

Lakeside Christian Fellowship Ripples



SEPTEMBER 2019

VOLUME VII, NUMBER 9

Dear Members and Friends,

This is that time of year where we begin to think about next year's church funding. Pretty soon you will receive a stewardship binder that contains among other things the approved proposed budget for 2020, messages from Pastor Rick and I and other information pertinent to our fellowship of believers.

It is by your faithful standing with us that we are able to bring not only awesome worship services each Sunday but also special worship through music at Easter time and Christmas time. It also provides in addition to the operating costs, the many ministries that without your help would not exist. I'm thinking about the Faith in Action program, the Power of One or More program and the Benevolence Program which goes to help people who find themselves financially strapped in a given month. You have made it possible for this church to provide almost \$11,000 dollars so far this year to individuals and organizations such as Hill Country Community Ministries, Austin Disaster Relief Network and Heroes Night Out. Way to go church!

As you think about your pledge this month when the binder comes around, please prayerfully make a pledge that will cause your heart to smile knowing that you are doing your part to provide for the ongoing needs of Lakeside Christian Fellowship.

On behalf of the lay leadership and Pastor Rick, thank you so much for being a faithful follower of Jesus Christ and being a member of our Christian fellowship.

Blessing,

Pastor Chuck Smith

A family of faith connecting people to Christ and to each other!

LAKESIDE CHRISTIAN FELLOWSHIP Leadership Council Report for August 12, 2019

CALL TO ORDER: The Leadership Council meeting was called to order by Moderator Scott Cameron at 2:05 pm. Members present were: Scott Cameron, Dave Freeman, Don Killough, Rodger Elliott, Chuck Smith, Genie Carroll, Rick Waters, Ginger Halsted and Jean Sholes.

Scott Cameron informed the Council that Kyle Rodenbeck, the owner/landlord of our church wished to speak with the Council. He advised that he and his business partners are trying to form a long term plan for the building they own, which includes our church facility. The Council advised him that we currently have no immediate intentions to change locations.

INVOCATION: Pastor Rick Waters opened the meeting with Prayer.

Don Killough moved that the June 10, 2019 Council minutes be approved as presented. Genie Carroll seconded the motion and the motion carried..

Scott Cameron noted that the minutes should be written up and reviewed prior to going to the Ripples for publication.

FINANCIAL UPDATE: Genie Carroll distributed the Income and Expenses/Budget and the financial report and noted that expenses are in line and we are in good shape financially. Ginger Halsted moved to accept the report; Don Killough seconded and the motion carried.

STEWARDSHIP COMMISSION: Don Killough advised that the plans are well underway for the Drive. He has speakers lined up for each Sunday, leading us up to the drive. The actual drive begins on September 8.

BUILDING AND GROUNDS: After a brief discussion about the future building plans presented by Kyle Rodenbeck, Scott requested that Roger and Donna Nash visit with Kyle Rodenbeck this week to clarify current and future action that may be needed by the Council.

PASTORAL RELATIONS: Dave Freeman noted that he had been working on the budget for next year.

FAITH IN ACTION: There was nothing to report

WORSHIP COMMISSION: Ginger Halsted reported that she has been working on the special music for the upcoming Holiday season. She still has no one to line up ushers for Sunday services, but she wants to just continue as she has been doing and see if someone comes forward.

OUTREACH MINISTRIES: Reverend Chuck Smith had nothing new to report.

OLD BUSINESS: Plans are well underway for the LCF 10th Anniversary celebration. Donna Nash advised that there was a caterer lined up and a motion was made by Ginger Halsted to use the caterer, Alfred. Roger seconded and the motion carried. Chuck showed a small gift he would like to have for each guest at the celebration. Genie Carroll moved that we purchase the gifts; Dave Freeman seconded and the motion carried.

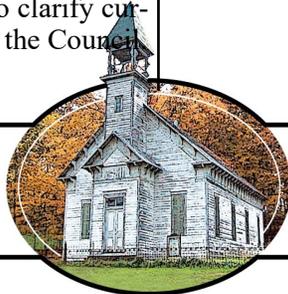
NEW BUSINESS: Scott Cameron advised that Barbara McClaid will finish out her term serving on the Nomination Committee for the rest of the year. Scott will make some calls to church members who may be interested in filling the position the beginning new year of 2020.

At 3:00 pm, the Council went into Executive Session. The budget for the 2020 year was presented and discussed. Roger Elliott made a motion that we approved the budget, Ginger Halsted seconded and the motion carried.

