

Lakeside Christian Fellowship Ripples



DECEMBER 2020

VOLUME VIII, NUMBER 12

Church Family,

I pray this note finds all of you reasonably well and staying safe during the Pandemic.

Sunday, November 29 is the beginning of the Advent-Christmas Season. The word 'Advent' comes from the Latin word 'Adventus' which means 'Coming'. Advent is usually observed during the four Sundays preceding Christmas.

Traditionally, Advent is a time when Christians celebrate the Comings of Christ:

1. His first coming at Christmas in Bethlehem two millennia ago as baby Jesus
2. His coming into our daily experience by the Word of God in Scripture and the ministrations of the Holy Spirit
3. Advent is also a time when we Christians ponder Christ's Return in final victory at the consummation of history as we know it

The Church has observed the Season of Advent for centuries and a number of traditions have evolved in its observance and celebration.

At Lakeside Christian Fellowship we observe Advent in several ways. For one we decorate the Worship Center with wreaths made by some of our church members. The wreaths are adorned with ornamentation suitable for the season and are displayed on the east and west walls of the Worship Center.

We also have a Chrismon Tree exhibited which is covered with various symbols of Christ. In addition each Sunday during Advent a team of two persons will read selected scriptures and light a candle of the Advent Wreath. The Advent Wreath contains three purple candles, the liturgical color for the Advent Season, and one pink candle which is lit on the Third Sunday of Advent also known as 'Gaudete' Sunday which is derived from Latin for 'Rejoice' at the Coming of Christ. At the center of the Advent Wreath is the large Christ candle which is usually lit on Christmas Eve or Christmas Day. We do not have service on Christmas Day unless it falls on a Sunday. We will not have Christmas Eve Service this year due to Covid. Therefore, the Christ Candle will be lit on the Fourth Sunday of Advent.

A family of faith connecting people to Christ and to each other!

A family of faith connecting people to Christ and to each other!

The themes for the four Sundays of Advent this year are Joy, Peace, Hope and Love. I would like to thank those who agreed to participate in the Advent Lighting as well as the persons who volunteered to decorate the Worship Center. Our musicians, William Parcher and Cindi Brewer will share sacred music in keeping with the Advent Christmas Season. The hymns we sing and the sermons Pastor Chuck and I will preach will be in keeping with the themes of Advent-Christmas.

Although it has been a most difficult year and at this writing we are still smarting from the affects of Covid-19 as well as the continued dilemma following the Election, we still have reason to celebrate during Advent- Christmas. God Almighty has come to visit our world long ago as a tiny baby to pave the way for our Salvation and Eternal Life. He comes again into our daily lives when we make room to let Him in. He will come again one day and right the wrongs of this world.

Thanks to all of you who have stayed with us and supported us during these trying times.

From our House to Yours With the Love of Jesus,
Merry Christmas and Happy New Year

Rick and Sharon Waters

Lakeside Christian Fellowship –Annual Congregational Meeting

The annual congregational meeting was held on Sunday October 25. Ministry Chairs gave brief reports on their committee activities for 2020. There were three motions for approval by the congregation. There were 21 members of the congregation in attendance at the meeting and 50 mail-ballots. The three ballots were:

- Approve the budget for 2021.
- Due to the Covid 19 virus, the Leadership Council recommended that all officers in 2020 continue in their positions during 2021.
- There was a motion to elect members of the Nominating Committee.

The three motions were approved by unanimous vote of the congregation.



