

Lakeside Christian Fellowship R i p p l e s



OCTOBER 2020

VOLUME VIII NUMBER 10

Dear Church Family,

I pray that you and your loved ones are well and staying safe.

While we have done our best as a church to follow the guidelines of safety protocols to prevent the spread of Covid-19 as outlined by health professionals, it has limited our ministry and ability to offer full support to members and constituents. Our personal pastoral visitations in large measure have been reduced to phone calls and occasional visits when permitted. Our corporate worship has been restricted to live-streaming on tv and other devices. While a number of folks have offered positive feedback in regard to our virtual services we all know something is missing, the blessing of seeing and greeting each other on Sunday mornings. There are those of us who like to hug and shake hands and pat shoulders but the human touch is risky business at this time.

There is a word in the New Testament Greek, ‘Koinonia’, which is translated as ‘communion’ or ‘fellowship’. While individual faith is required to be a Christian, it is not intended to be experienced alone. God has created us to be social creatures and the same holds true for our faith. ‘Koinonia’ describes the intimate fellowship or communion with Christ by the Holy Spirit experienced individually and collectively.

Paul refers to the Church as the “Body of Christ” meaning that the Church is made up of individual parts (people) joined together to re-present the physical Christ on earth. Obviously, we need each other to experience and present Christ in all His glory. Paul explains in Ephesians 4:11-13 that God has given the Church members various gifts and ministries that the ‘Body of Christ’ might be “built up” until there is “a unity of faith and the knowledge of the Son of God”.

Thus we need to see and experience Christ in each other. Social distancing has been necessary but has limited our spiritual experience. As cases and hospitalizations of Covid-19 continue to decline we hope and pray that more of you will find your way back to our live worship. We will do all we can to protect you from the virus and will continue to offer virtual worship for the present.

Remember our Church Mission Statement- “Lakeside Christian Fellowship, A Family of Faith Connecting People to Christ and to Each Other”

God Bless You and I hope to see you in worship again soon.

Pastor Rick Waters

A family of faith connecting people to Christ and to each other!

Annual Congregational Meeting Notice

The annual Lakeside Christian Fellowship Congregational Meeting will be held on Sunday, October 25, 2020, following morning worship.

The purpose of the meeting is to:

- 1) Approve the 2021 Operating Budget.
- 2) Election of Officers and Chair persons.
- 3) Election of Nominating Committee.



LAKESIDE CHRISTIAN FELLOWSHIP Leadership Council Report for August 10, 2020

The Leadership Council meeting was called to order at 2 PM, August 10, 2020 by Moderator Donna Nash. Council members present were: Donna Nash, Genie Carroll, Dave Freeman, Wilma Sanders, Dan Olson, Roger Elliott, Virginia Halsted, Rick Waters, Chuck Smith and Jean Sholes.

INVOCATION: Rev. Rick Waters opened with prayer.

OPENING REMARKS: Donna Nash – A thought to Ponder – Trials develop our humility and humility opens our eyes to the needs of others,

Approval of LCF Minutes:

Regular Meeting – June 8, 2020 were approved as Written by Acclamation (1)

The following Email votes were unanimous:

5/26/2020 – Voted “no” to reopening of church; will be reassessed every 30 days

6/15/2020 – CD matured at the Bank, voted to close the CD and deposit into a money market account

7/12/2020 – Nominating Committee Chair requested an Extension of Terms for present council members to extend through 2021

COMMISSION REPORTS

FINANCIAL UPDATE: Genie Carroll reported that income is down somewhat, which is not unexpected, but we continue to do okay. Wilma Sanders moved to accept the report and Ginger Halsted 2nd; motion carried.

BUILDING & GROUNDS UPDATE: Roger Elliott reported that everything is fine. He would like to get the small shed that is used for storage cleaned up. He reported that the sanctuary was cleaned and sanitized by Donna Nash and her “group”, Ginny Parish, Regina Holmes, Genie Carroll, Mary Ann Childs, Page Massey. There was a brief discussion about the current building owner and his plans for the future. Roger and Donna will schedule a meeting with him.

