 10:30 a.m. at Lakeside Worship Center



March 31, 4th Sunday in Lent
Worship 10:30 a.m. at Lakeside Worship Center

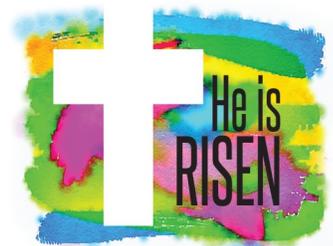


April 7, 5th Sunday in Lent
Worship 10:30 a.m. at Lakeside Worship Center



April 14, Palm/Passion Sunday
10:30 a.m. at Lakeside Worship Center
Centurion at the Cross Monologue
4:00 p.m., Easter Cantata

April 21, Easter Services
Sunrise Service at 7:00 a.m. at Hancock Park
Regular Easter Service at 10:30 a.m.
at Lakeside Worship Center



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Lakeside Christian Women's Fellowship

On March 18th, the 7th program in a series of nine continued to focus on "The Protestant Reformation that Changed the World", and Martin Luther's Rediscovery of God which changed the world. A total of 17 CWF members attended.

Jan Robbins, Program Chair, introduced our honored speaker, Mark Markham, minister of Grace Fellowship Church, formerly Travis Oaks Baptist Church, founded in 1972, but changed name in 2002. Rev. Mark spoke of the Baptist churches start in the Protestant Reformation in 1600. There were 2 groups: Separatist, separating from Catholic Churches and Fundamentalist, from which Baptist emerged, believing in baptism by immersion and believe if the Bible says so, it's real. Today, there are many types of Baptist Churches.

In 2015, the Baptist Church admitted the church attendance had declined, losing 7-10% of members each year due to job, economic and lifestyle changes. Some reasons for decline are finances, facilities, lack of outreach, attitude. Pastor Mark feels the key way to get new members is with personal invitations to get more people to attend. There should never be competition with other churches but lift them up in prayer. The competition is more with the world. He continued by saying, we need to make disciples so that they grow more in relation to God. Social media is important; the primary way to communicate with members. Records indicate that 18% of Christians in 2017 read the Bible on their phone. In 2018 that figure increased to 53% reading on their smart phone. He suggested it is also good to have wireless access to sermons on the phone.

THANK YOU, Rev. Markham, for expanding our knowledge, understanding and appreciation of the history, and analysis of the current and future trends. We appreciate your time, research and presence. May God continue to bless you in your ministry.

The next monthly meeting will convene Monday, April 15th, at 10:30 am in the Bluebonnet Room. We will be welcoming Sheryl "Cha Cha" Hemphill and several other members of Third Church of Christ Scientist. She will explain the history of the Christian Scientist Church, a religion and a system of healing founded by Mary Baker Eddy in 1866.

Please extend an invitation to all ladies in the community for an experience of learning and warm fellowship. We look forward to meeting and greeting our partners in faith.

For information
contact:
Lil Burch
@ 512-267-2278
email:
raylilpv@aol.com
or
Donna Nash
@ 512-267-5947
email:
hilltophappiness@gmail.com

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Lakeside Christian Women's Fellowship

Bible Study

WOMEN'S BIBLE STUDY meets each Wednesday at 9:30 am in the Bluebonnet Room. The book of Revelation "The Christian's Ultimate Victory" study will be completed on March 27th. The summation of the last lesson confirms **GOD WILL JUDGE EVIL AND REWARD HIS SAINTS. NO STUDY ON APRIL 3rd. NEW STUDY WILL BEGIN APRIL 10th... "It's Good to be Queen", Becoming as Bold, Gracious and Wise as the Queen of Sheba.** This account of a famous queen of the Bible, found in 1st Kings, traveled to Jerusalem to test the mind and heart of a successive king, Solomon, King David's son. Queen Sheba's quest for wisdom will surprise you, challenge you, inspire you, change you. This wealthy royal from antiquity will show you how to live boldly, seek after truth, ask the right questions, encourage others, receive graciously, and honor the Lord above all. Books are \$12.00. **You must contact Lil Burch immediately to reserve and pay for your book. Thanks!**

For information
contact:

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@ 512-267-2278
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or

Donna Nash
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Women's
Bible Study



Six members of our women's Bible Study drove to Camp Lone Star in La Grange, TX, a beautiful Lutheran encampment, to attend the annual **"WOMEN'S RENEWAL RETREAT"** on March 1- 3. This is a time set aside for ladies to reflect on Christ and His Word, be in fellowship with other sisters in Christ, and spend time in His creation. Donna Pyle, noted speaker, teacher and author led sessions on Saturday and Sunday, highlighting what being 'BOLD', taken from John 8:22, truly means for our lives and experience the love Christ offers.