Pastor Chuck Smith



Pastor Rick Waters



Moderator Donna Nash

2020 Advent ~ Christmas Calendar



Sunday, November 29
First Sunday of Advent
10:30 am Worship

Sunday, December 6
Second Sunday of Advent
10:30 am Worship



Sunday, December 13
Third Sunday of Advent
10:30 am Worship

Sunday, December 20
Fourth Sunday of Advent
10:30 am Worship



Sunday, December 27
First Sunday after Christmas
10:30 am Worship

Sunday, January 3
Epiphany Sunday
10:30 am Worship



LAKESIDE CHRISTIAN FELLOWSHIP
Leadership Council Report for October 12, 2020

The Leadership Council meeting was called to order at 2 pm October 12, 2020 by Moderator Donna Nash. Council members present were Donna Nash, Genie Carroll, Dave Freeman, Wilma Sanders, Dan Olson, Rodger Elliott, Chuck Smith and Jean Sholes.

INVOCATION: Rev. Chuck Smith opened the meeting with prayer.

OPENING REMARKS: Donna Nash – A thought to Ponder – You have brains in your head, feet in your shoes, you can steer your life however you want. Dr. Sues

Approval of LCF Minutes:

Regular Meeting – September 14, 2020 Approved as written by acclamation.
(1)

COMMISSION REPORTS

FINANCIAL UPDATE: Genie Carroll reported that we have used $\frac{3}{4}$ of our budget and that while contributions are below normal, we continue to be in good shape financially.

STEWARDSHIP COMMISSION: Dan Olson reported that the books for the drive have all been returned. Pledges are down this year. In light of the lower pledge amounts, Dan and Donna met and reduced the proposed budget by \$2,150. lowering amounts

where possible. (2) A motion was made by Genie Carroll to approve the revised budget, Wilma Sanders seconded and the motion carried.

BUILDING AND GROUNDS: Rodger Elliott reported that the new air conditioner installed by the Rodenbecks is working well. He had a meeting with the Rodenbecks – that will be discussed later under new business

FAITH IN ACTION: Wilma Sanders reported that there is an overage of \$427.19 from the school supplies budget. It will be donated to the Hill Country Ministries. Wilma will contact the Austin Relief and Hero's Night Out Programs to see if they are in need of anything additional for their programs.

WORSHIP COMMISSION: Dave Freeman advised that he has visited with the potential cleaner of the sanctuary and he needs a list of the exact work we want done. Donna will help Dave get that together. Dave reported that Bill and Cindy continue to work well together and provide beautiful music for our Sunday services.

OUTREACH MINISTRIES: Pastor Chuck reported that the Alzheimer and Cancer support groups continue to be suspended due to the Covid Virus. He reported that last week's service on U Tube was accessed by 47 viewers and 59 listened to the audio.

CHURCH



COUNCIL

LAKESIDE CHRISTIAN FELLOWSHIP
Leadership Council Report for October 12, 2020

OLD BUSINESS

The Consent for Cameras has been posted on the bulletin board for all to see

Health alert continues

The church opened for Worship Services on 9/13/2020

October 25, 2020 for our Congregational Meeting

There was a brief discussion about enabling Internet/Electronic Funds Transfer so members may pay their tithes and make donations that way, should they choose to do so. (3) Genie Carroll moved that we let our members know that they have that option. Dave Freeman seconded and the motion carried.

NEW BUSINESS

We are accepting donations for the Thanksgiving dinners for local families who are in need at this time

Approval to send out Congregational Meeting information to Members to vote by mail or e-mail. Rodger Elliott moved that we do so; Wilma Sanders seconded and the motion carried.(4)

Donna reported that she, Rodger and Chuck are meeting with the Rodenbecks regarding their willingness to let the church occupy the entire building. There will be lots of work to do to get the place ready. The Council agreed that the discussions with the Rodenbecks should continue.

The meeting adjourned at 3:30 pm

Motions Made

1. The September 14, 2020 minutes approved by acclimation
2. Motion to approve the revised 2021 budget
3. Motion to make on line payment available to members for their contributions
4. Motion to approve the mailing of Congregational Meeting information to members so they may vote by mail or e-mail

Respectively submitted by
Jean Sholes, Secretary



CHURCH  COUNCIL

LAKESIDE CHRISTIAN FELLOWSHIP

2020 Annual Congregational Meeting for October 25, 2020

Establishing a Quorum: The annual meeting was called to order by Moderator Donna Nash at 11:12 am. A count of members present and email/mail-in responses received confirmed that there was a quorum and we could conduct the business of the church.