FAITH IN ACTION: Wilma Sanders reported that she has spoken with Suzie Loften at the schools regarding their needs for the anticipated re-openings. At the present time, she has not received any requests, but she is following up on it.

WORSHIP COMMISSION: Virginia Halsted reported that she is ordering more communion packets. Dave Freeman had informed her that the woman who cleaned the sanctuary is retiring. Virginia will speak with her cleaning lady and see if she is interested.

PASTORAL RELATIONS: Dave Freeman reported that the job descriptions for office personnel and other employees of the church have been updated and signed and will be placed in the personnel files. He noted that Cindi will be the assistant music director; Bill Parcher will retain his position as Music Director.

STEWARSHIP COMMISSION: Dan Olson reported the

the books for the drive will be given to the Shepherds on August 31st. He has lined up a speaker for each service through the month of August. (June Freeman, Jack Tyler, Jim Orr, Jan Robbins)

OUTREACH & MINISTRIES: Chuck Smith reported that the website numbers remain high on U-Tube and the website. It appears that individuals other than just church members are watching the services.

OLD BUSINESS

Donna reported that the **Pop and Drop** program is still in place and providing some of the folks who are confined to home a brief reminder that they are loved and prayed for.

Health alert continues.

Donna Nash presented the proposed budget for the upcoming new year. After a brief discussion, Ginger Halsted moved to accept the budget as presented. It was seconded by Dave Freeman and the motion carried.

A brief discussion was held regarding the re-opening of the church. Genie Carroll moved that the Church re-open on September 13, 2020. We will practice social distancing and face masks will be required. Dave Freeman 2nd and the motion carried. U-Tube taping will continue as an alternative form to worship to in-house services.

NEW BUSINESS

Donna announced that the Nominating Committee has recommended that Ginny Parish and Reasa Burton serve on the Pastoral Relations Committee for 2021 with the approval of the Congregation.

Chuck Smith requested the purchase of a new laptop as a back up since the current one is aging and we need a new one to use every Sunday for the virtual services. Wilma Sanders moved the approval of funds not to exceed \$1,200.00. Ginger 2nd and the motion carried.

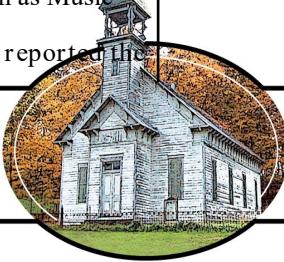
Rick Waters requested funds to assist a single mother who is in need of monies to care for her children. The Council suggested this young women be vetted by the Moderator and Faith in Action Chair before any steps for further assistance are taken.

Donna invited everyone to join the Pop and Drop program.

Next meeting will be held September 14, 2020.

Meeting adjourned at 3:30 pm.

