

Lakeside Christian Fellowship Ripples



AUGUST 2020

VOLUME VIII, NUMBER 8

Dear Church Family,

I pray this edition of 'Ripples' finds you and your loved ones well.

In all the strife, hardship and tragedy resulting from the Covid-19 debacle something that really disturbs me is the lack of accepting personal responsibility by countless people.

There is still considerable debate as to how this Pandemic began and who is at fault for starting it in the first place. Whether it originated by accident or intent and was initiated in China, Europe or elsewhere the pressing matter before us now is how do we contain and defeat it. By the way there are those who blame God. They say God is punishing this evil world and eradicating the sinful nature of human beings. Personally, I don't believe that God punishes the innocent due to the sins of the guilty.

What I do believe is that the latest proliferation of this Pandemic is largely the result of irresponsible behavior on the part of those who do not take the catastrophic situation seriously. There are many folks who still refuse to follow the protocol advised by scientific and medical experts. Such experts inform us that if folks had faithfully practiced social distancing, wearing masks and regular, thorough hand washing this virus could have been significantly controlled.

While we wait for improved testing procedures, more successful treatments and vaccines each of us has a responsibility to do our part to control this dreaded disease.

Blaming others is what has been referred to as "passing the buck". This is nothing new. Back in Genesis chapter 3 we read that when God found Adam hiding among the trees in the garden of Eden, the man did not own what he had done by disobeying God. It was not his fault that he had eaten the forbidden fruit. "It was the woman you gave to me", he told God. The woman in turn did not accept responsibility for what she had done, "The Serpent beguiled me and I ate" she told the Lord. They both blamed God.

William Shakespeare has Julius Caesar say to Cassius, "The fault is not in our stars but in ourselves that we are underlings." We, not God or someone else are makers of many of the troubles that we face.

It is an essential component of christian character to accept personal responsibility for our own actions. The sign on President Harry Truman's desk in the Oval Office read 'THE BUCK STOPS HERE'. The world would be a much better place if more people subscribed to that motto!

Blessings to You All,

Pastor Rick

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It has been a long hot summer and it is time to plan end-of-summer activities –like Church Stewardship. Although we have not been able to have normal church services in our sanctuary, you have been diligent in contributing your pledges to the church. We do not know when life/worship will return to normal but we need to look to the future and that includes funding the church in 2021—that is why we do a Stewardship Drive.

Because of the corona virus, we are modifying the Stewardship Drive to keep everyone safe and still use the pony express to reach everyone. If you do not have gloves and hand sanitizer, the church will provide them. We assume that everyone has their own mask. The procedure will be as follows:

1. The person delivering the Stewardship book will wear a mask and wear gloves (or use hand sanitizer) to hand the Stewardship book to the next person on the list.
2. The person receiving the Stewardship book should wear a mask during the transfer of the book.
3. The person receiving the Stewardship book should wear gloves (hand sanitizer will be available if a person chooses not to use gloves).
4. The person who has received the Stewardship book will wash hands and or use hand sanitizer before handling the Stewardship book.
5. When reading the Stewardship book and completing the pledge card the person should wear gloves.
6. When you are finished with the Stewardship book call the next person on the list or the Stewardship Shepherd.

We look forward to the time when we can meet face to face for worship and social activities. Meanwhile, follow safe practices to stay healthy.

Stewardship Chairperson, Dan Olson



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~ PV Men's Fellowship ~

**Men's Fellowship
will be suspended until further notice**

Contact Dan Olson 512-267-2374 for more information

~ **Lakeside Men's Bible Study** ~

**Men's Bible Study
will be suspended until further
notice.**

*Contact Chuck Smith 512-922-6233
for more information.*

**Lakeside Christian Women's Fellowship
&
Women's Bible Study
will be suspended until further notice.**

For information on Women's Bible Study contact:

Lil Burch
@ 512-267-2278
email:
raylilpv@aol.com

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**Helping
hand**



**“When you can’t Do
what you Do.....
Do what you
Can Do!”**



**A Big Thank
you to Ginny Parish
for all of your hard
work in assisting in
the clean
up and out of the
LCF Worship Center!**



Health Watch



How to Properly Wear a Facemask

Clinical Contributors to this Story

[Joseph P. Underwood, M.D., MHCDS, FACEP](#) contributes to topics such as **Emergency Medicine**.