INVOCATION: Pastor Rick Waters gave the Invocation.

WELCOMING REMARKS: Council Moderator, Donna Nash, welcomed all present. Ms. Nash noted that this has been a challenging year due to the Covid epidemic. Many alterations and changes in the traditional church business and church worship were implemented to ensure the safety of our members and constituents. A brief list of the past activities during 2020 were summarized.

FAITH IN ACTION: Wilma Sanders, Chair reported on the many areas that the church has donated both to the community and to individuals in need.

PASTORAL RELATIONS: Dave Freeman, Chair reported that the budgeted salaries for the staff were for a cost of living increase. Also noting, Pastor Rick was decreasing his work load while Pastor Chuck was increasing his work load. The Pastors salaries reflected that adjustment.

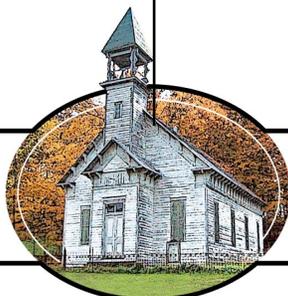
STEWARDSHIP DRIVE: Genie Carroll, Treasurer read the report for Dan Olson Stewardship Chair. A copy of the proposed budget was given to all present and also mailed, to each member. Our membership has stayed at 119 for the past 3 years. Income was down a bit due to the 7 months of not conducting in-person services, yet our Year to Date P&L still shows a profit at this time.

BUILDING & GROUNDS: Rodger Elliott, Chair noted the Leadership Council and Task Force were in negotiations with the landlord of the sanctuary to extend our lease and expand into the entire building. Follow-up will be forthcoming.

NOMINATING COMMITTEE: Jim Guy, Chair reported the committee requested a rollover of current Leadership Council Members. Mr. Guy also noted there were 3 vacancies. Proposed additions are: Dan Olson for Stewardship, Lance Bass for Pastoral relations member and Ginny Parish for Pastoral relations. No additional nominations from the floor were presented.

*Jack Tyler made a motion to accept the Budget for 2021 as presented, Letha Guy 2nd the motion. Motion carried (1)

CHURCH



COUNCIL

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LAKESIDE CHRISTIAN FELLOWSHIP

2020 Annual Congregational Meeting for October 25, 2020

*Mary Ann Childs made a motion to accept the Officers and Ministry Chairpersons nominated for 2021 as presented, Sue Thompson 2nd the motion. Motion carried (2)

*Mary Ann Childs made a motion to accept the nomination committee for 2021 as presented, Genie Carroll 2nd the motion. Motion carried (3)

With the members present at the Annual Congregational Meeting and the members responding by mail- in ballot, all motions were approved by unanimous decision.

Ms. Nash thanked everyone for attending and participating in the mail-in vote. An audio taping of the 2020' Annual Congregational Meeting was offered on U-Tube for those unable to attend in person.

Pastor Chuck Smith closed with a prayer. The meeting was adjourned.

Submitted by Donna Nash in absence of Secretary Jean Sholes

Motions:

1. Budget 2021
2. Officers / Ministry chairpersons 2021
3. Nomination Committee 2021



Pastoral Relations
Dave Freeman



Building & Grounds
Rodger Elliott



Stewardship
Dan Olson



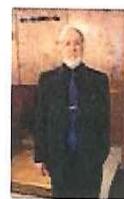
Pianist
Cindi Brewer



Faith in Action
Wilma Sanders



Treasurer
Genie Carroll



Director of Music
William Parcher

CHURCH



COUNCIL

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Dear Church Family,

We have been blessed with an opportunity that will bolster our missions and ministry to God. A Family of Faith connecting people to Christ and to each other.