CHURCH COUNCIL

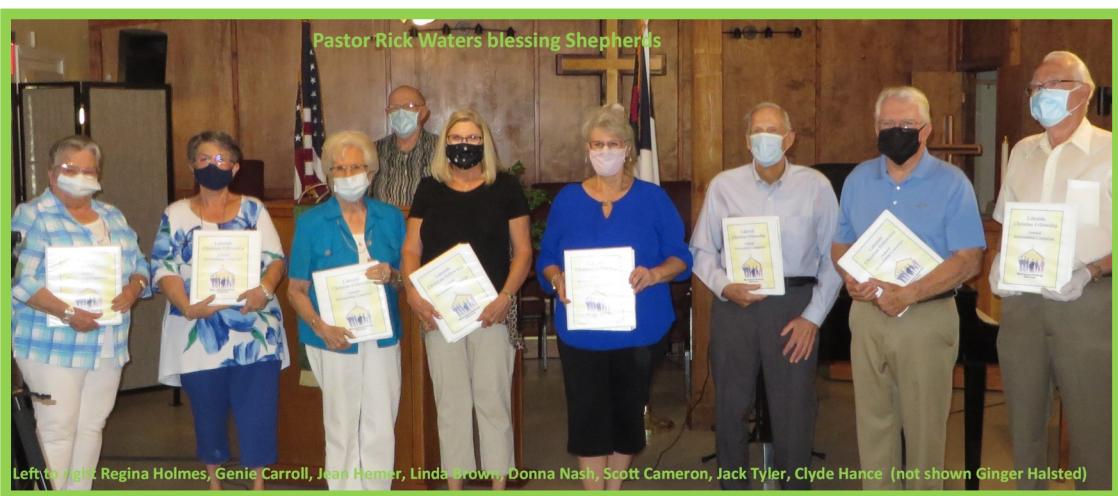
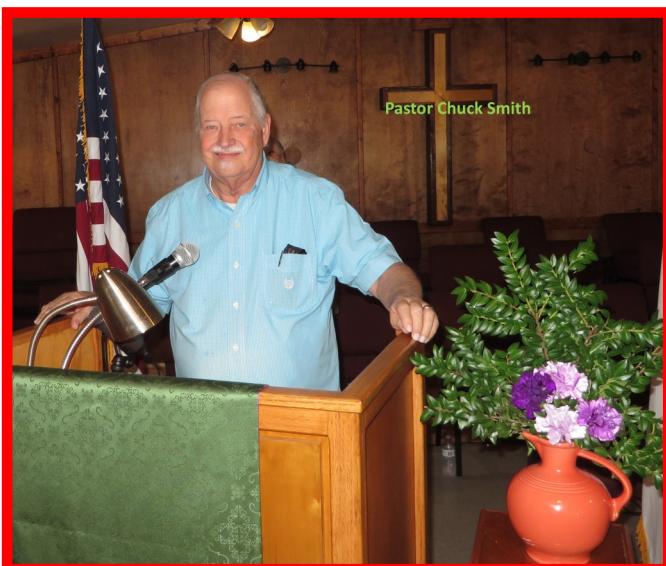


A family of faith connecting people to Christ and to each other!



STEWARSHIP SUNDAY

August 30, 2020



A family of faith connecting people to Christ and to each other!

"POWER OF ONE"

The Bible tells us God loves a Cheerful Giver.

The "Power of One" is an additional donation that is above and beyond your general offering and tithe to our Church. The "Power of One" is the extra dollar or change you have in your pocket for an Outreach Ministry that we have here at Lakeside Christian Fellowship.

Quarterly, we will be reporting to you where your "Power of One" money has been shared.

If you see a need, share this information with our Pastors. We are the Eyes and Ears of our Church. During this time, there are so many in need. Sometimes it's just a referral or someone to talk to, we have that available as well.

This year your "Power of One" donations have helped:

A single mother of 3 pay her rent one month

A young gal with hospital bills from a severe dog bite

Someone with a water and electric bill

Someone recover their Vehicle after being impounded while in a hospital stay

Someone with vehicle repairs

Your Power of One donations have made a difference in someone's life.

Well done good and Faithful Ones.

Donna Nash
Moderator



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School supplies were bought
and delivered to
Lago Vista Middle School
by Wilma Sanders
on September 9, 2020
on behalf of
Lakeside Christian Fellowship.

Supplies bought included copier paper, USB flash drives, earbuds, calculators, pens, pencils, composition books, various size bookbinders, erasers, washcloths, pencil boxes, stylus/pen sets, pencil sharpeners, scissors, glue sticks, sharpie pens, lunch boxes, backpacks, Kleenex and more.....



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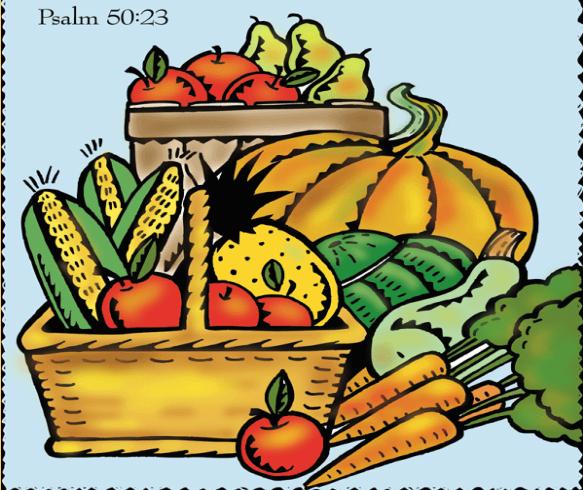
If you would like to help sponsor a Lago Vista family Thanksgiving dinner, please fill out this form and return it to the back of the Worship Center, in the basket on the cabinet. Thank you!

