

Lakeside Christian Fellowship Ripples



OCTOBER 2021

VOLUME VIII, NUMBER 10

Dear Church Family,

October has long been associated with harvest-time in agricultural settings. Of course the last day of the month is Halloween which falls on Sunday, October 31 this year. We usually think of Halloween as a time when adults wear scary costumes, attend parties and many of them wear their seasonal attire to places of employment. Obviously, we can't forget the children who wear spooky costumes and masks as they go trick-or-treating'. According to Wikipedia 'Halloween' is a celebration observed in many countries on 31 October, the eve of the Western Christian Feast of 'All Hallows Day'. It begins the observance of 'All Hallows' or 'Allhallowtide', the eve in the liturgical year dedicated to remembering the dead, including saints, hallows, martyrs, and all the faithful departed.

In the Church we typically remember our honored dead on Easter and Memorial Day. As I have noted previously one of the most unfortunate consequences of the Pandemic is our inability to memorialize some of our church family members who passed away during this crisis. We all can appreciate the fact that not being able to remember these special folks in a worship service to memorialize them denies family members and friends an essential component required for closure.

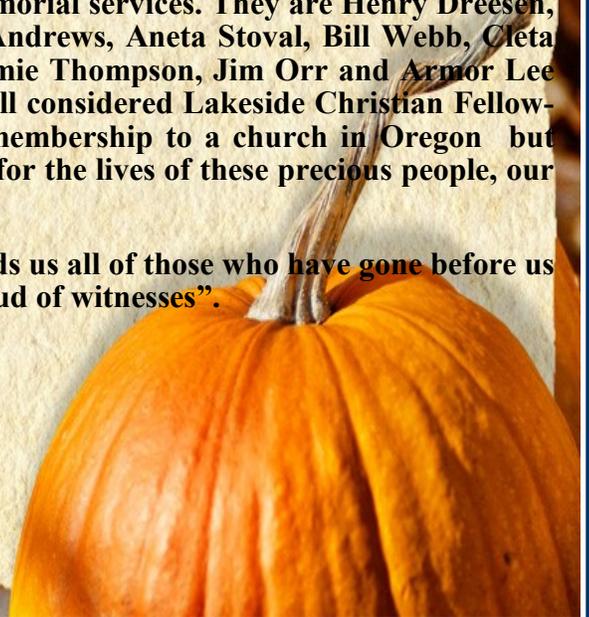
I think it most fitting to remember these people who were active members of our church and who played a vital role in our church life and ministry. I wish to remember at this time those we have lost during this Pandemic, most of whom were denied memorial services. They are Henry Dreesen, Jack Currier, Dick Humphrey, Mary Beth Doan, Jean Andrews, Aneta Stoval, Bill Webb, Cieta Brewster, Shirley Moore, Bob LeHigh, Bill Webb, Tommie Thompson, Jim Orr and Armor Lee Gardner. Ruth Cox had moved to the Dallas area but still considered Lakeside Christian Fellowship to be her church. Jinny Guthrie had moved her membership to a church in Oregon but maintained some close ties to our church. We thank God for the lives of these precious people, our brothers and sisters in Christ.

The writer of the book of Hebrews in chapter 12:1 reminds us all of those who have gone before us in the faith. He writes, "we are surrounded by a great cloud of witnesses".

May We Never Forget Them,

In Jesus' Name,

Pastor Rick Waters



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Annual Congregational Meeting Notice

The annual Lakeside Christian Fellowship Congregational Meeting will be held on Sunday, October 24, 2021, following morning worship.

The purpose of the meeting is to:

- 1) Approve the 2022 Operating Budget.
- 2) Election of Officers and Chair persons.
- 3) Election of Nominating Committee.
- 4) Vote on Changes to By laws.

By law reading #1 -

A Parliamentarian will be appointed by the Moderator and shall be responsible for advising the organization concerning parliamentary procedures based on Robert's Rules of Order, newly revised. A past moderator should serve as Parliamentarian, if possible. The Parliamentarian shall meet with the Moderator regarding responsibilities and will attend meetings of the Leadership Council and Annual Congregational Meeting.

By law reading #2

5.3 Term of Office. Officers shall be elected to serve a one year term of office beginning on January. Officers may serve successive terms but may not be reelected after serving three years except after a lapse of one year.