Several weeks ago we had our annual Congregational Meeting. At that time our Building & Grounds Chair, Rodger Elliott, stated that we were in negotiations with the landlord of our Sanctuary to lease the entire building. The landlords have since relocated, vacating the other half of the building. Negotiations have been completed and for an additional \$300 per month plus utilities, we will be leasing the entire building. The new lease will give us the benefits of church socials, musicals, bible studies, lunches & dinners, crafts and fellowship. It's a "Fellowship Hall."

The business office and the pastor's office will also be moved into the new area of the building. We will no longer have a separate lease space in the Re-max Building. Our joy and excitement is overwhelming. There is a need for lobby furniture, kitchen supplies, a desk and credenza, and many other items. If you feel led to assist in these areas, please notify myself, Donna Nash or Treasurer Genie Carroll. Your talents and treasures would be greatly appreciated.

Another area of interest is this, each year we usually have an excess of income verses budget. We then have blessed our staff with a bonus gift at the end of the year for their dedicated duties to our church and its members. As you are aware, the pandemic hit hard this year and income was down due to the services brought to you on-line instead of in-person. If you feel led to give a love gift for our staff (Pastor Rick & Pastor Chuck, musicians Bill Parcher & Cindy Brewer, office staff Debbie Reed & Linda Anderson) please send or drop it by the office by Dec. 8th. Write on the envelope *Staff Appreciation*. We will be sure to give our staff a Happy Christmas!

Thank you for your Love & Support to Lakeside Christian Fellowship.

Donna Nash, LCF Moderator

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WELCOME

New Members



New Members joining Sunday,
November 8, 2020.

Cindi and Brett Brewer joined our church by transfer from another church in Lago Vista. Cindi is our church pianist and her husband, Brett works for Bass Pro Shops. The Brewers live in Cedar Park

Steve and Elyse Ernst joined our church by transfer from another church in Lago Vista. They are both retired and live at The Hollows.

Please make them feel at home in our church family and we hope that you can meet them at first opportunity.

Thank God for their decision to become a part of Lakeside Christian Fellowship.

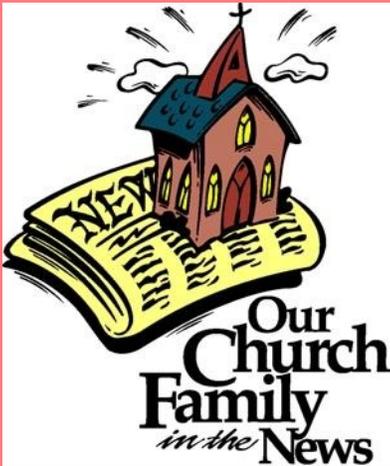


Welcome New Members
Steve and Elyse Ernst
Joined on November 8, 2020



Welcome
New Members
Brett and Cindi
Brewer
Joined on
November 8, 2020
(Brett not pictured)

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Rodger Elliott and Kyle Rodenbeck signing the new lease agreement for the expansion of Lakeside Christian Fellowship on November 9, 2020.

Chief Donnie Norman of ESD #1 credited Lakeside Christian Fellowship for the "Thanks to First Responders" sign in Jonestown by posting it on their Facebook page.

A Special THANK YOU to Enrique Lopez for posting the sign and showing our support for the first responders!



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Pop and Drop

Thank you to
Dick and Wilma Sanders
for their donation of flowers to
the pop and drop ministry, after
we enjoyed them at
Sunday's service.

(The flowers were donated
in memory
of Dick's daughter)



"A RAINBOW OF ROSES"
In memory of
Bob Woolsey

Thank you
Jack & Paula Tyler
And
Fred & Fran Pontesso
for the flower donations used
for the
Pop & Drop Ministry!



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IT'S BEGINNING TO LOOK A LOT LIKE CHRISTMAS!