Fifty-seven (57) ladies from 7 different churches attended this special gathering. Take time to speak with attendees, Genie Carroll, Letha Guy, Sharon Waters, Donna Nash, Martha McRae and Lil Burch, who will be delighted to share their experience including the fun of playing Mexican Train and going on a Scavenger Hunt!

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Welcome
New Members



Joyce Coleman
Joined February 3, 2019

APRIL 21ST EASTER SERVICES



Sunrise
Service
at 7:00 am,
Hancock Park

Easter Service
at 10:30 am,
Lakeside Worship
Center



WOMEN'S RENEWAL RETREAT CAMP LONESTAR IN LA GRANGE, TEXAS

March 1-3, 2019

**The group in fellowship
with new friends!**



The group before prayer partner session.
Genie, Letha, Sharon, Lil,
Donna and Martha



The theme was "Be Bold" John 8:12
Martha McRae , Donna Nash,
our speaker Donna Pyle and Lil Burch acting
as "wildlife" for the photo scavengers hunt.



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MEN'S GROUP

~ PV Fellowship ~

The Men's Group meets every 1st and 3rd Tuesday. We enjoy fellowship and the usual great breakfast! We look forward to the men of the church joining us for a great way to start the morning with food and with relaxing conversation.

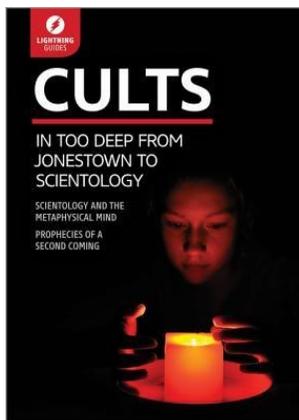


Please join us for good food, fellowship and interesting programs.

Contact Dan Olson 512-267-2374 for more information.

Men's Bible Study ~

Cults: In Too Deep From Jonestown to Scientology



Using case studies, we will be looking at the 10 most destructive cults in America from Scientology to Jim Jones, David Koresh, and others including the Manson Family - some of which are still in existence today. Using actual videos from the cults themselves we'll look at why people join, recruiting techniques, use of thought control and the exit costs when one tries to get out of a cult.

We meet in the Worship Center each 2nd and 4th Tuesdays beginning at 8:00 am with a light breakfast followed at 8:30 am by the study itself. Nothing to buy just bring yourselves.

Contact Chuck Smith 512-922-6233 for more information



Health Watch

New Hope for Aging Eyes

Vision problems might seem inevitable, but recent advances may lead to a clearer future
by Richard Laliberte, [AARP The Magazine](#), August/September 2018



Cataracts

The problem

Proteins that make up the eye's light-focusing lens start to clump with age, gradually making vision clouded, blurry and sensitive to glare. The Symphony lens is just one of the recent breakthroughs.

New hope

Post-op adjustment: During cataract surgery, your ophthalmologist has to estimate the correction your replacement lens needs, but shifts that occur with healing can throw the correction off, resulting in less than optimal results, says ophthalmologist Nick Mamalis, codirector of the Intermountain Ocular Research Center at the University of Utah. The RxSight Light Adjustable Lens lets doctors alter its power two to four weeks after surgery, when the eye has healed and refraction has stabilized. A fix for old replacement lenses: If you've already had cataract surgery, you may one day be able to upgrade your existing lens. A system in the pipeline by Perfect Lens uses a laser to change the correction on a standard lens already in your eye. If your [eyes change over time](#), you could keep adjusting the same lens without needing another surgery. Poor night vision together with sensitivity to glare may indicate the beginning of cataracts.

Glaucoma

The problem

Fluid circulating in the eye maintains healthy pressure levels because the excess drains through a meshwork of outflow canals. If this meshwork falters and fluid builds up, pressure in the eye can damage the optic nerve and lead to vision loss. Not every patient responds to current medications, however, and traditional glaucoma surgeries are major procedures with rare but potentially serious side effects.

New hope

Breakthrough meds: Vyzulta, approved by the FDA in November 2017, belongs to an existing class of drugs called prostaglandin analogs and works by releasing nitric oxide, providing a dual action to lower pressure in the eye. Rhopressa, recently approved, belongs to a new class of medicines called Rho kinase inhibitors; they target cells in the eye's drainage meshwork to restore outflow.