The meeting adjourned at 3:05 pm

Respectively submitted by
Jean Sholes, Council Secretary

CHURCH



COUNCIL

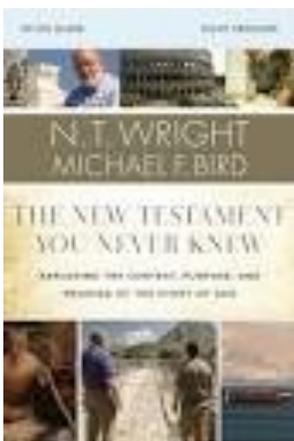
A family of faith connecting people to Christ and to each other!



LAKESIDE MEN'S BIBLE STUDY

You will discover things you never knew about Jesus' baptism and journey into the wilderness, the meaning behind his parables and miracles, the significance of his death and resurrection, the incredible expansion of the early church into the Greco-Roman world, and how the transforming mission of Jesus can still turn the world upside down today. Through reading the New Testament we continually discover that God indeed keeps his promises, but those promises don't always look like what people expected. Especially when it comes to Jesus. So, come join the journey with N.T. Wright and Michael Bird and they will help you understand the New Testament you never knew.

Join us on the 2nd and 4th Tuesdays of each month for this 8 week study with a light breakfast at 8am and discussion (8:30am). The study began August 13th.



*Contact
Chuck Smith
512-922-6233
for more information*

~ PV Men's Fellowship ~

Men,

Mark your calendar. It is time for Men's Breakfast to resume after a nice sabbatical. Hope you have enjoyed a nice summer. Breakfast resumes on Tuesday, September 3 at the Point Venture Community Center at 8:30 AM. The cooks will have prepared a scrumptious breakfast for you.

We will start the new season with an interesting program. I think everyone is aware of the condo project in Lago Vista. The condos are now open and accepting applications. One member of our church will be among the new residents. We are fortunate to have as our guest speaker on Tuesday, September 17,

Ina Spokas, VP of Development for KCG Companies, LLC., the company building the condos. I know there is a lot of interest in this project and we invite everyone from the church to attend our meeting. Please, let us know if you plan to attend the meeting to hear the speaker or if you plan to have breakfast. Our cooks do a great job of making breakfast. Additional information will be provided.

We welcome everyone back to a new year in Men's Breakfast!

Contact Dan Olson 512-267-2374 for more information

A family of faith connecting people to Christ and to each other!



Lakeside Christian Women's Fellowship

The **LAKESIDE CHRISTIAN WOMEN'S FELLOWSHIP** - is **excited** to begin the new schedule of programs in the Bluebonnet Room starting on the 3rd Monday at 10:30 am from September 2019 to May 2020. Summer vacations ending, fall will be arriving in a few weeks; meantime the newly elected 2019-2020 officers are preparing, organizing and completing plans, ready to meet and greet all the attendees over the next nine months. So please include yourself! Jan Robbins, Program Chair, has once again selected and developed a very interesting array of programs entitled

CONVERGENCE? COINCIDENCE? IT'S A GOD THING!

The convergence of events and coincidences show the hand of God working in our lives and in past events.

We will meet in the Bluebonnet Room on September 16th at 10:30 am and welcome guest, Linda McCullough, who will present the first program with her book review on **PURE GRIT** by Diane Carlson Evans, revealing the story of World War II POW Nurses in the Philippines. Expect something new and stirring from Fall 2019 to Spring 2020, from special people sharing significant stories. Please extend an invitation to all ladies in the community for an experience of learning and warm fellowship. Your presence is valued.

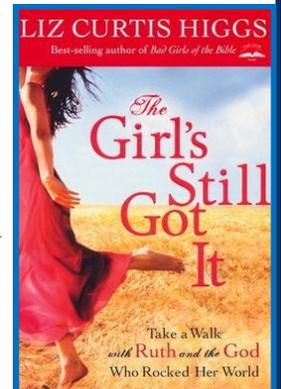
ANYONE LOVE TO TAKE PICTURES? LOVE TO CREATE A MEMORY BOOK? LOVE TO SCRAPBOOK? LOVE TO BE THE HISTORIAN OF THE WOMEN'S FELLOWSHIP? CONSIDER THIS OPPORTUNITY AND CALL LIL BURCH TO VOLUNTEER. YOU'LL LOVE IT

LAKESIDE CHRISTIAN WOMEN'S BIBLE STUDY

WOMEN'S BIBLE STUDY meets each Wednesday at 9:30 am in the Bluebonnet Room.

NEW STUDY BEGAN JULY 10th ... "The Girl's Still Got It", the book of Ruth by Liz Curtis Higgs, one of our favorite authors who also wrote, "It's Good to be Queen".

"**The Girl's Still Got It**" is a 12 chapter study book about Ruth as she travels from Moab to Bethlehem, certain of her calling, yet uncertain of her future. One of the best selling authors and President of Proverbs 31 Ministries, Priscilla Shirer, comments "this is by far the most interesting, encouraging and applicable books on Ruth she had ever read". Through this rags-to-riches redemption story---see what God is trying to teach us and recognize He has a plan for all of us. We invite you to take a walk with Ruth and the God who rocked her world.