Wayne Nash and Ginny Parish decorating the Worship Center for the upcoming Christmas season!



Pastor Rick Waters getting the Christmas Wreaths ready for display!



The Advent Wreath:

The 3 purple candles, are the liturgical color for the Advent Season

The pink candle represents “rejoice at the coming of Christ” and is lit on the Third Sunday of Advent

The Christ Candle in the center of the wreath will be lit on the Fourth Sunday of Advent

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The Chrismon Tree



Decorating the Chrismon Tree are
Judy Guthrie and Sara Bush

Thank you to all of our
wonderful volunteers for
your help with the
decorating!



Donna Nash, Judy Guthrie and
Ginny Parish



Health Watch



https://aginghealthytoday.com/2020/10/19/back-strengthening-exercises/?utm_source=bdat&utm_medium=email&utm_campaign=1030-Eliminating-Bad-Breath-AHT-BDO&utm_content=hb3865n438ef2

Back Strengthening Exercises

October 19, 2020 by [Aging Healthy Today](#)

Sitting on a chair all day or lying in bed for long periods can weaken the back and the surrounding muscles. However, there are a few exercises you can incorporate into your daily routine to ensure that your muscles stay healthy and active.

Here are a few back strengthening exercises:

1. Bridges



The Gluteus maximus is the largest muscle of the buttocks. Performing bridges helps strengthen this muscle, usually engaged when people move their hips or bend into a squat position. The gluteus maximus is one of the most crucial muscles of the human body as it helps support the lower back.

Here's how you can perform a bridge:

- o Find a flat surface and lie down on the ground. Bend your knees and place your feet flat on the floor. Make sure that they are hip-width apart.
 - o Put pressure on your feet, pressing them into the floor. Keep your arms by your sides.
 - o Slowly and carefully raise your buttocks off the floor. Keep going until your body is perpendicular and forms a straight line from the shoulders to the knees.
 - o When you get into this position, squeeze your buttocks, ensuring that the shoulders are flat against the floor.
 - o After a minute, lower your buttocks to the floor and take a small break.
 - o Repeat this set 10 to 15 times, and then rest for 1-minute.
- Try to do three sets of this exercise.

2. Lower Back Rotational Stretches



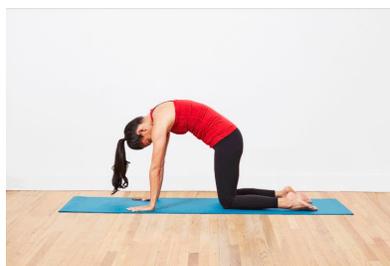
If you are facing some tension in your lower back and trunk area, the lower back rotational stretch is perfect as it helps work the core muscles in the body.

Working these muscles also helps improve stability and overall posture.

Here's how you can perform lower back rotational stretches:

- o Lie down straight on the floor with your knees bent and feet flat.
- o Your shoulders should be pressed firmly to the floor. Slowly and gently roll both bent knees to one side of the floor.
- o Hold that position for 10 seconds.
- o Come back to the starting position with your knees bent and feet flat on the floor.
- o Slowly and gently roll both the bent knees on the opposite side of the floor.
- o Repeat this posture on each side three times.

3. Cat Stretches



The cat stretch is known to make the back stronger and easy any form of tension in the muscles.

Here's how you can perform a cat stretch:

- o Get into the position of a cat with your hands and



Health Watch



https://aginghealthytoday.com/2020/10/19/back-strengthening-exercises/?utm_source=bdat&utm_medium=email&utm_campaign=1030-Eliminating-Bad-Breath-AHT-BDO&utm_content=hb3865n438ef2

knees on the floor. Make sure your knees are hip-width apart.

- o Slowly arch your back and pull the belly button up towards the spine.
- o Carefully relax your muscles, allowing the abdomen to face the floor.
- o Come back to your starting cat position.
- o Repeat this exercise 3 to 5 times, twice a day.