Lakeside Christian Fellowship will be working with the Lago Vista School District to provide grocery shopping gift certificates to 20 Lago Vista families for their Thanksgiving dinners.

Yes!, I wish to sponsor one family Thanksgiving dinner!

Those who bring thanksgiving as their sacrifice honor me.

Psalm 50:23



Name

\$ 25.00 Suggested Gift

Name

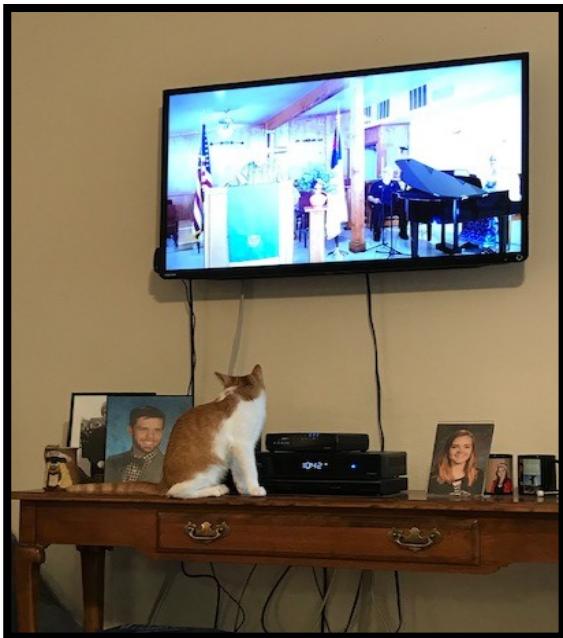
\$ 25.00 Suggested Gift

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WELCOME New Members



Judy Guthrie
whom officially joined the Church
on re-opening
Sunday, September 13, 2020



Ruth Cox from Denton, Texas
informed LCF that her and her
cat enjoy very much listening to
our Sunday Services and music on
Youtube.

WELCOME,
VISITORS!



Pastor Lee and Joanne Jones from
Houston, Texas, visited
Lakeside Christian Fellowship
on Sunday, September 27, 2020.



Tom and Armor Lee Gardner
celebrated their
67th Wedding Anniversary!

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Pop and Drop



A big thank you to Betty Houghton for purchasing the flowers for the re-opening Sunday service on September 13, then donating them to the "Pop and Drop Ministry" to brighten someone's day!



Jean Andrews is running laps around The Island and doing therapy 2 times per week while Warwick is cooking and cleaning.



Fran Pontesso is resting while Fred is doing yard work.



A big thank you to Cindi Brewer and Wayne & Donna Nash for supplying alter flowers for the past few months then donating them to the "Pop and Drop Ministry!"



Ray and Lil Burch are working on home repairs.



Health Watch

Blood Test Heralds New Era in Alzheimer's Diagnosis

By Robin Foster

HealthDay Reporter



TUESDAY, July 28, 2020 (HealthDay News) – A new blood test offers hope that doctors may soon be able to diagnose Alzheimer's disease with astonishing accuracy.

A study led by Swedish researchers found the test did more than differentiate between Alzheimer's and other types of dementia. It also spotted signs of Alzheimer's two decades before symptoms appeared in people who were genetically predisposed to develop the degenerative disease.

How? It measures levels of a specific tau protein, called p-tau217, that has long been linked to Alzheimer's.

