

Lakeside Christian Fellowship Ripples



SEPTEMBER 2020

VOLUME VIII, NUMBER 9

“Give until it feels good.”

You may have already received or you may be awaiting reception of the stewardship books making the rounds. Dan Olson spearheaded a whole host of volunteers to bring these to your doorstep. They are to be commended. The history of the church in pictures is spectacular and brings back a whole host of memories. However, as wonderful as it is to look back over time, it reminds us that the church is made up of people like you and me. If not for your generosity, we would not be able to carry on.

Please allow me to take a few moments of your time to reinforce biblically why stewardship is important.

First of all, God created Everything. The first verse of the bible says it all: *“In the beginning, God created the heavens and the earth.”* This is the beginning of all biblical stewardship principles. The New Testament bears witness: In Colossians, we read, *“For by him all things were created, in heaven and on earth... all things were created through him and for him”* (Col. 1:15-16).

Second, God owns everything and as such your very life is on loan from God.

Third, God delegates responsibility to you and I. He calls us to manage what he himself created. *“And God blessed them. And God said to them, ‘Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth.’”* (Genesis 1: 28)

That means that he puts us personally in charge. He commands us to work and take care of our families financially. However, we are also called on to maintain resources for giving. Now you can argue that Christians are or are not required to tithe. Regardless of your beliefs about tithing, one thing you cannot avoid is that God commands you to give generously. Of course, I encourage you to tithe regularly. Tithing helps us to develop a reasonable budget for the upkeep of our church building. *“The point is this: whoever sows sparingly will also reap sparingly, and whoever sows bountifully will also reap bountifully. Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver.”* (2 Corinthians 9:6-7)

As a steward of the resources God gives us, we are called on to manage these resources to provide for the needs of others. That can include monetary gifts such as “Power of One or More,” food and clothing to HCCM, assistance to our school teachers and/or children, or just by being hospitable to each other.

The bottom line is that when it comes to helping others, God desires for you to take care of your family (1 Tim. 5:8), your church (Gal. 6:6; 1 Tim. 5:17-18), and those in need (Matt. 25:35-40). “But if anyone has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him?” (1 John 3:17)

God Bless You All,

Pastor Chuck Smith

A family of faith connecting people to Christ and to each other!

LAKESIDE CHRISTIAN FELLOWSHIP Leadership Council Report for June 8, 2020

The Leadership Council meeting was called to order at 2 PM, June 8, 2020 by Moderator Donna Nash. Council members present were: Donna Nash, Genie Carroll, Dave Freeman, Wilma Sanders, Dan Olson, Roger Elliott, Virginia Halsted, Rick Waters, Chuck Smith and Jean Sholes.

INVOCATION: Rev. Rick Waters opened with prayer.

OPENING REMARKS: Donna Nash – A thought to Ponder – We are what we repeatedly do. Excellence then is not an act, but a habit.

Approval of LCF Minutes:

Regular Meeting – May 11, 2020

Approved by acclimation

E-mail vote to Leadership Council

5/25/2020 reopening of church – unanimous vote - NO

COMMISSION REPORTS

Financial Update: Genie Carroll reported that everything is fine at this time. A decision was made to order more communion supplies for our current at home services.

Stewardship Commission: Dan Olson advised that he is currently working on the budget plan for the upcoming new year. Budget requests will start on July 22, 2020 and end on August 1, 2020. The Pledge Drive will begin the last Sunday in August.

Building & Grounds Update: Roger Elliott noted that he and Chuck Smith continue to provide our weekly service by live streaming and video recording. They have established a “How to Sheet”.

Faith in Action: Wilma Sanders reported that she is contacting the ISD to find out what is needed for the schools which are expected to reopen in August.

Worship Commission: Council welcomed Ginger Halsted back; she continues to recover from

a broken leg. Cindi Brewer is in training to assist Ginger with her duties.

Pastoral Relations: Dave Freeman advised that he was having a meeting in the church with the Pastoral Relations Committee on the 12th of June and with the staff on June the 18th.

Outreach & Ministries: Chuck Smith reported that the support groups are still not meeting at this time. He said an average of 69-70 people are accessing the streamed services on line each Sunday.

OLD BUSINESS: D. Nash reported that the Church Shepherds volunteers continue to drop off Communion Packets to church members for the on-line Sunday Services. Health Alert continues.