4. Lying Lateral Leg Lifts

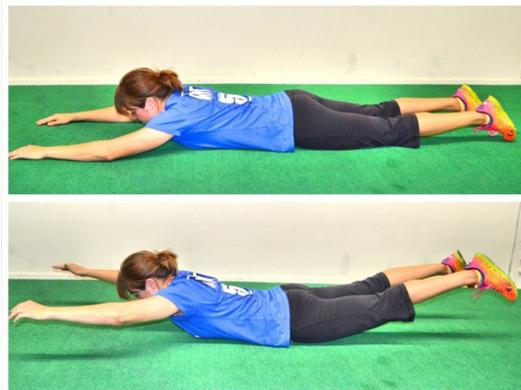


Lying lateral leg lifts are great for the hip abductor muscles. These muscles help reduce pressure on the back while supporting the pelvis. It is important to keep the hip abductor muscles strong as they are used to maintain mobility. If these muscles weaken, your mobility can be affected.

Here's how you can perform lying lateral leg lifts:

- o Lie on the floor on one side with your legs flat together
- o Slightly bend the lower leg.
- o Tuck in your belly button so that your core muscles are activated
- o Slowly raise the top leg to a 35-degree angle, making sure to keep it straight and extended. Do not bend the knees.
- o Hold your position for three seconds.
- o Repeat ten times
- o Slowly turn your body on the other side and repeat the same movement with your other leg.
- o Repeat ten times.

5. Superman



To maintain good posture, strong back extensors are of utmost importance. You will find these muscles on either side of your spine. Having weak back extensors will lower spinal and pelvic support. However, performing a superman can help strengthen the spine. Here's how you can perform a superman:

- o Bring yourself to the floor, face down, making sure to keep a mat underneath.
- o Stretch out both your arms in front of your body as you lie on your stomach. Stretch out your legs at the same time, making sure that they are flat against the floor. Do not bend them.
- o Slowly raise your arms and legs off the floor at the same time. Try to keep them 6-inches away from the floor.
- o Pulling in the bellybutton when lifting your body off the floor will help tighten and engage the core muscles.
- o To avoid neck injury, look down at the floor and keep your head straight. Avoid talking to anyone while you hold this pose.
- o Try to stretch your hands and feet as far as possible.
- o Hold this position for a few seconds. Do not overexert yourself.
- o Come back to the starting position. Repeat this position ten times.

What are you waiting for? Include these exercises into your routine and notice the difference yourself!

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Church
Office Hours:
Wednesday
and
Thursday
9:30 am
to 3:30 pm



Please remember
that all church
activities should be
scheduled on the
master
calendar in the
church office.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 10:30 AM Worship Service @Worship Center & Live Streaming	30	1	2	3	4 Covid testing at K-Oaks clubhouse 9AM—4 PM	5 Covid testing at K-Oaks clubhouse 9AM—4 PM
6 10:30 AM Worship Service @Worship Center & Live Streaming	7	8	9	10	11	12
13 10:30 AM Worship Service @Worship Center & Live Streaming	14 2:00 PM Leadership Council Meeting @ Worship Center	15	16	17 	18	19
20 10:30 AM Worship Service @ Worship Center & Live Streaming	21	22	23	24 MERRY CHRISTMAS EVE! Office Closed Christmas Holiday	25 MERRY CHRISTMAS! 	26
27 10:30 AM Worship Service @ Worship Center & Live Streaming	28	29	30	31 Office Closed 	1 	
				<div data-bbox="852 1774 1477 1974" style="background-color: #006400; color: white; padding: 10px;"> For more information visit the LCF website at www.lakesidechristians.org </div>		



Carolyn Bass	3
Shirley Moore	16
Jim Guy	18
Gene Glass.....	26



Mike and Theresa Sholes	12/8
Bonnie & Sid McClung	12/10
Fran & Fred Pontesso	12/22

To be included, please send
your information to:
lakesidechristianfellowship@yahoo.com

Prayer Corner

Dear Lord Jesus,

You are the light of the world and the Prince of Peace that this world desperately needs. How I thank and bless You for coming to earth to die on the cross for our sins, so that all who believe in Your name might be given peace with the Father and may receive Your peace and love into their hearts.