As the fight to contain COVID-19 continues, the Centers for Disease Control and Prevention (CDC) has recommended wearing face coverings in public—and many states, including New Jersey, have mandated it. When used correctly, face coverings can help protect those you may come into contact with if you are infected but do not show symptoms. Here's what you need to know about helping slow the spread of COVID-19 by using a face covering.

What Can I Use as a Face Covering?

The CDC continues to recommend that medical-grade masks, such as surgical masks and N95 respirators, stay reserved for health care workers and other medical first responders since those are still in short supply. But simple cloth face coverings using household items or made from common materials can do the trick. The CDC offers [instructions on creating face coverings](#) from cotton fabric and elastic, a bandana or even an old T-shirt.

How Should I Wear a Face Covering?

To properly wear a face covering:

- Always cover both your mouth and nose with it.
- Ensure it fits snugly but comfortably against the sides of your face.
- Secure it with ties or ear loops.

Press down on the area around your nose to make sure the mask molds to your face as much as possible.

It's also important to remember that every time you adjust your face covering or take it on and off, you're touching your face. Be careful not to touch your eyes, nose or mouth when removing your face covering, and wash your hands immediately after doing so.

How Do I Clean a Reusable Face Covering?

Reusable face coverings should be washed regularly, ideally after every use. You can use the washing machine and even wash it with other clothes. If you don't have a washing machine, hand wash your face covering with warm or hot water and soap.

How Can I Keep My Glasses From Fogging up While Wearing a Face Covering?

To prevent eyeglasses or sunglasses from fogging up, try these tips:

- Wash your glasses with soap and water before wearing your face covering. (Dish soap works well.)
 - Spray your glasses with snow goggle anti-fog spray before wearing your face covering.
- Place a folded paper towel or tissue between your mouth and face covering to absorb the moist, warm air.



PROPER MASKING



Wearing a mask properly over your nose and mouth with a snug fit will help protect you and others from spreading COVID-19.



Health Watch



How to put on and remove a face mask

<https://www.sfdcp.org/communicable-disease/healthy-habits/how-to-put-on-and-remove-a-face-mask/>

Disposable face masks should be used once and then thrown in the trash. You should also remove and replace masks when they become moist.

Always follow product instructions on use and storage of the mask, and procedures for how to put on and remove a mask. If instructions for putting on and removing the mask are not available, then follow the steps below.

How to put on a face mask

1. Clean your hands with soap and water or hand sanitizer before touching the mask.
2. Remove a mask from the box and make sure there are no obvious tears or holes in either side of the mask.
3. Determine which side of the mask is the top. The side of the mask that has a stiff bendable edge is the top and is meant to mold to the shape of your nose.
4. Determine which side of the mask is the front. The colored side of the mask is usually the front and should face away from you, while the white side touches your face.
5. Follow the instructions below for the type of mask you are using.
 - o *Face Mask with Ear loops:* Hold the mask by the ear loops. Place a loop around each ear.
 - o *Face Mask with Ties:* Bring the mask to your nose level and place the ties over the crown of your head and secure with a bow.
 - o *Face Mask with Bands:* Hold the mask in your hand with the nosepiece or top of the mask at fingertips, allowing the headbands to hang freely below hands. Bring the mask to your nose level and pull the top strap over

your head so that it rests over the crown of your head. Pull the bottom strap over your head so that it rests at the nape of your neck.

- o Mold or pinch the stiff edge to the shape of your nose.

- o If using a face mask with ties: Then take the bottom ties, one in each hand, and secure with a bow at the nape of your neck.