NEW BUSINESS:

Council members discussed the re-opening of the church in depth. Donna Nash reported that the response to the letter to members polling their opinion about opening was an overwhelming no at this time. Council agreed to continue the streaming of services and to access the situation next month. D. Nash is putting together a group to begin a “deep cleaning of the church” in anticipation of our future reopening.

Moderator D. Nash asked Roger Elliott to leave the room so the Council could discuss a way to thank Roger's grandson, Connor, for the hours of work he has put in to assist Chuck and Roger in the streaming of services. The Council voted to give him a monetary gift,

FUTURE TOPICS:

The next meeting will be July 13, 2020

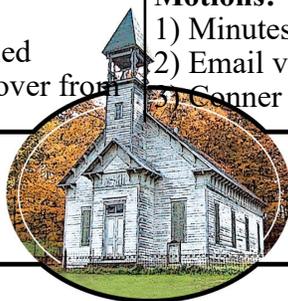
The Council meeting adjourned at 3:30 pm.

Respectively submitted by Jean Sholes, Secretary

Motions:

- 1) Minutes
- 2) Email vote to reopen church
- 3) Connor Elliot gift

CHURCH



COUNCIL

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LCF IS RE-OPENING ON SEPTEMBER 13, 2020

Dear Church Family and Friends,

For the past few months, your Leadership Council at LCF has been in prayerful consideration of the Health and Safety for us all. Every 30 days we united in prayer and weighed the odds, monitored the statistics and made choices that we felt best suited the entire congregation and its constituents.

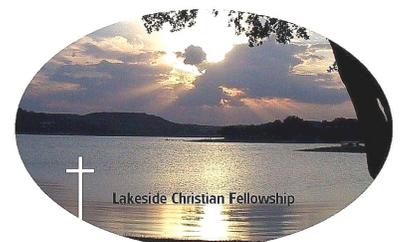
At the August Council Meeting, it was decided to re-open our church doors once again, with Risk Protection Strategies implemented. We will continue taping the Sunday services for those who wish to worship in the safety of their home. The taping will be available for viewing on Sunday afternoons.

Lakeside Christian Fellowship will re-open Sunday, September 13, 2020 @ 10:30 AM

- ***The Service will be an abbreviated service due to the safety prodigals put in place.
- ***The sanctuary has been thoroughly cleaned and sanitized.
- *** All attendees will be required to wear face coverings.
- ***Hand sanitizer will be available for use upon entering and exiting facility.
- ***The persons assisting with the service will be required to wear gloves.
- ***The outer doors will remain open to bring in outside ventilation.
- ***50% of the Chairs have been removed. The floor plan for seating has been altered. Seats are separated. Seating will be available for singles and for couples.
- ***There will be no hymnals but instead a paper "Order of Worship" will be placed on each seat. You will be required to take your copy home or place it in the trash as you exit.
- ***An "Offering Drop Box" will be available outside the exit door so that after the service your donations may be given without passing a tray from hand to hand.
- ***The pastors & staff will not wear face coverings while they are speaking and/or singing during the Worship Service and while the taping is in progress.
- ***If you feel sick or exhibit any symptoms of illness, we ask that you
Please Stay Home!
- ***Your health and safety are our concern.

May we be sanctified by the Truth. Seeing that we have a Great High Priest who has passed through the Heavens, Jesus the Son of God. Let us come boldly to the throne of Grace, that we may obtain mercy and find grace to help in time of need. Amen & Amen (Hebrews 4:14, 16)

Blessings to everyone. Peace be with you.
Donna Nash, Moderator



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~ PV Men's Fellowship ~

**Men's Fellowship
will be suspended until further notice**

Contact Dan Olson 512-267-2374 for more information

~ **Lakeside Men's Bible Study** ~

**Men's Bible Study
will be suspended until further
notice.**

*Contact Chuck Smith 512-922-6233
for more information.*

**Lakeside Christian Women's Fellowship
&
Women's Bible Study
will be suspended until further notice.**

For information on Women's Bible Study contact:

**Lil Burch
@ 512-267-2278
email:
raylilpv@aol.com**

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POP AND DROP!



Glenda Wolverton is recovering from hip replacement surgery.



Mary Ann Childs is recovering nicely from a fall and stitches to her head.



Ginger Halsted is continuing therapy after a fall and hip repair.



Dick and Wilma Sanders have been busy catching skunks for entertainment during this time of isolation!