By law reading #3

5.6 The Secretary and the Moderator shall be authorized to sign checks in the absence of the Treasurer.

A Note from your



Nominating COMMITTEE

Here is a list of Leadership Nominees for the Year 2022:

Moderator - Fred Pontesso

Treasurer - Genie Carroll

Secretary - Judy Guthrie

Building and Grounds - Rodger Elliott and William Bush

Faith in Action - Wilma Sanders

Stewardship - Dave Farewell and Page Massey

Worship - Ginger Halstead

Pastoral Relations - Jack Tyler

Members

- * Jan Robbins
- * Lance Bass
- * Elyse Ernst
- * Ginny Parish

Ministry Chair - June Freeman

- * New Members - Carolyn Bass
- * Congregational Chair - Regina Holmes
- * Fellowship - Gene and Laurie Glass
- * Volunteers - Jack and Paula Tyler

If you are interested or would like to nominate someone for any of the positions,
please contact the church office at 512-267-1700 or
lakesidechristianfellowship@yahoo.com.

LAKESIDE CHRISTIAN FELLOWSHIP Leadership Council Report for August 9, 2021

The Leadership Council meeting was called to order at 2:00 pm, August 9, 2021 by Moderator Donna Nash. Council Members present were: Donna Nash, Rodger Elliott, Virginia Halsted, Jean Sholes, Rick Waters, Chuck Smith, Wilma Sanders and Genie Carroll.

Invocation: Reverend Chuck Smith opened the meeting with prayer

Opening Remarks: Donna Nash ---- “Thought to Ponder” Learning to live a life of sacrifice, diligence and generous commitment is a process that never ends.

Regular meeting – June 14, 2021 Minutes approved by acclamation

COMMISSION REPORTS

FINANCIAL UPDATE: Moderator Donna Nash provided the financial update in the absence of Chairperson Genie Carroll. She noted that even though attendance has been down and our member numbers are smaller, the Church continues to do well financially and deposits are up. She reported that our Insurance Carrier is offering a rider for Terrorism Risk Insurance at a very nominal fee. After discussion, the Council voted unanimously to purchase the coverage for \$5.

STEWARDSHIP COMMISSION: Chairperson Dan Olson reported that the Membership books will be ready for distribution on Thursday, August 12, 2021. The books need to be completed and returned prior to the October Annual Meeting.

BUILDING AND GROUNDS: Chairperson Roger Elliott reported that he had nothing new to report; Donna Nash asked him to install a better lock for the doors in the office and to elevate a table in the office to make it more comfortable for people who use it for putting together packets, etc.

FAITH IN ACTION: Chairperson Wilma Sanders said she is contacting the ISD to find out what

the schools will need for the new school year.

WORSHIP COMMISSION: Chairperson Ginger Halsted reported that 14 members have volunteered to be in the choir. She will poll the choir to see how many are comfortable returning during this Pandemic period.

PASTORAL RELATIONS: Chairperson Dave Freeman was not present. Moderator Donna Nash noted that there should be a mid-year staff meeting. The trial period for the housekeeper is at a close. After discussion, it was agreed to hire Rosalina Diaz as an employee.

OUTREACH MINISTRIES: Chairperson Chuck Smith reported that the stats for the streaming of Sunday's service show we are reaching a large number of people. Last report, 507 people reached. The Email boost cost increased from \$10 to \$16 per usage

OLD BUSINESS

A proposed list of nominees for 2022' was prepared by Page Massey, Nomination Chair and read to the Leadership Council. A final list will be presented for approval at the Sept. Council meeting.

NEW BUSINESS

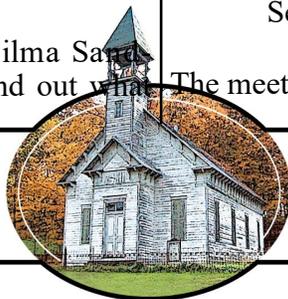
Moderator Donna Nash brought up a discussion regarding amending Bylaw # 5.3 Leadership Chair Term Limits and adding a Parliamentarian. After discussion, Ginger Halsted moved that the By-Laws be amended to read as originally written in 2009” (see attached). Also, a Parliamentarian would be added to the Leadership Council. (see attached) Genie Carroll seconded the motion and it carried with Stewardship Chair Dan Olson, abstaining.