Pull the bottom of the mask over your mouth and chin.

How to remove a face mask

1. Clean your hands with soap and water or hand sanitizer before touching the mask. Avoid touching the front of the mask. The front of the mask is contaminated. Only touch the ear loops/ties/band. Follow the instructions below for the type of mask you are using.

2. *Face Mask with Ear loops:* Hold both of the ear loops and gently lift and remove the mask.

3. *Face Mask with Ties:* Untie the bottom bow first then untie the top bow and pull the mask away from you as the ties are loosened.

4. *Face Mask with Bands:* Lift the bottom strap over your head first then pull the top strap over your head.

Throw the mask in the trash. Clean your hands with soap and water or hand sanitizer.



Health Watch

5 Mask Mistakes People Make



<https://www.hackensackmeridianhealth.org/HealthU/2020/07/10/5-mask-mistakes-people-make/>

We can anticipate that face masks will continue to be a part of our everyday life as COVID-19 lingers in our communities. Every public place, from a doctor's office, to the supermarket, to an outdoor dining experience, will require you to wear a mask to prevent the spread of virus.

COVID-19 can be spread through respiratory droplets when an infected person speaks, sings, coughs or sneezes. Once released, the respiratory droplets can travel through the air about 6 feet and infect someone. Everyone can help prevent the spread of COVID-19 by wearing a mask the right way.

But, many people out there simply don't have a ton of experience wearing a mask and may be wearing them incorrectly. To help, we've put together an easy [guide on how to wear a mask correctly](#).

Just as important as knowing how to wear a mask correctly, everyone should understand some of the common mistakes to avoid. Here are five common mask mistakes we're seeing:

1. Nose Out

Wearing the mask over your nose ensures that your respiratory droplets or nasal mucus remains within your mask and also helps provide some level of protection from other people's infectious droplets contacting the inside of your nose.



2. Mask Around Chin

Cloth face coverings and disposable masks are designed to be worn over your nose and mouth to help stop the spread of your respiratory droplets and to prevent you from exposure to other people's respiratory droplets. If everyone wears a mask, it greatly helps reduce the spread of germs – but you must wear it over your face and nose for it to work.



3. Ripped, Dirty or Damaged Mask

Any rips or tears in a mask renders it ineffective. You should also change out your mask if it becomes wet, soiled or shows signs of wear or the elastic gets broken or stretched out. If you're using a cloth face covering, you should wash it after every use.

Just like other materials and pieces of clothing, they can become contaminated by bacteria and viruses in our environment and can cause an infection if they're worn for a prolonged period of time without being cleaned.



4. Exposed Chin



Leaving your chin exposed can cause viruses to contact the skin on your face and easily get transferred to your eyes, nose or mouth. An exposed chin can also cause germs to spread from your mouth to others around you. Plus, having a mask sit high on your face can be uncomfortable for your eyes and fog up your eyewear.

Be sure your mask is fit snugly against your chin for the best performance.

5. Not Wearing A Mask

Masks are most effective when everyone is wearing them. They are not just important for those at high risk for severe complications of COVID-19, such as the elderly or immunocompromised. By wearing a mask you're doing your part to protect yourself and others against the virus.





Health Watch



How to Make Face Mask with a Bandana and Hair Ties

by Sarah/Mask designs are based on the [CDC designs](#) available on their website.

One of the simplest and quickest ways to [make a no-sew face mask](#) is with a bandana (handkerchief or large cloth napkin) and two hair ties. If you have those materials at home, you can make a simple cloth face-covering in about a minute.

First, lay the handkerchief, bandana, or piece of fabric flat. Fold the top and bottom inward to meet in the middle. Then, fold the bandana in half again. There will be four layers of fabric.



Next, use two hair ties to create ear loops. Slip one hair tie over each of the ends. Slide the hair ties a few inches toward the middle of the folded bandana.

Then, fold the ends of the bandana in to meet in the middle. You want the ends to overlap slightly, so you can tuck one end into the other. This will help keep the ends secure.