"This blood test very, very accurately predicts who's got Alzheimer's disease in their brain, including people who seem to be normal," Dr. Michael Weiner, an Alzheimer's disease researcher at the University of California, San Francisco, told the *New York Times*. "It's not a cure, it's not a treatment, but you can't treat the disease without being able to diagnose it. And accurate, low-cost diagnosis is really exciting, so it's a breakthrough."

The Swedish test, and two other studies looking at tau tests, were presented Tuesday during the Alzheimer's Association virtual annual meeting. The Swedish study was also published July 28 in the *Journal of the American Medical Association*.

The Swedish test was able to differentiate whether people with dementia had Alzheimer's rather than other neurodegenerative disorders 96% of the time, said study senior author Dr. Oskar Hansson, a professor of clinical memory research at Lund University in Sweden.

"The p-tau217 blood test has great promise in the diagnosis, early detection and study of Alzheimer's," Hansson said in a university news release. Though more work is needed to refine the test and try it in more people, it "might become especially useful to improve the recognition, diagnosis and care of people in the primary care setting," he added.

In a group of nearly 700 people from Sweden, the test was similar in accuracy to PET scans and spinal taps, and it was better than MRI scans and blood tests for amyloid, another protein linked to Alzheimer's. The test was also nearly as accurate as autopsies performed on deceased people's brains in a separate arm of the study, the researchers added.

PET scans and spinal taps, which are far more costly than blood tests, can detect elevated levels of amyloid protein. But amyloid levels alone aren't enough to diagnose Alzheimer's because some people with high levels of it don't develop the disease, experts explained.

"Just saying you have amyloid in the brain through a PET scan today does not tell you they have tau, and that's why it is not a diagnostic for Alzheimer's," Maria Carrillo, chief science officer at the Alzheimer's Association, told the *Times*. But the tau blood test appears to detect the presence of both amyloid plaques and tau tangles, she said.

"This test really opens up the possibility of being able to use a blood test in the clinic to diagnose someone more definitely with Alzheimer's," Carrillo told the newspaper. "Amazing, isn't it? I mean, really, five years ago, I would have told you it was science fiction."



Health Watch

Blood Test Heralds New Era in Alzheimer's Diagnosis

By Robin Foster

HealthDay Reporter



In the Swedish study, people with Alzheimer's had seven times more of p-tau217 than people without any dementia or those with other neurological disorders, like frontotemporal dementia, vascular dementia or Parkinson's disease, Hansson noted. "This is so specific for Alzheimer's disease," he told the *Times*.

Such a blood test would speed up and lower the cost of clinical trials and allow doctors to diagnose or rule out Alzheimer's in patients with dementia.

Two other teams presented research on tau tests at the Alzheimer's Association meeting. One test, conducted by researchers at Washington University in St. Louis, used a testing method that detects molecules of tau or amyloid. That research, published July 28 in the *Journal of Experimental Medicine*, found that the same form of tau tracked in the Swedish study correlated more closely to amyloid buildup in the brain than another form of tau, the *Times* reported.

"The finding of a unique tau species that is closely linked to changes caused by amyloid plaques will help to identify and predict people who have or will likely develop Alzheimer's disease," said senior study author Dr. Randall Bateman, the Charles F. and Joanne Knight Distinguished Professor of Neurology at Washington University. "This will greatly accelerate research studies, including finding new treatments, as well as improving diagnosis in the clinic with a simple blood test."

In a third study presented at the same meeting, Dr. Adam Boxer, a neurologist at the University of California, San Francisco, and Elisabeth Thijssen, a visiting graduate