FUTURE TOPICS

The next meeting will be held on
September 13, 2021

The meeting adjourned at 4:00 pm

CHURCH



COUNCIL

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STEWARDSHIP SUNDAY

August 29, 2021

This is a picture of the LCF stewardship team taken on Stewardship Sunday by our photographer Burt Burchette. The stewardship drive will have been finished by the time you see this picture.

Thank you for your support and a special thank you to the Shepherds.

Dan Olson
Chair Stewardship
Committee



Thanks to Our Volunteers!



Warwick Andrews, Linda Brown, Pastor Rick Waters, Genie Carroll, Dan Olson, Jack Tyler, Wilma Sanders, Page Massey, Beverly Olson, Ginger Halsted,, Regina Holmes; Not shown: Pastor Chuck Smith

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**Bill Parcher presented and donated
to
Lakeside Christian Fellowship,
a picture of Jesus that he painted!**



**Clyde Hance
was awarded a plaque for his
faithful years of membership
and all of his woodworking skills
that he put to good use at
Lakeside Christian Fellowship!**

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~ Lakeside Men's Bible Study ~ will continue at a later date.

Contact Chuck Smith 512-922-6233
for more information.

Lakeside Christian Women's Bible Study

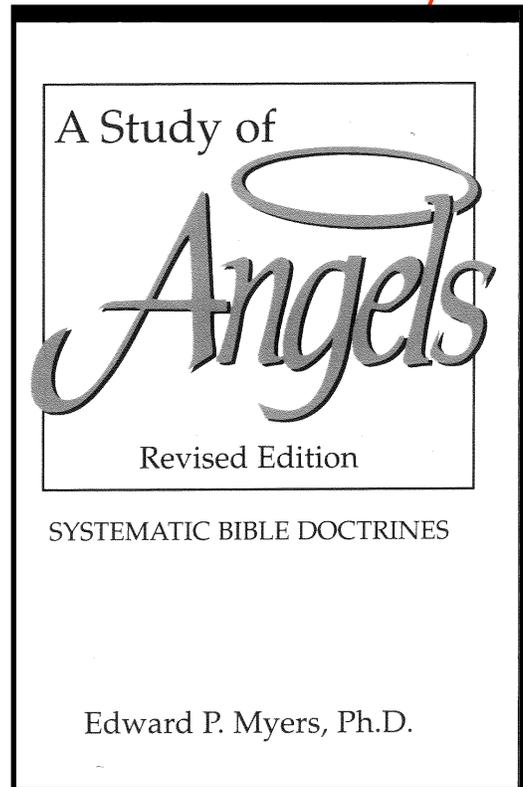
Women's Bible Study meets every Wednesday morning at 9:30 a.m. in the LCF Activity Center to study God's word!

Our next study, starting September 29th, is the revised edition of "A STUDY OF ANGELS", Systematic Bible Doctrines, authored by Edward P. Myers, Ph.D., a fascinating and informative helpful reading on the intriguing, powerful warriors and servants of God the Bible calls "ANGELS".

In Hebrews 13:2, as a believer, you know angels exist. They helped announce the birth of Christ, and one appeared to strengthen Jesus in the Garden of Gethsemane.

Dr. Meyers, Pastor, Teacher, and Author, is currently Professor of Bible and Christian Doctrine and Director of Harding School of Biblical Studies at Harding University in Searcy, Arkansas. He digs deeper than ever in this immortal 13 chapter biblical doctrine.

For information on Women's Bible Study contact:
Lil Burch@ 512-267-2278
email: raylilpv@aol.com



Lakeside Christian Women's Bible Study met for a salad luncheon in between studies.

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School supplies were bought for the LVISD students by Wilma Sanders on behalf of Lakeside Christian Fellowship.

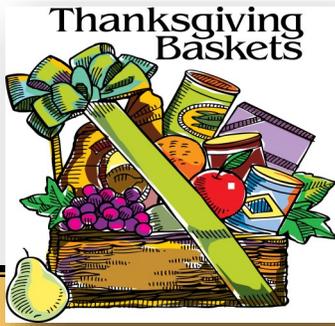


Supplies bought included copier paper, USB flash drives, earbuds, calculators, pens, pencils, composition books, various size bookbinders, hand sanitizer, pencil bags, stylus/pen sets, highlighters, sharpie pens, dictionaries, backpacks, and more.....