Shine the light of Your love deep within the hearts of all those that do not know You as Savior. Light the minds of those that are blinded to the truth of the glorious gospel of Christ Jesus our Lord. And Lord, I pray that You would draw many into Your arms of forgiveness so that they too might be made right before God and receive His peace into their hearts at this time so that the goodwill that was promised by the angels so many years ago, might become their portion this Christmastime.

Grant all those that know and love You as Savior, to be specially blessed this Christmas and may You draw each one ever closer to Your heart of love, in a world that is becoming darker, so that the light of Your truth may shine through us to a world who needs Jesus, in Whose name I pray,
Amen.

Source: <https://prayer.knowing-jesus.com/prayer/prayer-for-all-men-this-christmastime-751>

November 2020

YTD Offerings	\$191,244.
YTD Expenses.....	\$171,487.

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**COVID - 19
TESTING EVENT**

NO APPOINTMENT NECESSARY

PLEASE WEAR
A MASK
WHEN IN PUBLIC



**FRIDAY 12/4
SATURDAY 12/5**

**K OAKS CLUBHOUSE
7000 BAR K RANCH ROAD**

9 AM - 4 PM

**COVID-19 CURATIVE
MOUTH SWAB TEST**

HOSTED BY TDEM, LVPOA, TCESD1

**FOR INFORMATION,
CALL 512.267.3586**



FREE COVID-19 TESTING EVENT HERE IN LAGO VISTA

Texas Division of Emergency Management, Travis County ESD #1, and LVPOA are hosting a **COVID-19 TESTING EVENT**

Friday, December 4 and Saturday, December 5, 2020

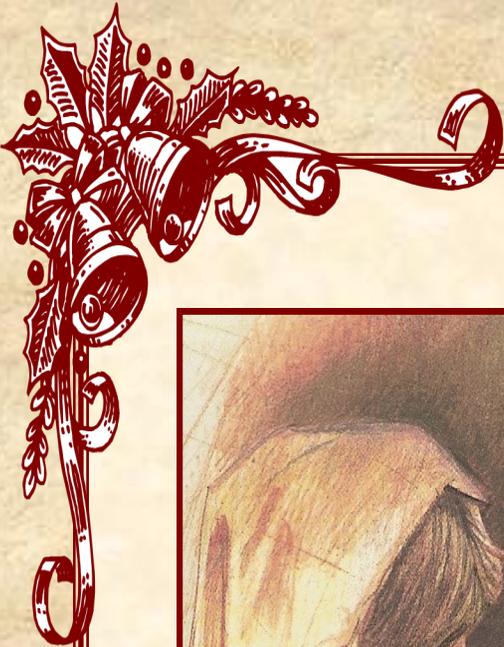
9 a.m. - 4 p.m.