Microinvasive glaucoma surgery (MIGS) is a relatively new development that, while not always as effective as traditional glaucoma surgery, causes less trauma and has fewer side effects. The FDA-approved iStent, a tiny tube that restores the traditional outflow of fluid through the eye's drainage meshwork, is implanted using an incision so small that surgeons view it through a microscope. (An even smaller version, the iStent inject, has recently received FDA approval.) The similar CyPass Micro-Stent opens a fluid pathway through a different channel. Both are installed at the time of cataract surgery, so the added surgery risk is even smaller. Loss of peripheral vision is a key sign of glaucoma.

Macular Degeneration

The problem

Age-related [macular degeneration \(AMD\)](#) has a genetic component, but weight gain, smoking and not wearing sunglasses are among the lifestyle factors that increase your risk for the disease. It occurs when the macula — the central portion of the light-sensing retina at the back of the eye — becomes damaged, resulting in distortion and vision loss in the center of your field of view. In the "wet" form of the disease, leaky blood vessels and scar tissue can dramatically accelerate vision loss. Taking AREDS2 supplements (a combo of vitamins C and E, zinc, copper, lutein and zeaxanthin) may slow the disease's progression. For wet AMD, regular injections of drugs into the eye can inhibit a protein called vascular endothelial growth factor (VEGF), which promotes the growth of abnormal blood vessels. There are also surgical options available. But these treatments can only slow, not stop, the progression of AMD, which can result in severe blindness.

New hope

Gene therapy: We're nearing the day when genetic causes of diseases such as AMD can be prevented or cured with gene editing. "A deactivated virus loaded with a corrected gene would penetrate cells and insert new code into your DNA like a cut-and-paste on your computer," Haller explains. In December 2017, the FDA approved this approach for a disease that causes blindness in children — the first gene therapy for any inherited disease. Experts foresee major progress in



Health Watch

New Hope for Aging Eyes

Vision problems might seem inevitable, but recent advances may lead to a clearer future

by Richard Laliberte, [AARP The Magazine](#), August/September 2018



the next decade, perhaps even programming the body to create its own -anti-VEGF medication.

Next-gen stem cells: You've heard of embryonic stem cells — and the controversies about using them. Now there's a different category of cells that can be derived from your own body and used to grow a variety of new cells and tissues, including specific retinal cells that go bad in macular degeneration. A commercially available therapy could arrive within 10 years.

An eye telescope: This is the first and only FDA-approved surgical device for people who have end-stage macular degeneration. One eye's lens gets replaced with the tiny Implantable Miniature Telescope, which magnifies the field of view and improves central vision. The device is currently limited to those who haven't undergone cataract surgery, but a new study is investigating whether swapping the telescope for a previously installed intraocular lens can safely help patients. Not seeing well when you enter a dim area is often the first hint of macular degeneration.

Dry Eye

The problem

With age, glands in the eyes produce fewer tears, as well as fewer oils that prevent tears from evaporating. More than 16 million Americans suffer symptoms; the problem is especially common in women. Over-the-counter artificial tears may help. Otherwise, doctors can prescribe anti-inflammatory eye drops to help restore glands to normal function, but these treatments aren't effective in all people and can take months to work. Another option is for a doctor to insert small plastic plugs in the corner of each eyelid near the nose to help hold tears in the eyes.

New hope

Game-changing medications: Xiidra (lifitegrast) is a topical drug that treats eye inflammation by blocking a specific antigen. "It can have an effect in as early as two weeks," says Terry Kim, an ophthalmologist at the Duke University School of Medicine. Coming soon is an eye drop with lubricin, a complex glycoprotein with novel lubricating properties.

Gland aid: The LipiFlow Thermal Pulsation System works to clear glands lining the eyelids and

improve oil secretions. During an in-office procedure, a device applies pulsing heat and pressure to the eyelid, liquefying and pushing obstructions out of the gland while protecting the eye. Patients in a small Harvard study reported improved symptoms up to three years after a single 12-minute treatment.

Eye treatment through the nose: The TrueTear Intranasal Tear Neurostimulator — a handheld device that delivers tingling energy pulses into your nose — triggers natural tear production. In a study, it significantly increased tear output in 97 patients with moderate to severe [dry eye](#).

Implantable eye drops: Dry eye can be tough to treat, partly because people get tired of putting in eye drops. Systems under development would allow deposits of medication to be implanted in eyes for gradual release over a period of months. Also, researchers are investigating ways to formulate drugs using tiny nanoparticles that could penetrate better so you don't have to use them as often. Straight lines that look wavy could signal macular degeneration.