Once again, a huge thank you to Clyde Hance for mounting our newly printed sign in Jonestown!

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If you would like to help sponsor a Lago Vista family Thanksgiving dinner, please fill out this form and return it to the back of the Worship Center, in the basket on the cabinet or to the Church Office no later than November 18, 2021. Thank you!

Lakeside Christian Fellowship will be working with the Lago Vista School District to provide grocery shopping gift certificates to 20 Lago Vista families for their Thanksgiving dinners.

Yes!, I wish to sponsor one family Thanksgiving dinner!

Those who bring thanksgiving as their sacrifice honor me.

Psalm 50:23



Name

\$ 25.00 Suggested Gift

Name

\$ 25.00 Suggested Gift

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Pop and Drop



Thank you to
Page Massey for
purchasing the flowers
for
Sunday service on
September 5 and then
donating them to the
Pop and Drop Ministry!

Congratulations to
Tom and Armor Lee Gardner
on celebrating their
67th Wedding Anniversary.

Thank you for the donation of
flowers to the church for the
September 12, 2021 service
and then to the
Pop and Drop Ministry.





Health Watch

Breast Cancer Awareness



<https://www.mayoclinic.org/diseases-conditions/breast-cancer/symptoms-causes/syc-20352470>

Overview

Breast cancer is cancer that forms in the cells of the breasts.

After skin cancer, breast cancer is the most common cancer diagnosed in women in the United States. Breast cancer can occur in both men and women, but it's far more common in women.

Substantial support for breast cancer awareness and research funding has helped create advances in the diagnosis and treatment of breast cancer. Breast cancer survival rates have increased, and the number of deaths associated with this disease is steadily declining, largely due to factors such as earlier detection, a new personalized approach to treatment and a better understanding of the disease.

Types

[Angiosarcoma](#)

[Ductal carcinoma in situ \(DCIS\)](#)

[Inflammatory breast cancer](#)

[Invasive lobular carcinoma](#)

[Lobular carcinoma in situ \(LCIS\)](#)

[Male breast cancer](#)

[Paget's disease of the breast](#)

[Recurrent breast cancer](#)

Symptoms

Signs and symptoms of breast cancer may include:

- A breast lump or thickening that feels different from the surrounding tissue
- Change in the size, shape or appearance of a breast
- Changes to the skin over the breast, such as dimpling
- A newly inverted nipple
- Peeling, scaling, crusting or flaking of the pigmented area of skin surrounding the nipple (areola) or breast skin
- Redness or pitting of the skin over your breast, like the skin of an orange

When to see a doctor

If you find a lump or other change in your breast — even if a recent mammogram was normal — make an appointment with your doctor for prompt evaluation.

Causes

Doctors know that breast cancer occurs when some breast cells begin to grow abnormally. These cells divide more rapidly than healthy cells do and continue to accumulate, forming a lump or mass. Cells may spread (metastasize) through your breast to your lymph nodes or to other parts of your body.

Breast cancer most often begins with cells in the milk-producing ducts (invasive ductal carcinoma). Breast cancer may also begin in the glandular tissue called lobules (invasive lobular carcinoma) or in other cells or tissue within the breast.

Researchers have identified hormonal, lifestyle and environmental factors that may increase your risk of breast cancer. But it's not clear why some people who have no risk factors develop cancer, yet other people with risk factors never do. It's likely that breast cancer is caused by a complex interaction of your genetic makeup and your environment.

Inherited breast cancer

Doctors estimate that about 5 to 10 percent of breast cancers are linked to gene mutations passed through generations of a family.

A number of inherited mutated genes that can increase the likelihood of breast cancer have been identified. The most well-known are breast cancer gene 1 (BRCA1) and breast cancer gene 2 (BRCA2), both of which significantly increase the risk of both breast and ovarian cancer.

If you have a strong family history of breast cancer or other cancers, your doctor may recommend a blood test to help identify specific mutations in BRCA or other genes that are being passed through your family.

Consider asking your doctor for a referral to a



Health Watch

Breast Cancer Awareness



<https://www.mayoclinic.org/diseases-conditions/breast-cancer/symptoms-causes/syc-20352470>

genetic counselor, who can review your family health history. A genetic counselor can also discuss the benefits, risks and limitations of genetic testing to assist you with shared decision-making.