K Oaks Clubhouse, 7000 Bar K Ranch Road

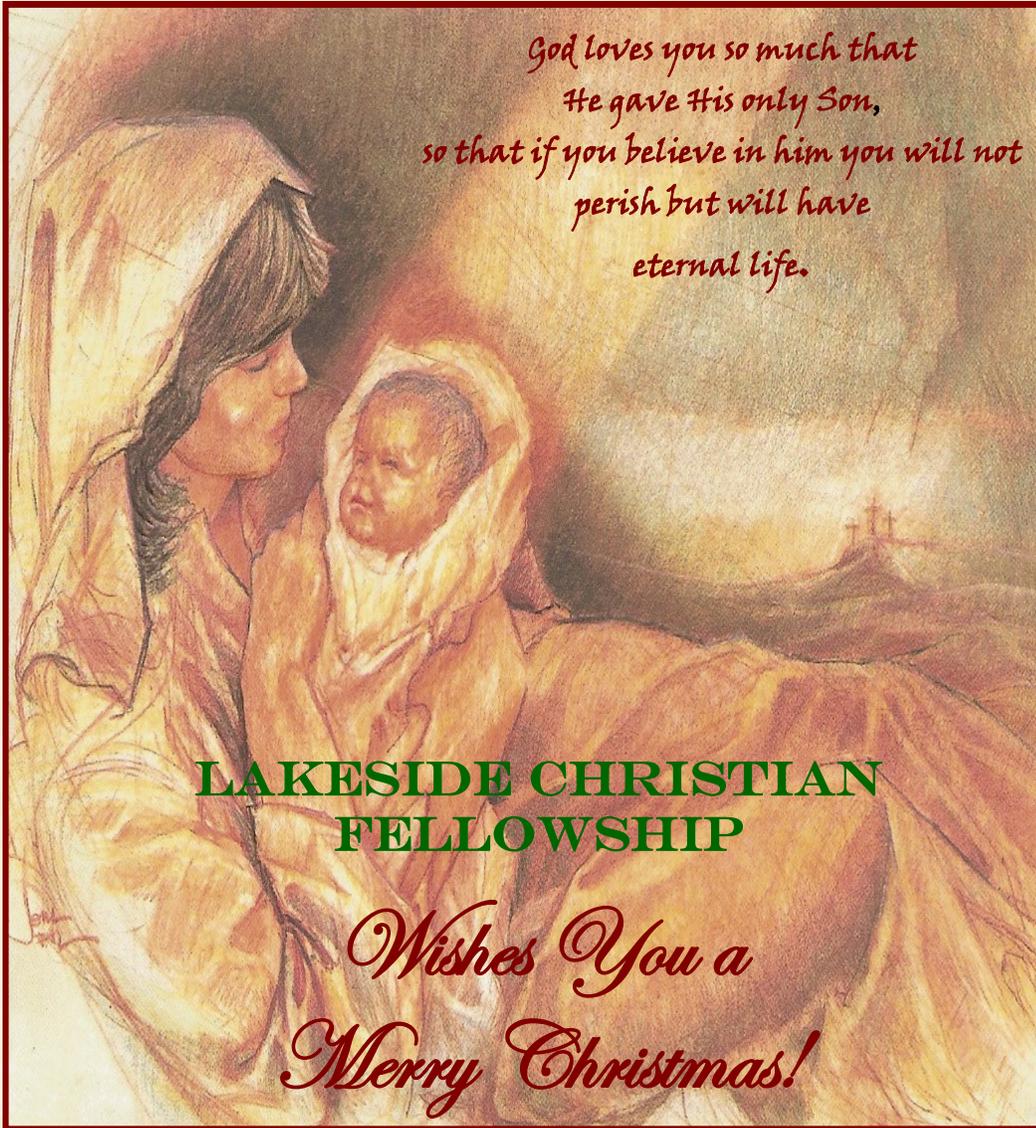
Test Type: Curative (mouth swab)

FOR MORE INFORMATION, please call ESD#1 at 512.267.3586

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*God loves you so much that
He gave His only Son,
so that if you believe in him you will not
perish but will have
eternal life.*



**LAKESIDE CHRISTIAN
FELLOWSHIP**

*Wishes You a
Merry Christmas!*



Lakeside Christian Fellowship

Worship Location
1922 American Drive, Lago Vista

Office
1918 American Drive, Suite 3, Lago Vista
512-267-1700, lakesidechristianfellowship@yahoo.com

Mailing Address
P. O. Box 4874, Lago Vista, TX 78645

Rev. Rick Waters, Pastor
Rev. Chuck Smith, Minister of Outreach & Ministries

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**LAKESIDE
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