Health Watch

COVID-19 and your mental health

<https://www.mayoclinic.org/diseases-conditions/coronavirus/in-depth/mental-health-covid-19/art-20482731>



Worries and anxiety about COVID-19 and its impact can be overwhelming. Social distancing makes it even more challenging. Learn ways to cope during this pandemic. [By Mayo Clinic Staff](#)

The COVID-19 pandemic has likely brought many changes to how you live your life, and with it uncertainty, altered daily routines, financial pressures and social isolation. You may worry about getting sick, how long the pandemic will last and what the future will bring. Information overload, rumors and misinformation can make your life feel out of control and make it unclear what to do.

During the COVID-19 pandemic, you may experience stress, anxiety, fear, sadness and loneliness. And mental health disorders, including anxiety and depression, can worsen. Learn self-care strategies and get the care you need to help you cope.

Self-care strategies

Self-care strategies are good for your mental and physical health and can help you take charge of your life. Take care of your body and your mind and connect with others to benefit your mental health.

Take care of your body

Be mindful about your physical health:

- **Get enough sleep.** Go to bed and get up at the same times each day. Stick close to your typical schedule, even if you're staying at home.
- **Participate in regular physical activity.** Regular physical activity and exercise can help reduce anxiety and improve mood. Find an activity that includes movement, such as dance or exercise apps. Get outside in an area that makes it easy to maintain distance from people — as recommended by the U.S. Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO) or your government — such as a nature trail or your own backyard.
- **Eat healthy.** Choose a well-balanced diet. Avoid loading up on junk food and refined sugar. Limit caffeine as it can aggravate stress and anxiety.
- **Avoid tobacco, alcohol and drugs.** If you smoke tobacco or if you vape, you're already at higher risk of lung disease. Because COVID-19 affects the lungs, your risk increases even more. Using alcohol to try to cope can make matters worse and reduce your coping

skills. Avoid taking drugs to cope, unless your doctor prescribed medications for you.

- **Limit screen time.** Turn off electronic devices for some time each day, including 30 minutes before bedtime. Make a conscious effort to spend less time in front of a screen — television, tablet, computer and phone.
- **Relax and recharge.** Set aside time for yourself. Even a few minutes of quiet time can be refreshing and help to quiet your mind and reduce anxiety. Many people benefit from practices such as deep breathing, tai chi, yoga or meditation. Soak in a bubble bath, listen to music, or read or listen to a book — whatever helps you relax. Select a technique that works for you and practice it regularly.

Take care of your mind

Reduce stress triggers:

- **Keep your regular routine.** Maintaining a regular schedule is important to your mental health. In addition to sticking to a regular bedtime routine, keep consistent times for meals, bathing and getting dressed, work or study schedules, and exercise. Also set aside time for activities you enjoy. This predictability can make you feel more in control.
- **Limit exposure to news media.** Constant news about COVID-19 from all types of media can heighten fears about the disease. Limit social media that may expose you to rumors and false information. Also limit reading, hearing or watching other news, but keep up to date on national and local recommendations. Look for reliable sources such as the CDC and WHO.
- **Stay busy.** A distraction can get you away from the cycle of negative thoughts that feed anxiety and depression. Enjoy hobbies that you can do at home, identify a new project or clean out that closet you promised you'd get to. Doing something positive to manage anxiety is a healthy coping strategy.
- **Focus on positive thoughts.** Choose to focus on the positive things in your life, instead of dwelling on how bad you feel. Consider starting each day by listing things you are thankful for. Maintain a sense of hope, work to accept changes as they occur and try to keep problems in perspective.



Health Watch

COVID-19 and your mental health

<https://www.mayoclinic.org/diseases-conditions/coronavirus/in-depth/mental-health-covid-19/art-20482731>



- **Use your moral compass or spiritual life for support.** If you draw strength from a belief system, it can bring you comfort during difficult times.

- **Set priorities.** Don't become overwhelmed by creating a life-changing list of things to achieve while you're home. Set reasonable goals each day and outline steps you can take to reach those goals. Give yourself credit for every step in the right direction, no matter how small. And recognize that some days will be better than others.

Connect with others

Build support and strengthen relationships:

- **Make connections.** If you need to stay at home and distance yourself from others, avoid social isolation. Find time each day to make virtual connections by email, texts, phone, or FaceTime or similar apps. If you're working remotely from home, ask your co-workers how they're doing and share coping tips. Enjoy virtual socializing and talking to those in your home.

- **Do something for others.** Find purpose in helping the people around you. For example, email, text or call to check on your friends, family members and neighbors — especially those who are elderly. If you know someone who can't get out, ask if there's something needed, such as groceries or a prescription picked up, for instance. But be sure to follow CDC, WHO and your government recommendations on social distancing and group meetings.