Risk factors

A breast cancer risk factor is anything that makes it more likely you'll get breast cancer. But having one or even several breast cancer risk factors doesn't necessarily mean you'll develop breast cancer. Many women who develop breast cancer have no known risk factors other than simply being women.

Factors that are associated with an increased risk of breast cancer include:

- **Being female.** Women are much more likely than men are to develop breast cancer.
- **Increasing age.** Your risk of breast cancer increases as you age.
- **A personal history of breast conditions.** If you've had a breast biopsy that found lobular carcinoma in situ (LCIS) or atypical hyperplasia of the breast, you have an increased risk of breast cancer.
- **A personal history of breast cancer.** If you've had breast cancer in one breast, you have an increased risk of developing cancer in the other breast.
- **A family history of breast cancer.** If your mother, sister or daughter was diagnosed with breast cancer, particularly at a young age, your risk of breast cancer is increased. Still, the majority of people diagnosed with breast cancer have no family history of the disease.
- **Inherited genes that increase cancer risk.** Certain gene mutations that increase the risk of breast cancer can be passed from parents to children. The most well-known gene mutations are referred to as BRCA1 and BRCA2. These genes can greatly increase your risk of breast cancer and other cancers, but they don't make cancer inevitable.
- **Radiation exposure.** If you received radiation treatments to your chest as a child or young adult, your risk of breast cancer is increased.

- **Obesity.** Being obese increases your risk of breast cancer.
- **Beginning your period at a younger age.** Beginning your period before age 12 increases your risk of breast cancer.
- **Beginning menopause at an older age.** If you began menopause at an older age, you're more likely to develop breast cancer.
- **Having your first child at an older age.** Women who give birth to their first child after age 30 may have an increased risk of breast cancer.
- **Having never been pregnant.** Women who have never been pregnant have a greater risk of breast cancer than do women who have had one or more pregnancies.
- **Postmenopausal hormone therapy.** Women who take hormone therapy medications that combine estrogen and progesterone to treat the signs and symptoms of menopause have an increased risk of breast cancer. The risk of breast cancer decreases when women stop taking these medications.
- **Drinking alcohol.** Drinking alcohol increases the risk of breast cancer.

Prevention

Breast cancer risk reduction for women with an average risk

Making changes in your daily life may help reduce your risk of breast cancer. Try to:

Ask your doctor about breast cancer screening.

Discuss with your doctor when to begin breast cancer screening exams and tests, such as clinical breast exams and mammograms.

Talk to your doctor about the benefits and risks of screening. Together, you can decide what breast cancer screening strategies are right for you.

Become familiar with your breasts through breast self-exam for breast awareness.

Women may choose to become familiar with their breasts by occasionally inspecting their breasts



Health Watch

Breast Cancer Awareness



<https://www.mayoclinic.org/diseases-conditions/breast-cancer/symptoms-causes/syc-20352470>

during a breast self-exam for breast awareness. If there is a new change, lumps or other unusual signs in your breasts, talk to your doctor promptly.

Breast awareness can't prevent breast cancer, but it may help you to better understand the normal changes that your breasts undergo and identify any unusual signs and symptoms.

- **Drink alcohol in moderation, if at all.** Limit the amount of alcohol you drink to no more than one drink a day, if you choose to drink.
- **Exercise most days of the week.** Aim for at least 30 minutes of exercise on most days of the week. If you haven't been active lately, ask your doctor whether it's OK and start slowly.
- **Limit postmenopausal hormone therapy.** Combination hormone therapy may increase the risk of breast cancer. Talk with your doctor about the benefits and risks of hormone therapy.

Some women experience bothersome signs and symptoms during menopause and, for these women, the increased risk of breast cancer may be acceptable in order to relieve menopause signs and symptoms.

To reduce the risk of breast cancer, use the lowest dose of hormone therapy possible for the shortest amount of time.

- **Maintain a healthy weight.** If your weight is healthy, work to maintain that weight. If you need to lose weight, ask your doctor about healthy strategies to accomplish this. Reduce the number of calories you eat each day and slowly increase the amount of exercise.
- **Choose a healthy diet.** Women who eat a Mediterranean diet supplemented with extra-virgin olive oil and mixed nuts may have a reduced risk of breast cancer. The Mediterranean diet focuses mostly on plant-based foods, such as fruits and vegetables, whole grains, legumes, and nuts. People who follow the Mediterranean diet choose healthy fats, such as olive oil, over butter and fish instead of red meat.