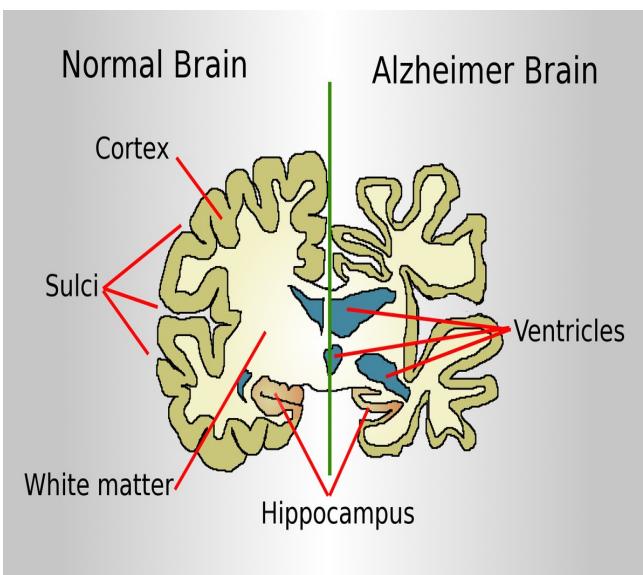
student, found both forms of tau could distinguish Alzheimer's from frontotemporal dementia. Research presented at meetings is considered preliminary until published in a peer-reviewed journal.

Alzheimer's is an incurable disease that affects an estimated 5.8 million Americans aged 65 and older. Without the discovery of successful prevention therapies, the number of U.S. cases is projected to reach nearly 14 million by 2050, the Swedish researchers said.

WebMD News from HealthDay

https://www.webmd.com/alzheimers/news/20200728/blood-test-heralds-new-era-in-alzheimers-diagnosis?ecd=wnl_alz_081320&ctr=wnl-alz-081320_nsl

LeadModule_cta&mb=4mv8vUKwhb6qshaVQIewOHnVev1imbCVyyoHXTf0%40c%3d#3



A family of faith connecting people to Christ and to each other!

**Church
Office Hours:
Wednesday
and
Thursday
9:30 am
to 3:30 pm**



Please remember
that all church
activities should be
scheduled on the
master calendar in
the church office.
Thank you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4 10:30 AM Worship Service @Worship Center & Live Streaming	5	6	7	8	9	10
11 10:30 AM Worship Service @Worship Center & Live Streaming	12 2:00 PM Leadership Council	13	14	15	16	17
18 10:30 AM Worship Service @Worship Center & Live Streaming	19	20	21	22	23	24
25 10:30 AM Worship Service @Worship Center  Congregational Meeting	26	27	28	29	30	31
	<p>For more information visit the LCF website at www.lakesidechristians.org To contact the church office email lakesidechristianfellowship@yahoo.com</p>					



Nalda Daigle	1
Edwina Woolsey.....	4
Lance Bass	19
Paula Tyler	20
Jean Andrews	24
Mary Beth Doan	24
Charlie Knapp	27
Ecla Caraway	30
Chuck Smith	30
Ron Linderman	31



Dick & Jean Hemer
October 1

Jack & Paula Tyler
October 9

Dawn & Tommie Thompson
October 11

Richard & Linda Brown
October 19

To be included, please send
your information to:
lakesidechristianfellowship@yahoo.com

Prayer Corner

*This day, Father,
may my eyes be opened
to see the beauty
in all that is ordinary -
yet special around me.
May the glory of all that you
have made
remind me of your presence
and lead me closer to you.*

Amen

www.prayingeachday.org/reflectoctober

September 30, 2020

YTD Offerings	\$159,615.00
YTD Expenses	\$141,958.00

Lakeside Christian Fellowship

Worship Location

1922 American Drive, Lago Vista

Office

1918 American Drive, Suite 3, Lago Vista

512-267-1700, lakesidechristianfellowship@yahoo.com

Mailing Address

P. O. Box 4874, Lago Vista, TX 78645

Rev. Rick Waters, Pastor

Rev. Chuck Smith, Minister of Outreach & Ministries

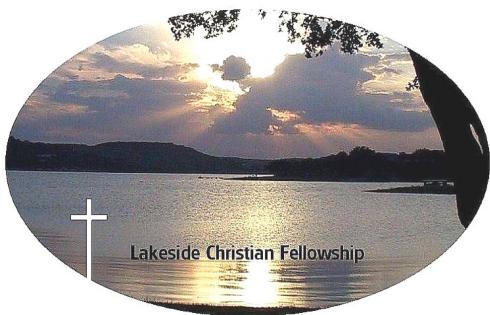
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