- **Support a family member or friend.** If a family member or friend needs to be isolated for safety reasons or gets sick and needs to be quarantined at home or in the hospital, come up with ways to stay in contact. This could be through electronic devices or the telephone or by sending a note to brighten the day, for example.

Recognizing what's typical and what's not

Stress is a normal psychological and physical reaction to the demands of life. Everyone reacts differently to difficult situations, and it's normal to feel stress and worry during a crisis. But multiple challenges daily, such as the effects of the COVID-19 pandemic, can push you beyond your ability to cope.

Many people may have mental health concerns, such

as symptoms of anxiety and depression during this time. And feelings may change over time.

Despite your best efforts, you may find yourself feeling helpless, sad, angry, irritable, hopeless, anxious or afraid. You may have trouble concentrating on typical tasks, changes in appetite, body aches and pains, or difficulty sleeping or you may struggle to face routine chores.

When these signs and symptoms last for several days in a row, make you miserable and cause problems in your daily life so that you find it hard to carry out normal responsibilities, it's time to ask for help.

Get help when you need it

Hoping mental health problems such as anxiety or depression will go away on their own can lead to worsening symptoms. If you have concerns or if you experience worsening of mental health symptoms, ask for help when you need it, and be upfront about how you're doing. To get help you may want to:

- Call or use social media to contact a close friend or loved one — even though it may be hard to talk about your feelings.
- Contact a minister, spiritual leader or someone in your faith community.
- Contact your employee assistance program, if your employer has one, and get counseling or ask for a referral to a mental health professional.
- Call your primary care provider or mental health professional to ask about appointment options to talk about your anxiety or depression and get advice and guidance. Some may provide the option of phone, video or online appointments.

Contact organizations such as the National Alliance on Mental Illness (NAMI) or the Substance Abuse and Mental Health Services Administration (SAMHSA) for help and guidance.

Continue your self-care strategies

You can expect your current strong feelings to fade when the pandemic is over, but stress won't disappear from your life when the health crisis of COVID-19 ends. Continue these self-care practices to take care of your mental health and increase your ability to cope with life's ongoing challenges.

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Church
Office Hours:
Wednesday
and
Thursday
9:30 am
to 3:30 pm



Please remember
that all church
activities should be
scheduled on the
master calendar in
the church office.
Thank you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 10:30 AM Worship Service Streaming STEWARDSHIP DRIVE BEGINS	31	1.	2.	3.	4.	5. 
6 10:30 AM Worship Service Streaming	7  LABOR DAY	8	9	10.	11	12
13 10:30 AM Worship Service @Worship Center & Streaming	14 2:00 PM Leadership Council @ Worship Center	15	16	17	18	19
20 10:30 AM Worship Service @Worship Center & Streaming	21	22	23	24  NewsLetter DEADLINE	25	26
27 10:30 AM Worship Service @Worship Center & Streaming STEWARDSHIP DRIVE ENDS	28	29	30			



For more information visit the LCF website
at
www.lakesidechristians.org

September BIRTHDAYS

Nan Knapp.....	4
Betty Houghton.....	16
Bill Webb.....	16
Margy Burchette.....	18
Ginny Parish.....	18
Wilma Sanders.....	24
Helen Veal.....	26
Warwick Andrews.....	27
Jeanene Wheeler.....	29

September ANNIVERSARIES

Tom & Armor Lee Gardner
September 12

Wayne & Donna Nash
September 29

To be included, please send
your information to:
lakesidechristianfellowship@yahoo.com

Prayer Corner

When evil darkens our world, give us light. When despair numbs our souls, give us hope. When we stumble and fall, lift us up. When doubts assail us, give us faith. When nothing seems sure, give us trust. When ideals fade, give us vision. When we lose our way, be our guide! That we may find serenity in Your presence, and purpose in doing Your will.

John D. Rayner

August 2020

YTD Offerings	\$144,456.00
YTD Expenses.....	\$123,803.00

Lakeside Christian Fellowship

Worship Location
1922 American Drive, Lago Vista

Office
1918 American Drive, Suite 3, Lago Vista
512-267-1700, office@lakesidechristians.org

Mailing Address
P. O. Box 4874, Lago Vista, TX 78645

Rev. Rick Waters, Pastor
Rev. Chuck Smith, Minister of Outreach & Ministries

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