For information on
Women's Bible
Study
contact:

Lil Burch
@ 512-267-2278
email:
raylilpv@aol.com

A family of faith connecting people to Christ and to each other!

2019 Pastor Relations Committee



Pictured from Left to Right::
Jack Tyler, Dave Freeman, Jim Orr, Jay Meierhoff and Letha Guy.
Not shown: Jan Robbins

SAVE THE DATE



**Lakeside Christian Fellowship
10th Anniversary Celebration
Catered Dinner provided by the Church**

**October 20, 2019
5 - 8 P.M.
At K-Oaks**



Health Watch

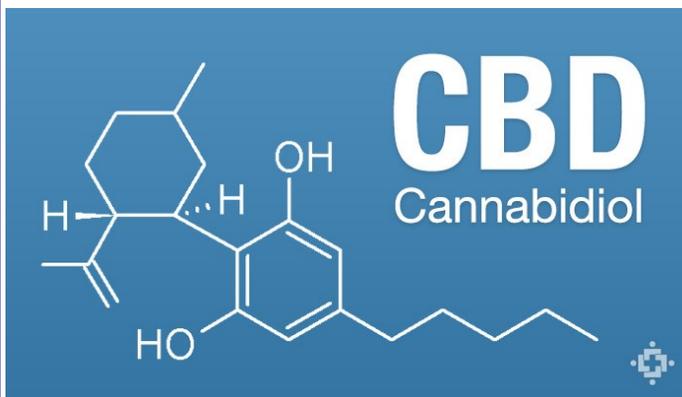
All About CBD Oil

<https://www.webmd.com/pain-management/>



What Is CBD?

It's short for cannabidiol, and it's a natural compound found in both marijuana and hemp plants. There's some evidence that it might help treat pain, seizures, and some other health problems. But much more research is needed for doctors to know for sure what it can do.



How Do You Take It?

You can take CBD oil by itself by mouth, or use one of many products that has it as an ingredient. These include pills, chewable gels, "tinctures" you drop under your tongue, vape cartridges you breathe in, creams on your skin, and foods like chocolate bars. The amount and quality of CBD in these products can be very different.

Does It Make You High?

CBD doesn't -- another substance in marijuana called THC does that. If you use a CBD product, check the label and make sure that's the only cannabinoid listed. In states where marijuana is legal, some companies put product information online that lists the amount of each ingredient.

Is It Addictive?

CBD oil by itself is not. But CBD products that also have THC can be. The key again is to know the source and check the ingredients and the amounts so you know exactly what you're using.

Where Is It Legal?

Forty-seven states now allow some form of CBD. Only Idaho, South Dakota, and Nebraska ban all marijuana use. Legal details are different by state, so do your research to make sure you're on the right side of the law. Cannabidiol oil (CBD Oil) is made from cannabis, but is non-psychoactive. CBD oil that is made from industrial hemp is currently **legal** in Texas.

Can CBD Help With Seizures?

The FDA has approved only one CBD-based drug, and it's used to treat two rare types of epilepsy: Lennox-Gastaut syndrome and Dravet syndrome. It's called Epidiolex, and it's approved for adults and kids over age 2.

Can It Ease Pain?

Scientists are working to see if it might help with arthritis, and some people with HIV say it helps relieve nerve pain (also called neuropathy). There's some evidence that it may help muscle spasms linked to multiple sclerosis, too. More research is needed to know for sure.

Does It Help Blood Pressure?

In normal conditions, CBD doesn't seem to affect this one way or the other. But researchers are studying whether it might help keep your blood pressure stable when you're stressed. More work needs to be done before scientists fully understand its effects.

Does It Help Inflammation?

Early studies show that CBD might help with this, especially if it's related to arthritis, MS, diabetes, or Alzheimer's. But scientists are still trying to prove that and figure out how it works.



Health Watch

All About CBD Oil

<https://www.webmd.com/pain-management/>



Does CBD Help Cancer?

In studies done on lab mice, CBD oil showed promise at killing breast cancer cells and making chemotherapy drugs work better. But researchers have much more work to do to see if CBD can help people in that way.

Is It Good for Your Skin?

There is evidence that CBD might be a treatment for acne. It seems to help with both the inflammation that can lead to breakouts and the amount of fatty acids in the blood, which can make them worse. It also may protect skin cells from damage.

Does It Help Psychosis?

One study showed it helped ease the symptoms of psychosis in people with schizophrenia, but more research is needed to know just how well it might work. Keep in mind that THC, which is found in a number of CBD products, can have the opposite effect, and product labels aren't always accurate.

Does It Help Addiction?