Wear the mask with the smooth side out and the ends against your face.



If the mask feels too tight around your ears, then you can adjust the position of the hair ties to make it wider.

Remember to wash the bandana after each use, or if it becomes moist during use.

Using Rubber Bands Instead of Hair Ties

If you don't have hair ties — or find them uncomfortable around your ears — then you can substitute simple rubber bands. Fold the bandana in the same way, but use rubber bands instead of hair elastics.

Using Fabric Strips Instead of Hair Ties

If you would prefer to tie the mask around the back of the head, instead of behind the ears, then you can secure the mask with fabric ties.



To make the strips, I cut two 1"-wide, 18"-long strips from a t-shirt. Lay the strips down in the same place you would have put the hair ties, and fold the bandana the same way as before.

Wear the mask by tying the fabric strips behind your head and neck.



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Aneta Stovall's 99th Parking Lot Birthday Bash

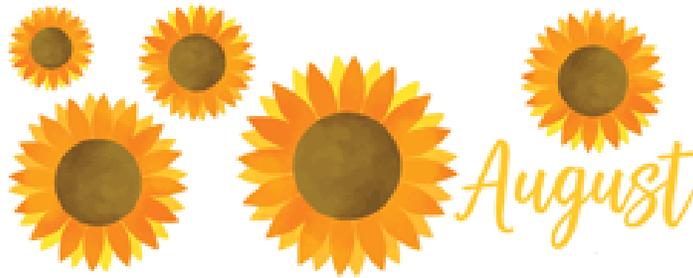


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Church Office Hours:
Wednesday and Thursday
from 9:30 am to 3:30 pm.



Please remember that all church activities should be scheduled on the master calendar in the church office. Thank you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 10:30 AM Worship Service Streaming	3	4	5	6	7	8
9 10:30 AM Worship Service Streaming	10 2:00 PM Leadership Council @ Worship Center	11	12	13	14	15
16 10:30 AM Worship Service Streaming	17	18	19	20 	21	22
23 10:30 AM Worship Service Streaming	24	25	26	27	28	29
30 10:30 AM Worship Service Streaming	31			For more information visit the LCF website at www.lakesidechristians.org		



Tom Gardner	2
Tommie Thompson	2
Burt Burchette	4
Linda Harting	5
Darrell McClaid	5
Dawn Thompson	6
Don Killough	9
Jean Mangum	20
Janette Howle	24
Clyde Hance	25
Maja Linderman	29



Ed & Shirley Sherwood
August 2

Jim & Letha Guy
August 6

Burt & Margy Burchette
August 28

Charlie & Nan Knapp
August 29

Rick & Sharon Waters
August 29

Please send your information to:
lakesidechristianfellowship@yahoo.com

Prayer Corner

*Edited and adapted from Pocket Prayers
by Max and Andrea Lucado*



“O Lord God, You are God, and Your words are true, and You have promised this goodness to Your servant.”

2 Samuel 7:28

Almighty God, you speak and it is done. Your words are true. They are powerful and they bring life. Would you give me a desire for your words? Sometimes I feel anxious but do not turn to scripture. I am fearful yet forget to ask you for protection. I am weak but reluctant to ask you for strength. Renew my desire for your constant help and remind me to return to your Word. Make your word close to my friends in need today. Please bring to their minds the words they need for encouragement and direction. Thank you that the Bible is all I need. Thank you for giving it to us as a gift and a guide. May I never take that for granted. In your name I pray this, amen.

July 2020

YTD Offerings	\$128,857.00
YTD Expenses	\$107,614.00

Lakeside Christian Fellowship

Worship Location
1922 American Drive, Lago Vista

Office
1918 American Drive, Suite 3, Lago Vista
512-267-1700, office@lakesidechristians.org

Mailing Address
P. O. Box 4874, Lago Vista, TX 78645

Rev. Rick Waters, Pastor
Rev. Chuck Smith, Minister of Outreach & Ministries

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