Breast cancer risk reduction for women with a high risk

If your doctor has assessed your family history and determined that you have other factors, such as a precancerous breast condition, that increase your risk of breast cancer, you may discuss options to reduce your risk, such as:

Preventive medications (chemoprevention).

Estrogen-blocking medications, such as selective estrogen receptor modulators and aromatase inhibitors, reduce the risk of breast cancer in women with a high risk of the disease.

These medications carry a risk of side effects, so doctors reserve these medications for women who have a very high risk of breast cancer. Discuss the benefits and risks with your doctor.

Preventive surgery. Women with a very high risk of breast cancer may choose to have their healthy breasts surgically removed (prophylactic mastectomy). They may also choose to have their healthy ovaries removed (prophylactic oophorectomy) to reduce the risk of both breast cancer and ovarian cancer.



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Church Office Hours:
Wednesday
and
Thursday
9:30 am
to 3:30 pm



Please remember that all church activities should be scheduled on the master calendar in the church office. Thank you!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 10:30 AM Worship Service @Worship Center & Live Streaming	4 8:00 AM Coffee Klatch @ LCF Activity Center	5	6 Women's Bible Study 9:30 AM @LCF Activity Center	7 Alzheimer Group 10:30 AM @LCF Activity Center	8	9
10 10:30 AM Worship Service @Worship Center & Live Streaming	11 8:00 AM Coffee Klatch @ LCF Activity Center 2:00 PM Leadership Council @ LCF Activity	12	13 Women's Bible Study 9:30 AM @LCF Activity Center	14	15	16
17 10:30 AM Worship Service @Worship Center & Live Streaming	18 8:00 AM Coffee Klatch @ LCF Activity Center	19	20 Women's Bible Study 9:30 AM @LCF Activity Center	21 Alzheimer Group 10:30 AM @LCF Activity Center 	22	23
24 10:30 AM Worship Service @Worship Center & Live Streaming Congregational Meeting 	25 8:00 AM Coffee Klatch @ LCF Activity Center	26	27 Women's Bible Study 9:30 AM @LCF Activity Center	28	29	30
31 10:30 AM Worship Service @Worship Center & Live Streaming	<p>For more information visit the LCF website at ww.lakesidechristians.org To contact the church office email lakesidechristianfellowship@yahoo.com</p>					



Nalda Daigle	1
Edwina Woolsey	4
Lance Bass	19
Paula Tyler	20
Elyse Ernst	22
Charlie Knapp	27
Ecla Caraway	30
Chuck Smith	30



Dick & Jean Hemer
October 1

Jack & Paula Tyler
October 9

Richard & Linda Brown
October 19

To be included, please send
your information to:
lakesidechristianfellowship@yahoo.com

Prayer Corner

<http://www.prayer-for-the-day.org/prayer-for-the-day-october/prayer-for-the-day-october-1.htm>

Heavenly Father, help me to get away from doubt that leads to despair. Give me a vision of hope that is stayed on faith. May I be conscious and appreciative of my privileges while they come to me and make them immortal.

Amen.

September 30, 2021

YTD Offerings.....	\$ 148,924.00
YTD Expenses	\$142,383.00

Lakeside Christian Fellowship

Worship Location
1922 American Drive, Lago Vista

Office
1924 American Drive, Suite 3, Lago Vista
512-267-1700, lakesidechristianfellowship@yahoo.com

Mailing Address
P. O. Box 4874, Lago Vista, TX 78645

Rev. Rick Waters, Pastor
Rev. Chuck Smith, Minister of Outreach & Ministries

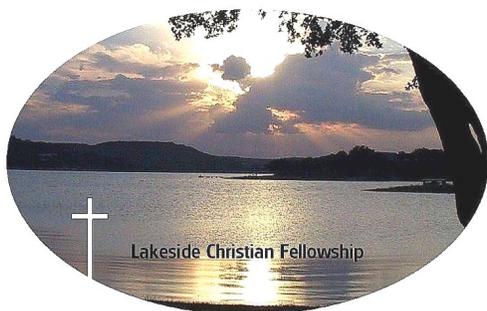
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