Much more study is needed, but early studies show that CBD may help people who want to break their addiction to cigarettes as well as drugs like heroin, cocaine, and methamphetamine. This may be in part because it seems to help with anxiety and muscle tension.

Are There Side Effects?

So far, CBD doesn't seem to cause serious ones. When it's used to treat epilepsy or psychotic disorders, people reported tiredness, diarrhea, and changes in appetite. But CBD can affect how other medications work, so be sure to tell your doctor about everything you take, including vitamins and supplements.

DO YOU HAVE OLD PRESCRIPTIONS THAT YOU WOULD LIKE TO DISPOSE OF?

At one time it was recommended to throw old prescriptions into household waste, that recommendation was cancelled and then it was recommended to throw old prescriptions into the toilet and flush them to send to the water treatment plant. That suggestion was also canceled. Disposal of old prescriptions has been a problem for some time and almost all pharmacies refuse to accept them for disposal and provide a mailing pouch to send to a national disposal center. Walgreens had a better idea and are providing a community service to help dispose of old prescriptions. Walgreens Pharmacies provides kiosks at some pharmacies in which you can just throw the prescription into the kiosk without any paper work or mailing hassle. There is a pharmacy in Cedar Park which has a prescription disposal kiosk. The pharmacy is located at Hwy 183 and Discovery Blvd. The kiosk is located by the prescription order counter in the rear of the store. I used it and it is as simple as it sounds.
Dan Olson



A family of faith connecting people to Christ and to each other!

Church Office Hours:
Wednesday
and
Thursday
9:30 am
to 3:30 pm



Please remember
that all church
activities should be
scheduled on the
master calendar in
the church office.
Thank you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
1 10:30 AM Worship Service @Worship Center	2  LABOR DAY	3 8:30 AM Men's Fellowship Breakfast @ Point Venture Club Room	4 9:30 AM CWF Bible Study @ Bluebonnet Room	5 10:30 AM Alzheimer's Support Group @ LV Library	6	7
8 10:30 AM Worship Service @Worship Center	9 2:00 PM Leadership Council @ Worship Center	10 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center	11 9:30 AM CWF Bible Study @ Bluebonnet Room	12	13	14
15 10:30 AM Worship Service @Worship Center	16 10:30 AM CWF Meeting @ Bluebonnet Room 10:00 AM Cancer Support Group @LV Library	17 8:30 AM Men's Fellowship Breakfast @ Point Venture Club Room	18 9:30 AM CWF Bible Study @ Bluebonnet Room	19 10:30 AM Alzheimer's Support Group @ LV Library	20 	21
22 10:30 AM Worship Service @Worship Center	23	24 8:00 AM Men's Fellowship Breakfast/Bible Study @ Worship Center	25 9:30 AM CWF Bible Study @ Bluebonnet Room	26	27	28
29 10:30 AM Worship Service @Worship Center	30 	For more information visit the LCF website at www.lakesidechristians.org				



Nan Knapp..... 4
 Betty Houghton..... 16
 Bill Webb 16
 Margy Burchette 18
 Ginny Parish 18
 Wilma Sanders24
 Warwick Andrews27
 Jeanene Wheeler29



Tom & Armor Lee Gardner
 September 12

Wayne & Donna Nash
 September 29

To be included, please send
 your information to:
office@lakesidechristians.org



Prayer Corner

*All prayers are edited and adapted from Pocket Prayers
 by Max and Andrea Lucado.*

*You, O Lord, are a shield for me, my glory and the One
 who lifts up my head. I cried to the Lord with my
 voice, and He heard me from His holy hill.*

Psalm 3:3-4

**Dear God, holy and mighty one.
 You are worthy of all praise, all honor.
 Your steadfast love amazes me each
 morning.**

**When I hear voices around me saying I am
 not good enough, help me hear your truth
 in my heart and give me strength.**

**Be with those who feel inadequate and
 doubt if anyone cares about them. When
 they question their value, give them a
 deeper sense of worth in Christ, and
 Christ alone.**

**Thank you that we don't have to fight for
 our worth because you have already
 called us your children.
 In Jesus' name, amen.**

August 2019

Average Sunday Attendance.....	68
YTD Offerings	\$159,308.00
YTD Expenses.....	\$130,854.00

Lakeside Christian Fellowship

Worship Location
1922 American Drive, Lago Vista

Office
1918 American Drive, Suite 3, Lago Vista
512-267-1700, office@lakesidechristians.org

Mailing Address
P. O. Box 4874, Lago Vista, TX 78645

Rev. Rick Waters, Pastor
Rev. Chuck Smith, Minister of Outreach & Ministries

A family of faith connecting people to Christ and to each other!

LAKESIDE CHRISTIAN FELLOWSHIP

P.O. Box 4874
Lago Vista TX 78645

Phone: 512-267-1700
office@lakesidechristians.org



www.lakesidechristians.org