Near- or Farsightedness

The problem

Lenses lose flexibility over time, so they're less able to change shape to focus on different distances.

New hope

Light-changing inlays: Inlays are implanted under the cornea to change light before it reaches the lens. The Kamra inlay uses a pinhole to sharpen focus in a way that's similar to closing the aperture of a camera. "Inlays are a new category of devices that may minimize the need for reading glasses," ophthalmologist Tal Raviv says.

Eye-training programs: Preliminary research suggests that staring at fuzzy lines called Gabor patches for 30 minutes a few times a week can train the brain to see better up close. Some ophthalmologists say you shouldn't get your hopes up, but the -GlassesOff app for iOS and Android devices (\$25 for three months) provides easy access to a similar program that claims to sharpen newspaper-size print after three months.

Richard Laliberte, an award-winning health journalist, has written or coauthored five books.

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Church Office Hours:
Wednesday and Thursday
from 9:30 am to 3:30 pm.



Please remember that all church activities should be scheduled on the master calendar in the church office. Thank you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	8:30 AM Men's Fellowship Breakfast @ Point Venture Club Room	3	10:30 AM Alzheimer's Support Group @ LV Library	5	6
7 10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center	8 2:00 PM Leadership Council @ Worship Center	9 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center	10 9:30 AM CWF Bible Study @ Bluebonnet Room	11	12	13
14 10:30 AM Worship Service 9:30 & 11:45 AM Choir Rehearsal @ Worship Center 4:00 PM Easter Cantata	15 10:00 AM Cancer Support Group @ LV Library 10:30 AM Christian Women's Fellowship Monthly Meeting @ Bluebonnet Room	16 8:30 AM Men's Fellowship Breakfast @ Point Venture Club Room	17 9:30 AM CWF Bible Study @ Bluebonnet Room	18 10:30 AM Alzheimer's Support Group @ LV Library		20
21 EASTER SUNDAY 7:00 AM Sunrise Service @ Hancock Park 10:30 AM Worship Service @ Worship Center	22	23 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center	24 9:30 AM CWF Bible Study @ Bluebonnet Room	25	26	27
28 10:30 AM Worship Service @ Worship Center	29	30				
<p>For more information visit the LCF website at www.lakesidechristians.org</p>						



Bette Green	01
Jan Robbins	04
Eleanor Smith.....	10
Greta Drengenberg....	20
Sandra Smith	20
Nancy Wood.....	23
Glynda Wolverson.....	27
Bonnie Walker	29



Ray & Lil Burch
April 19

If you would like to be included please send your information to the church office!!
office@lakesidechristians.org



Prayer Corner

An Easter Prayer

Good and gracious God,
Our most glorious Creator,
As we greet the signs in nature around us:
Of Spring once again regaling us in bloom,
In the songs of returning birds and fields soon to be planted,
We give you praise for an even greater sign of new life: the
resurrection of your Son,
Our Lord Jesus Christ, that we
especially celebrate at this time.
The sadness and despair of his death has given way to the
bright promise of immortality.
For the Resurrection is our guarantee that justice will
triumph over treason, Light will overcome darkness, and
love will conquer death.
As we celebrate, we also dare to ask for your grace that we
may live the promise given to us,
By imitating the life of Jesus in reaching out to the poor,
the marginalized, the least among us,
As we strive to be neighbor to all those we meet,
We ask your special blessings each and every day
on our President.
Working with him may we strive to make this great country
of ours a beacon of hope and justice in a world hungry for
peace and so in need of your love.
We praise you in this Easter season. Change our lives,
change our hearts to be messengers of Easter joy and hope.
We make our prayer through Jesus Christ,
our risen Lord forever.

Amen.

- Fr. Larry Snyder, president of Catholic Charities USA,
offered at the fourth annual White House Easter Prayer
Breakfast on April 8, 2013

March 28, 2019

Average Sunday Attendance	76
YTD Offerings	\$65,617.00
YTD Expenses.....	\$47,941.00

Lakeside Christian Fellowship

Worship Location
1922 American Drive, Lago Vista

Office
1918 American Drive, Suite 3, Lago Vista
512-267-1700, office@lakesidechristians.org

Mailing Address
P. O. Box 4874, Lago Vista, TX 78645

Rev. Rick Waters, Pastor
Rev. Chuck Smith, Minister of Outreach & Ministries

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LAKESIDE CHRISTIAN FELLOWSHIP

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